

***Make your way into the
Clinical Research or Regulatory Affairs world***

Virginie Hamtiaux, Senior Trainer and Business Coach at ECCRT

Testimonial from Andreia Verdade, ECCRT Alumni student

Utrecht, May 2024

About ECCRT

What we do and what we offer

1. What we do?

**Facilitating Clinical
Research and Regulatory
Affairs professionals to
excel in their job for the
benefit of patients.**

2. How we achieve our goal?

Open
Courses

Tailored
Courses

SMART
Solutions

micro
Learning

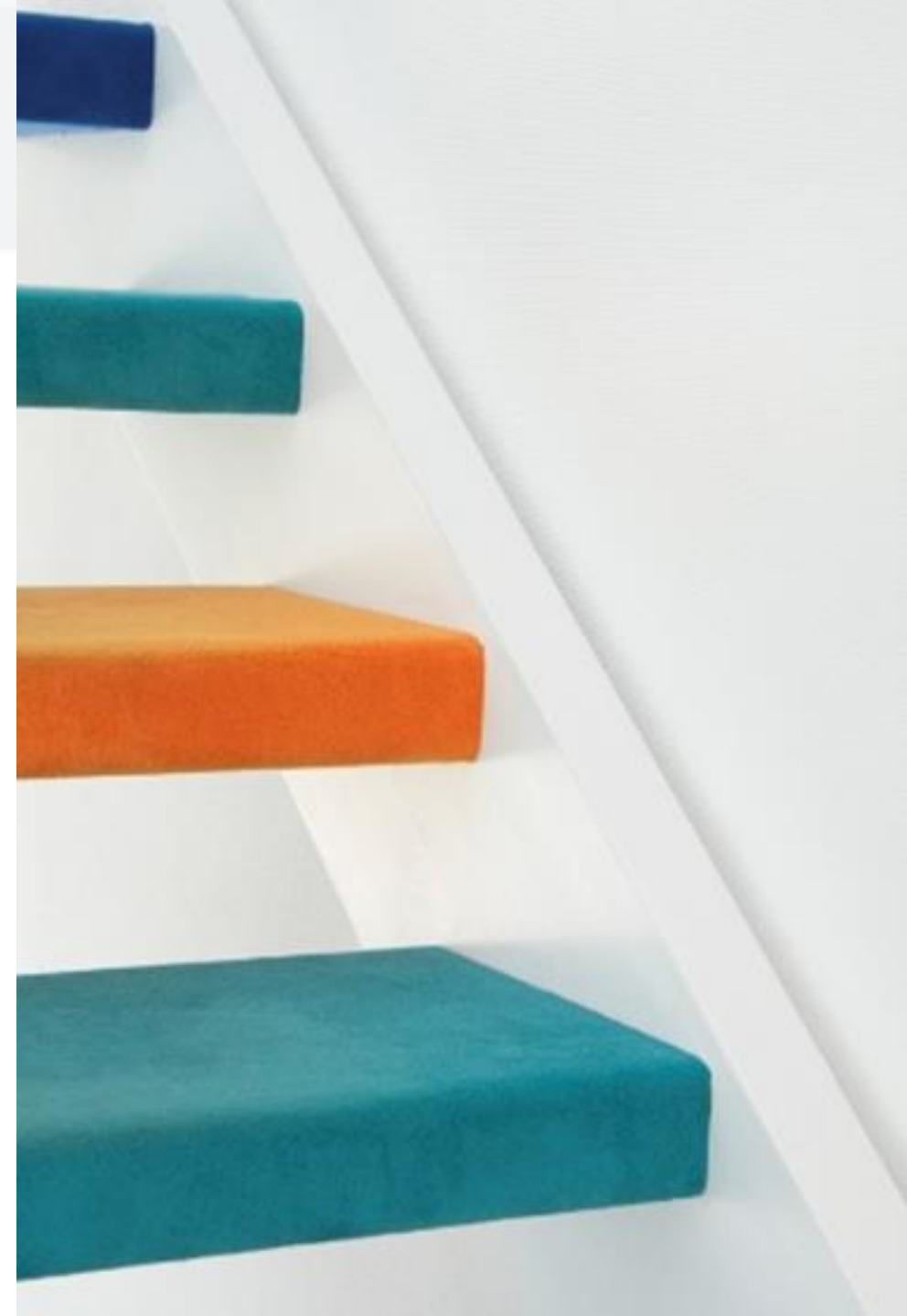
3. Who am I ?



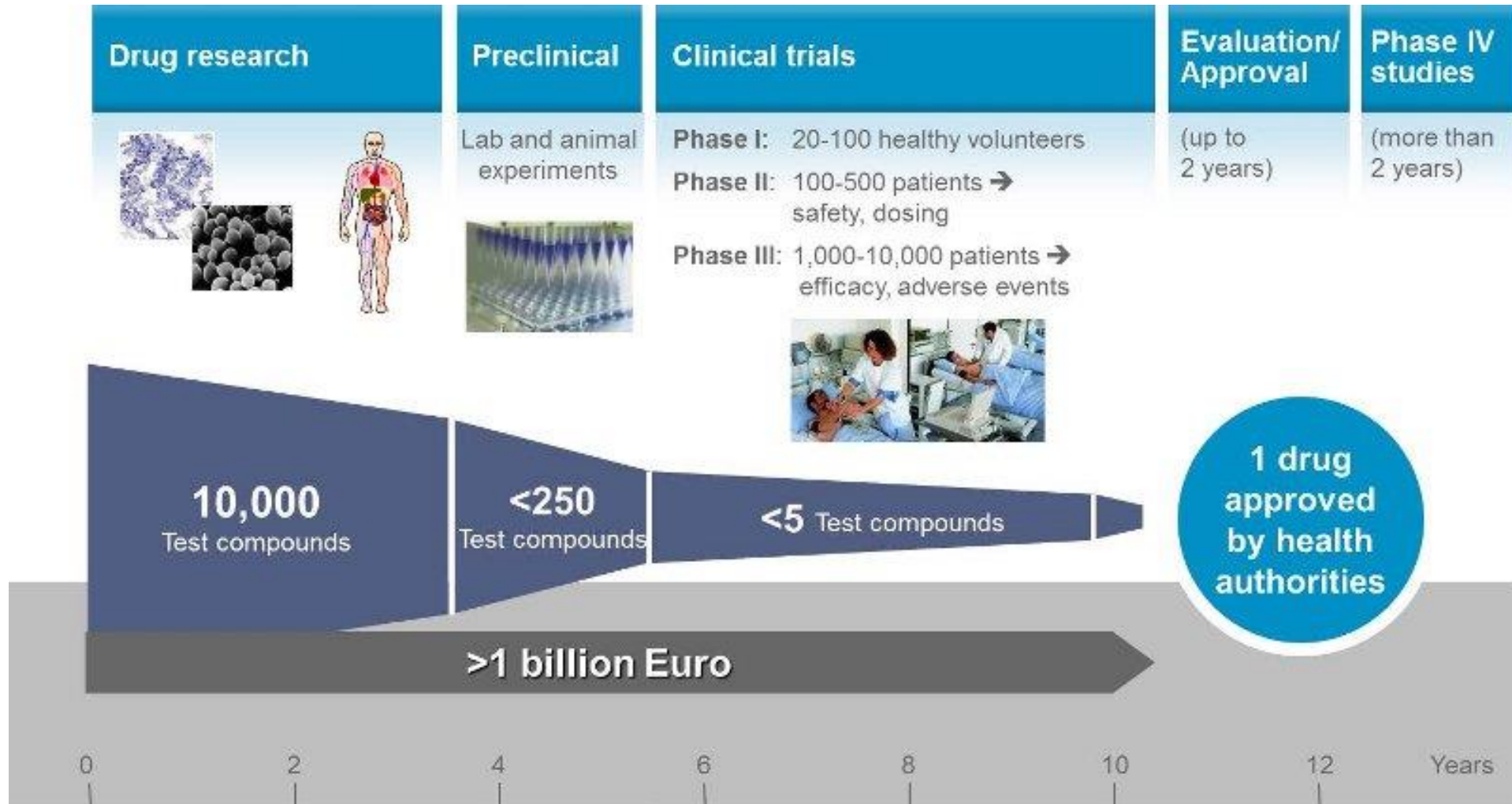
**Senior Trainer
Business Coach
Experience in Pharma Industry
STARs programs**

Agenda:

1. What are the jobs in Regulatory Affairs and Clinical Research
2. What you need to find a job
3. Boost yourself: ECCRT STAR programs
4. Testimonial



Drug Development Overview



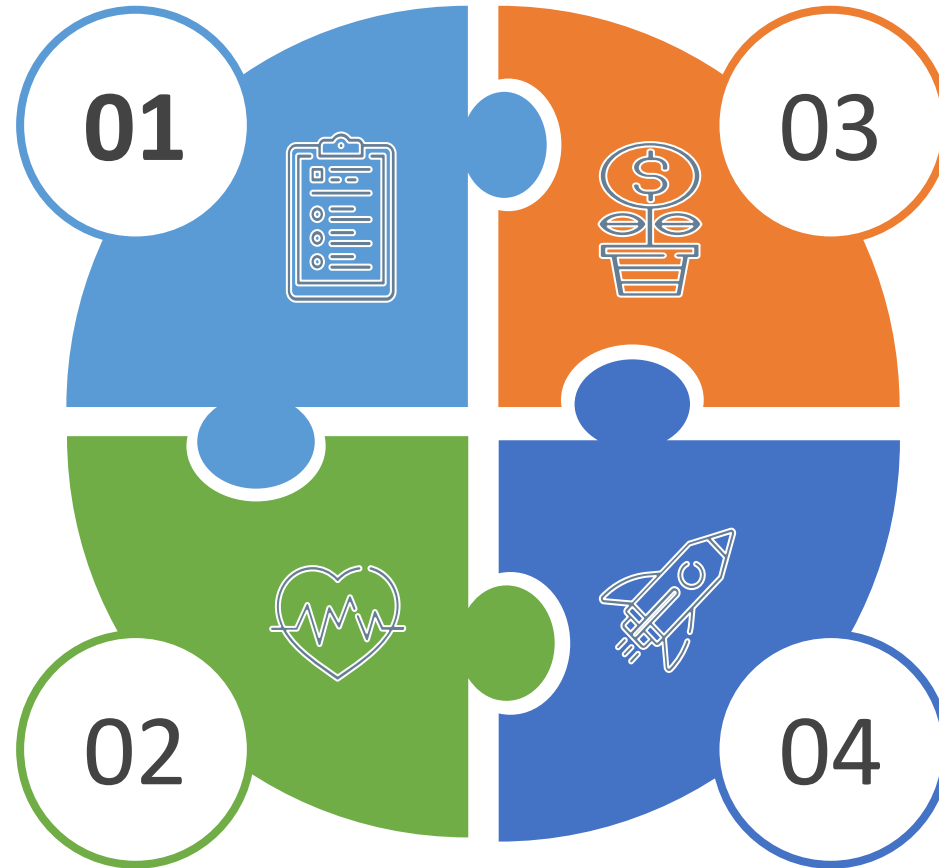
Source: based on PhRMA Profile Pharmaceutical Industry 2010

The Pharma Industry: Regulatory Affairs

Regulatory Affairs

Registration
Marketing Authorisation

Clinical
Part of R&D



Market Access

Health Economics
RWE
Reimbursement

Marketing

Sales force
Medical Scientific
Liaison

Regulatory affairs (RA), also called **government affairs**, is a profession within regulated industries, such as pharmaceuticals, medical devices, energy, banking, telecom etc. Regulatory affairs also has a very specific meaning within the healthcare industries (pharmaceuticals, medical devices, biologics and functional foods).

Mission of RA in drug development

- Ensure products can be:
 - Developed
 - Authorized
 - Maintained on the market
- in line with all applicable legislations & regulations
- through continuous collaboration with partner functions

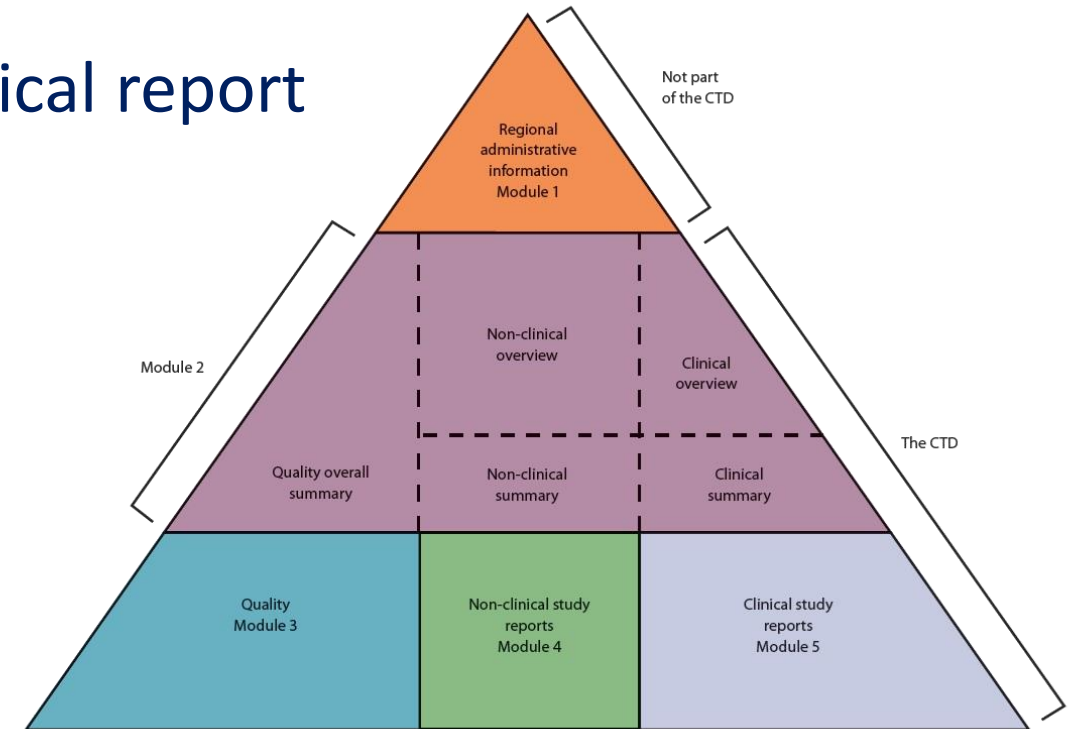


Pharmaceutical legislation

- A **Marketing Authorisation (MA)** can only be obtained if a company provides sufficient data that show that the medicine:
 - Has the effect that is claimed (**efficacy**)
 - Is (relatively) harmless (**safety**)
 - Is of acceptable and constant quality (**quality**)
- Post-authorisation, the **benefit-risk balance (B/R)** should remain to be favourable!

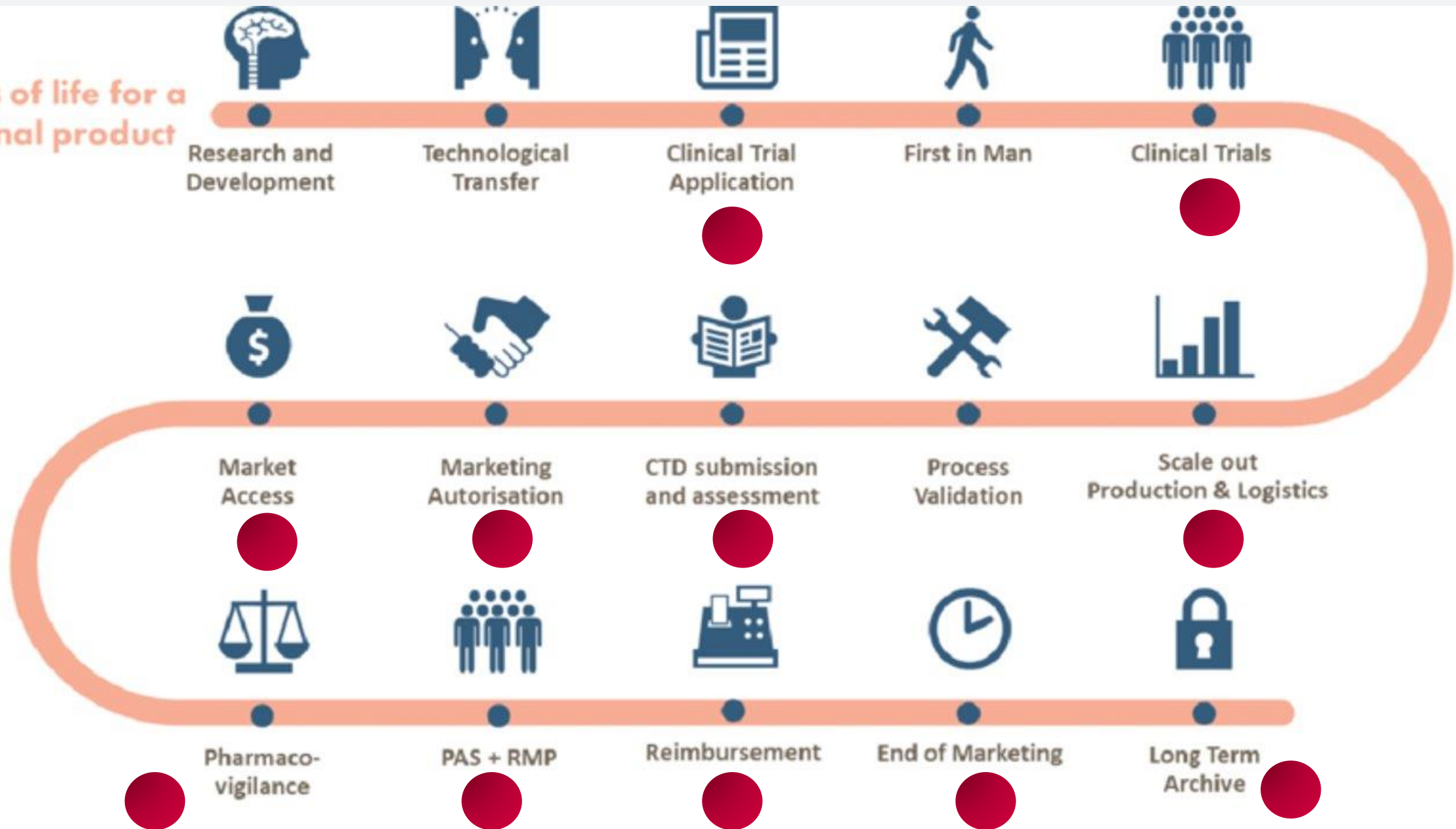
Common Technical Document (CTD)

- **Module 1:** Administrative information, incl. proposed labelling
- **Module 2:** Summaries + overviews of the dossier
- **Module 3:** Quality: chemical-pharmaceutical report
- **Module 4:** Non-clinical report
- **Module 5:** Clinical report
- Module 3-5 together can be >200,000 pages!



Source: www.ich.org/products/ctd.html

Phases of life for a medicinal product

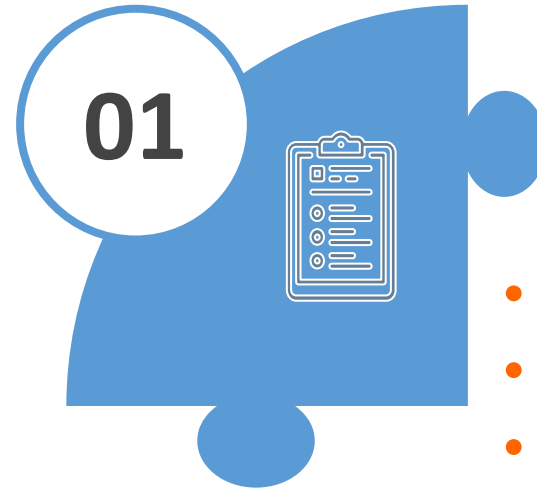


Jobs in Regulatory Affairs

Regulatory Affairs

Registration

Marketing Authorisation (MA)



Examples of job title:

Associated Regulatory Affairs

Regulatory Affairs Manager

Regulatory Officer

Regulatory Affairs Specialist


Labelling Operation Manager

Pharmacovigilance associated

Regulatory CMC consultant

Ect

- Submission for Marketing Authorisation (MA)
- Chemistry Manufacturing Control (CMC)
- Labelling
- Good Distribution Practice (GDP)
- Pharmacovigilance (PV)
- Regulatory Policy and Intelligence
- Information and Publicity

A background image of a man in a white lab coat and glasses, looking down at a piece of equipment in a laboratory setting. The image is overlaid with a semi-transparent blue filter.

There is a GAP between
young graduates trying to find an
entry in the clinical research and
regulatory affairs
and
companies are desperately
looking for experienced people in
these fields

**Comprehensive Course
Programme**

Introduction to Regulatory Affairs

Good Distribution
PracticeLife Cycle of a pharmaceutical
product

Regulatory Information

Submission for Marketing
Authorisation

Pharmacovigilance

Chemistry, Manufacturing
and Controls

Information and publicity



Labelling, GMP

Practical Traineeship Goals



Acquire competencies on the job



Get experience from all angles



Individual programme for every student

Mentor the students to assure all
required competencies are acquired

A rotating traineeship programme aimed at getting you exposed to your field of interest



Pharmaceutical or Consultancy Company

Duration: 6 months

What is the lifecycle of a medicinal product? Which activities are done in the Regulatory Affairs Department and how do they link with other departments?



Certificate

Next session
September 2024

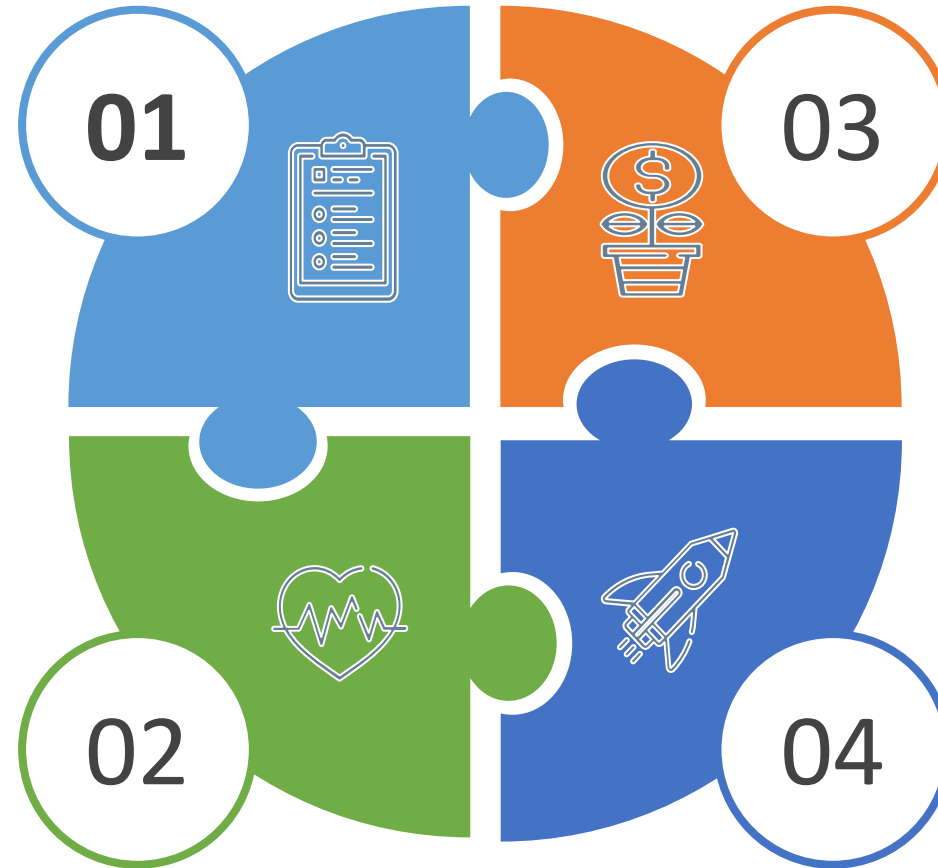
The Pharma Industry: Clinical Research

Regulatory Affairs

Registration, Marketing
Authorisation

Clinical

Part of R&D



Market Access

Health Economics
RWE
Reimbursement

Marketing

Sales force
Medical Scientific
Liaison



Jobs in Clinical Research



Data Manager



Clinical Trial Assistant (CTA)
Clinical Research Associate
(CRA or Monitor)
Project Manager

Study Coordinator
Study Nurse

Clinical Trial Assistant (CTA)



Role

- **Responsible for study Trial Master File**
- Preparing Investigator & Sponsor binders
- Archiving Trial Master File
- Updating clinical tracking systems
- Administrative tasks to support team
- Other potential tasks
 - Contract
 - Clinical Trial Supplies

Skills

- Scientific background
- Bachelor level
- Document management appetite
- Detailed oriented
- Technical and IT skills
- Good written communication
- English

Clinical Research Associate (CRA) Monitor



Role

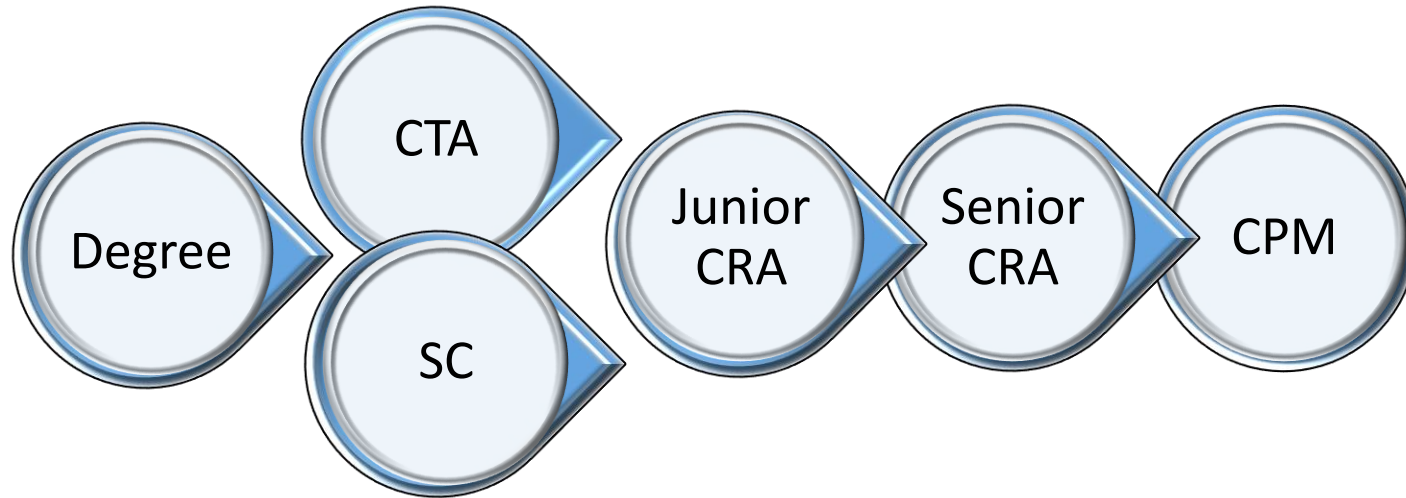
- **Is the contact between Sponsor/CRO and the investigational sites**
- Prepare the sites for the study
- Work with site for recruitment
- Perform sites **Monitoring** visits
- Manage study progress and conduct
- Verify safety events
- Collect key documents
- Quality of study activities and documentation

Skills

- Scientific background, Life Science Degree
- Master level
- Good written and verbal communication
- Good organizational skills
- English + Local languages
- Mobile (driving licence) and willing to travel

- 1-2 years experience for Junior CRA
- More experience for Senior CRA

Career path



Training



Evolution of the clinical research professional

From paper to digital and e-environment



What you need to find a job:

Acquire necessary COMPETENCIES



Knowledge

Degree
Trainings
Languages



Experience

On the job
Expertise



Attitude

Soft skills
Communication

This programme aims to bridge the GAP by providing...



★ Comprehensive Course Programme

-  Introduction to Clinical Research
-  Basics on regulatory requirements in clinical research
-  Orienting your career in clinical research
-  ICH-GCP
-  Clinical Research training for CRAs
-  Communication Skills

Practical Traineeship Goals

-  Acquire competencies on the job
-  Get experience from all angles
-  Individual programme for every student
-  Mentor the students to assure all required competencies are acquired

A rotating traineeship programme aimed at getting you exposed to your field of interest

**Hospital***Duration: 2 months*

How is clinical research conducted in real life? How does it affect a patient? What is the difference with the regular clinical practice?

**Pharmaceutical Company***Duration: 6 months*

How are medicines developed? Where does Clinical Research fit in the complete development? Why is clinical research done differently from normal clinical practice?

**Contract Research Organisation***Duration: 4 months*


What activities need to be done in order to safeguard patients' rights and well-being and at the same time make sure that quality of data obtained in a clinical study is guaranteed?

**Certificate****Next sessions****July 2024****Sept 2024****Dec 2024**

Andreia Verdade

Associate Clinical Research Monitor @ Medtronic

Biomedical Engineer, MSc @ University of Coimbra, Portugal

 Eindhoven, The Netherlands



My journey in the STAR Programme [2022-2023]:

Hospital

Clinical Research Specialist Trainee
HartCentrum,
Catharina Ziekenhuis, Eindhoven

Pharma

Clinical Operations Trainee
Trained Therapeutix Discovery,
Pivot Park, Oss

Medical Devices

Clinical Research Monitor Trainee
Medtronic,
BRC, Maastricht

Andreia Verdade

Associate Clinical Research Monitor @ Medtronic

Biomedical Engineer, MSc @ University of Coimbra, Portugal



☆ Why the STAR Programme @ ECCRT?

Combination of **theoretical learning & practical experience**

Recognized Institution with relevant network in the CR field

Personal guidance w/ professional coach with focus on *how to surf the industry and your career development*

1 Year of practical experience → **kick-off of your career in CR**

Flexibility to **tailor the program to your goals and ambitions**

Supporting network: shared experience with other trainees

Next step?

Orienting your career in Clinical Research



Orienting your career in clinical
research

03 July 2024 - Brussels

Contest to win a free course - come and visit our booth



***We are at
BOOTH 17***

***Ground floor
Expo room***

A silhouette of a person in a business suit pointing towards five location pin icons. Dashed lines connect the person to each pin, representing different career paths.

Clinical Research **01**
This STAR Programme will provide the capabilities you need to become a Junior Clinical Researcher, with real-life experience in several organisations.
Internship available

Regulatory Affairs **02**
The Regulatory Affairs STAR Programme will help you acquire practical experience in the field and kick-start of your career in Regulatory Affairs.
Internship available

Clinical Project Management **03**
This programme was designed to get you started as a clinical project manager or to progress your career from a CRA to a PM position.

Medical Devices **04**
This field is fundamentally different from the Pharmaceutical Industry: different products and legislations, different concepts, different strategies.

Auditing **05**
This programme is designed to launch your career as an auditor, mixing technical and soft skills.

www.eccrt.com | +32 (0)25040720 | info@eccrt.com