

TOPX Network:

A dynamic community designed to elevate ambitious women in the field of Life Sciences!

Our mission is to nurture and support our members as they navigate their professional journeys, empowering them to seize leadership opportunities and reach the pinnacle of success in their careers. Within our network, you'll find a diverse array of inspiring, resilient, and accomplished women who are committed to advancing their careers in leadership, management, and entrepreneurship within the realms of industry and academia in Life Sciences. Whether you're climbing the ladder or have already reached the summit of your career, TOPX welcomes women from all stages to share their experiences, insights, and expertise with the next generation of leaders.

As a member of TOPX Network, you become part of a vibrant community of talented and ambitious women in the life sciences, unleashing the power of this network to advance your career and achieve your goals.

Why you should become a TOPX member:

- **You can attend various TOPX Meetings**
TOPX organizes annually 8 to 10 networking and expert meetings, that members can join for free. These (mostly in-person) meetings offer valuable insights and are a great opportunity to expand and strengthen your network.
- **You can be a part of a peer group: the TOPX Inner Circles**
TOPX facilitates the formation of the so-called TOPX Inner Circles: small peer groups of 6 to 8 members that get together regularly and offer supportive communities of peers who share similar ambitions and face similar career challenges. We have TICs for early, mid-career and senior members who are in CxO positions or boardroom ready. The next TIC groups will be formed in summer 2024.
- **You can get local: TOPX Hub Meetings**
Join or organize the local TOPX Hub Meetings: these are informal gatherings organized by and for TOPX members to connect and network over drinks or dinners. These gatherings provide the perfect opportunity to get to know other TOPX members in your town, creating a local hub of like-minded individuals eager to share insights and collaborate.



Whether you're a seasoned professional or just starting out, TOPX Hub meetings offer a welcoming environment for networking and collaboration.

- **You can take the spotlight**
TOPX offers various ways for our members to get exposure and take the spotlight. You can apply for speaking opportunities at TOPX events and other Hyphen Projects events to showcase your expertise and thought leadership to a wider audience. You can also submit news about your career (new job or new company) to share with other TOPX members via our TOPX newsletter.
 - **You can get discounts and save money**
TOPX members get discounts on various events organized by Hyphen Projects, including Innovation for Health, the leading conference for healthcare innovators and the Dutch Medicines Days (by FIGON). You can also get 50% discount on the annual TOPX Summit, a premier event aimed at fostering diversity and inclusivity within the Life Sciences & Health sector, by empowering women to rise to the top.
- Join TOPX Network today and be part of a supportive community where women empower women to excel, innovate, and lead in the exciting and ever-evolving field of Life Sciences. Together, let's reach new heights and shape the future of the sector.

For more information & membership registration: <https://hyphenprojects.nl/topx/>

Interested to join TOPX Network? Visit our website <https://www.hyphenprojects.nl/topx> to sign up.



Upcoming TOPX meetings:

- 11 June, Amsterdam | Session "Raising Finance and Beyond"
- 19 June, Oss | Workshop "Master your Energy with Insights from Energy Leadership, Physical Intelligence & Mindfulness"
- 19 September, Leiden | Networking Meeting @Boerhaave Museum
- 23 October, Belgium | Leadership Meeting @Labo Nuytink
- 28 November, Ghent | Empower your Career @BCF Career Event

Let's Celebrate the Winners in Industry, Entrepreneurship, and Science!



At the last edition of TOPX Summit in January 2024, the annual conference of TOPX Network, the Females to Follow Awards 2024 were announced, honoring outstanding women in three categories: industry, entrepreneurship, and science.

The Females to Follow Awards is a testament to the power of community recognition and support. This year, the competition was intense, with numerous deserving nominees across all categories.

These awards highlight women in Life Sciences who have made significant contributions to their fields, inspiring others through their achievements and serving as role models. In this article we're shining a spotlight on the three recipients of the 2024 TOPX Females to Follow Awards.



Mira Gleisberg |
CEO and Co-Founder
of RespiQ – Winner
Entrepreneurship

What is your ambition with RespiQ, what is the problem you want to solve with your start-up company?

"RespiQ was born from my lifelong passion for improving people's health. I firmly believe that

early disease detection and prevention, powered by cutting-edge technology, are pivotal. The intriguing potential of exhaled breath as a diagnostic and monitoring tool, coupled with the remarkable strides in academic research, fuels our work at RespiQ. We're dedicated to crafting the next wave of breath analysis solutions for both home and point-of-care settings.

Our innovative technology promises a unique combination of accessibility, reliability, and affordability. Take our COPD solution, for example, which could drastically reduce hospitalization days by up to 95% through timely intervention and personalized treatment. This approach isn't just about improving individual health outcomes; it's about reshaping the entire healthcare landscape. With our adaptable platform, we envision addressing a myriad of conditions beyond COPD, from asthma to cancer, ushering in a new era of personalized, non-invasive healthcare. Moreover, I hope to inspire women to pursue their dreams and make a difference in the world."



Cristina Martinez Muñoz | Sr. Director & Head of Cell Therapy Manufacturing at Kite – Winner Industry

"What advice would you give to future female leaders?"

"My advice to future female leaders will be to be authentic above all. Every one of us has different strengths, and to lead with our genuine strengths is very powerful. Next to this, I would like to encourage women leaders to seek opportunities for growth and give them a chance. For personal development, it is key to have a growth mindset where it is OK to make mistakes as long as we learn from them (brilliant failures). Next to this, in my career, I learned that even though women can create great value, not everyone around you notice what we are bringing to the table. So, I encourage all women to voice out the wonderful things they are achieving"



Sophie Bots | Assistant Professor at Utrecht University – Winner Science

What is your long-term ambition with your research, what would you hope to achieve?

"My long-term ambition is to methodologically advance the field of pharmaco-epidemiology so that we can make better use of existing healthcare data sources. I think that these data sources, which contain data collected as part of standard healthcare procedures, are a good reflection of daily medical practice and thus can teach us a lot about for example medication effectiveness and safety in diverse patient populations. This is especially relevant for patient populations often underrepresented in clinical trials, like women, the elderly, patients with many comorbidities, or other marginalised groups. However, analysing these data can be tricky, because you as a researcher were not involved in the process of collecting the information, and so the quality or type of information collected may be different from your ideal scenario. Robust research methods can act as a key to move past these obstacles and unlock the full potential of existing data sources. I want to provide researchers with that key."