

# Welcome

**Ron Beleno**



Caregiving & Aging Innovation Connector



# Why this Matters to Me

## MY Personal Story

Family caregiving

Alzheimer's disease

Aging in place

Diabetes and heart disease

Technology-enabled care at home



# Why this Matters to Me

## Caregiving Beyond Family

Dementia community

Friendship and support

Caregiving journeys

Technology and connection

Learning through lived experience



# Collaborations & Affiliations



# Owning the Narrative: Navigating Diagnosis with Agency and Intent

Technology, caregiving, and the future of care at home



**Healthcare is  
constantly changing**

Care is becoming more digital, more connected, and more human-centred.



**More care is  
happening at  
home**

Living rooms, kitchens, and smartphones are becoming part of the healthcare system.



**Patients and caregivers  
are navigating more  
responsibility than ever  
before**

People are now managing decisions, technology, and care coordination in everyday life.

# The Home Is Becoming the New Front Line of Care

- Virtual care and remote monitoring
- AI and digital health tools
- Home-based decision-making
- Care coordination outside hospitals
- Aging in place and independence



# Technology Can Create Agency

- Supporting independence and confidence
- Improving communication and connection
- Enhancing safety and monitoring
- Reducing caregiver stress and uncertainty
- Creating more personalized care experiences



# Agency Without Support Can Create Burden

- Caregiver burnout and emotional stress
- Information overload and digital complexity
- Managing multiple systems and appointments
- Unequal access and digital literacy challenges
- Innovation must reduce burden, not increase it



# Technology Should Help Us Become More Human

- Human-centred design matters
- Simplicity and accessibility matter
- Caregivers and aging adults must be included
- Technology should support relationships, not replace them
- Innovation should create dignity, confidence, and connection



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**Thank you**

