Travelling through time: using interpretative phenomenological analysis (IPA) to examine temporal process in personal experience

Jonathan A Smith, Birkbeck University of London

There has been a recent upsurge of interest and activity in longitudinal qualitative research using IPA. In this talk I will discuss this within the context of concern with temporal process in IPA. I will point to the particular contribution IPA can make to our understanding of the personal experience of change and then describe a typology of designs for engaging with it. I will illustrate each study type with examples from research I have been involved in.