

# Workshop Options

Please select one workshop for session one and one workshop for session two.

## Session One

<b>Workshop A : North Ayrshire Educational Psychology Response to Covid-19 and Future Focus</b>
<b>Presenters:</b> Gail Nowek(PEP) and Xanthe Wylie (DEP), North Ayrshire
<b>Description:</b> <b>Two main approaches/interventions delivered through partnership working</b> <ul style="list-style-type: none"><li>• Nurturing North Ayrshire Recovery - guidance around supporting wellbeing for staff and pupils; managing Change and Loss; Building resilience in children and young people, e.g. The compassionate and connected classroom</li><li>• Inclusive approaches – Focus on neurodiversity. Supporting learning at home. Support for transitions. Development of Early years inclusion service.</li><li>• <b>Research</b> – Greater focus on whole school nurture. Evaluating above approaches</li><li>• <b>Service Delivery</b> - Adapted in response to challenges – monthly consultations with establishments and locality support teams for EP teams to support effective early intervention and peer support</li></ul> <b>Lessons learned</b> <ul style="list-style-type: none"><li>• More effective partnership working through lockdown and recovery</li><li>• Importance of whole school approaches to develop wellbeing</li><li>• Staff wellbeing at forefront of all developments</li><li>• Need for Psych. Service delivery to be more focused on key areas – including in professional learning</li></ul> <b>Future developments</b> <ul style="list-style-type: none"><li>• Organisational care at all levels is being developed through our NNAR approach – Psych. Service/establishment/community/family and young person wellbeing.</li><li>• Ensure Psych. Service specialist knowledge and skills set is utilised widely throughout the LA - EP teams have specialist and research knowledge on mental health/ASN, Support and challenge on inclusion to help develop more inclusive practice – coaching, etc – CIRCLE resource, dynamic assessment.</li><li>• Self Evaluation and research to help inform future developments in Service Delivery.</li></ul>
<b>Workshop B: Service Delivery in a Pandemic - Crisis or Opportunity</b>
<b>Presenters:</b> Bernadette Cairns, Highlands
<b>Description:</b> In March, EPs in Scotland began working from home and had to adapt and deliver a service as best we could. 9 months on and a review of service delivery has demonstrated what can be achieved with a team of EPs working together with a focus on providing an effective and equitable service to support children, families and schools through very challenging times.  This session will provide details of how service delivery in one local authority (Highland) has had to change. We will share how we have moved to an online system of providing advice, consultation, meeting attendance and training; where our involvement in strategic planning for children and young people has been more highly valued due to the nature of the pandemic; how we are adapting from paper files to digital records; and through the changes, how we have continued to support each other, to maintain our levels of emotional wellbeing and to engage effectively in joint development work.  The changes in service delivery in such a short period of time have made us consider our roles as EPs and what we now consider the essential nature of service delivery.

**Workshop C: Fife Council EPS Covid-19 Response and Recovery****Presenters:** Anna-May Hocking and Catherine Robertson, Fife

**Description:** In response to the Covid-19 outbreak and subsequent school closures, Fife Council Educational Psychology Service (FCEPS) underwent a period of change in service delivery to continue to provide support to pupils, families and schools. In our input to the conference we hope to reflect on:

- How our service delivery model changed in response to lockdown to ensure we continued to provide advice and support to schools, parents & families, and the wider directorate
- How we responded within the service during lockdown to provide support and guidance to one another and remain connected as a service
- How we prepared for transition back to school including resource development for staff, pupils and families and service delivery consideration in light of new context
- Within this new context, how we re-established our support links to schools
- How we, as a service, are facilitating reflection on what we have learned about how we work and on implications for future FCEPS practice and service delivery

**Workshop D : REPS Build Back Better: Creativity and Innovation at a time of Crisis****Presenters:** Michael Harker and Fiona Williams, Renfrewshire

**Description:** The webinar will describe how Renfrewshire EPS (REPS) supported Renfrewshire's Children's Service, educational establishments and families during Covid Lockdown and into Recovery. It will describe our Lockdown service and outline the "Recovery Service" that emerged to support Renfrewshire to "Build Back Better". Implications for future developments of educational psychology locally and nationally will be considered.

## Session Two

<b>Workshop A: Planning for Recovery – a psychological service response to meeting the challenges faced by stakeholders as a result of the COVID-19 pandemic</b>
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<b>Presenters:</b> Laurence Reilly (Acting Principal Educational Psychologist), Inverclyde
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<b>Description:</b> The workshop will focus on the needs analysis that was conducted by the service involving – examination of international evidence relating to recovery from crisis situations within education contexts, joint visits to all establishments in June 2020 involving HQ staff and EPs to interview SMTs, members of the team becoming core members of newly created Inverclyde strategic recovery groups and questionnaires to all adults working in establishments being created and analysed. This needs analysis led to the creation of a recovery plan/offer (outlined below) to meet presenting challenges. It is based on a training, coaching and modelling approach.
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| <ul style="list-style-type: none"><li>• Bereavement, Change and Loss policy updated in light of the pandemic situation.</li><li>• Coping With Adversity – Inverclyde’s trauma informed approach, which endorses a strength based understanding of change, references GIRFEC for the purposes of assessment and draws coherent links between theory, assessment, planning and intervention.</li><li>• Play pedagogy – Inverclyde’s strategic approach to play.</li><li>• Metacognition</li><li>• Using the Nurture Principles to Evidence Impact of Recovery document – endorsed by Education Scotland.</li><li>• Growing the Multi-Disciplinary approach to Meeting Needs – re-designing delivery to establishments.</li></ul> |
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<b>Workshop B: Our PKC COVID Journey</b>
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<b>Presenters:</b> Rachel Whitby and Julie Martin, Perth and Kinross
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<b>Description:</b> A presentation to share our COVID story, where we were, what we have done, where we are going and what we have learned.
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<b>Workshop C: Closer together in socially distant times: Implications for a post-pandemic world in a rural authority</b>
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<b>Presenters:</b> Dr Anne Greig and Dr Sabrina Collins, Argyll and Bute
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<b>Description:</b> This presentation will share how a small EPS team, covering the second largest geographical area in Scotland has experienced the COVID-19 pandemic. Working closer together, and being ‘forced’ into working differently, has resulted in longer term service delivery changes. We will share some of the changes, provide examples of practice across the functions, consider some of the early feedback from our colleagues and look forward to post-pandemic service delivery in Argyll and Bute.
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