

Consuelo Casula's short biography

Consuelo Casula, psychologist and psychotherapist, offers training on women's development, metaphors, resilience, bereavement, aging and carries out clinical activities integrating Ericksonian hypnosis with a pragmatic, systemic and strategic approach. She was president of the European Hypnosis Society (2014-2017). In 2022, the ISH awarded her the Pierre Janet Award for Clinical Excellence. In 2023 the ESH awarded her Honorary Membership. She is the author of numerous articles and books on metaphors, resilience and women's development.

View Consuelo's [video here](#).