

Teresa Robles short biography

Teresa Robles, Ph.D.

Centro Ericksoniano de México

- M.A. in Social Anthropology
- Ph.D. in Clinical Psychology
- Training in Hypnosis and Family Therapy

Founder of the Centro Ericksoniano de México and creator of the Ericksonian Psychotherapy approach grounded in Universal Wisdom.

Member of the Board of the ISH for ten years.

Author of more than ten books and audios and articles translated into various languages.

She regularly teaches in different countries around the world.

She has received numerous international awards, including one in 2011 from the Milton H. Erickson Foundation and the Pierre Janet Award for Clinical Excellence from the ISH in 2015.
