



THURSDAY 12th MARCH 2026



Thursday 12th March
2026 & Friday 13th
March 2026



Holland House Hotel
Cardiff



[Event Website](#)



events@fitwise.co.uk
+44 (0) 1506 292 042

ORGANISED BY



www.fitwise.co.uk

08:45 DELEGATE REGISTRATION

Welcome and Housekeeping

09:45 Dr Louise Shaw, BIASP President, and Dr David McShane, Chair of the BIASP trainees committee.

Story, signs, pictures, numbers – Assessment of acute loss of function

10:00 Tom Hughes, Consultant Neurologist and Clinical Director of Medical Neurosciences in the University Hospital of Wales, Cardiff.

10:45 MORNING BREAK AND EXHIBITION VIEWING

An update in hyperacute stroke care – thrombolysis & thrombectomy

11:15 Peter Slade, Consultant Stroke Physician and Clinical Lead for Stroke Services, Morriston Hospital, Swansea

Every minute counts – pre-hospital initiatives to improve stroke care

12:00 Shakeel Ahmad, Consultant in Stroke Medicine and Welsh National Clinical Lead for Stroke, University Hospital Wales, Cardiff

12:45 LUNCH AND EXHIBITION VIEWING

Imaging in Acute Stroke

13:45 Speaker TBC

Medical & Neurosurgical Management of ICH

14:30 Prof Nikola Sprigg, Professor of Stroke Medicine, University of Nottingham and Prof Kevin Tsang, Consultant Neurosurgeon, Imperial College London

15:30 AFTERNOON BREAK AND EXHIBITION VIEWING

Medical student summer bursary winners

16:00 Akankshya Sahoo, Keele University and Darragh Nerney, Mater Misericordiae University Hospital

16:30 Medical student essay competition runner up

16:40 Medical student essay competition winner

SPONSORED SYMPOSIUM

16:50 Medtronic

17:20 CLOSE OF DAY 1 & DRINKS RECEPTION

19:00 Social Event, Cardiff City Centre



FRIDAY 13th MARCH 2026



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CF24 0DD



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Management Ltd
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08:15 DELEGATE REGISTRATION

07:30 Coffee Crawl, Cardiff City Centre, route to be confirmed.

08:50 Welcome and Housekeeping

Dr David McShane, Chair of the BIASP trainees committee & Dr Angela Nelmes, Consultant Stroke Physician, Cwm Taff Morgannwg Health Board.

09:00 The role of the physician in stroke rehabilitation

Dr Benjamin Jelley, Consultant in General, Geriatric and Stroke Medicine, University Hospital Llandough, Cardiff

10:00 The role of the AHP in Stroke Rehabilitation

Nia Williams, Consultant Stroke Therapist, Betsi Cadwalader University Health Board

10:45 MORNING BREAK AND EXHIBITION VIEWING

11:15 Top tips for the TIA clinic / new horizons in TIA

Dr Louise Shaw, Consultant Stroke Physician and Clinical Lead for Stroke, Royal United Hospital Bath President of the British and Irish Association of Stroke Physicians

12:00 Making stroke a priority'

Katie Chappelle / Stephen Attwood, Stroke Association

12:45 LUNCH AND EXHIBITION VIEWING

13:45 Atrial fibrillation - beyond anticoagulation

Dr Emma Kealaher, EP Fellow Morriston Hospital, Swansea

14:30 Stroke Simulation live

Dr Ella Sherman, Consultant in Geriatric and Stroke Medicine and Lead for the UK and ROI Acute Stroke Simulation Course, Southmead hospital, Bristol

15:30 AFTERNOON BREAK AND EXHIBITION VIEWING

15:45 Training for your consultant post

Dr Angela Nelmes, Consultant Stroke Physician - Getting the most from your time in training for consultant applications, interviews and crafting the job you want.



Dr David McShane, StR in Stroke and Geriatric medicine - Undertaking a leadership fellowship

Dr Sharath Koushik, StR in Stroke and Geriatric medicine - The Associate Principal Investigator Scheme

Dr Shyam Kelavkar, Consultant Stroke Physician - The GIRFT Leadership Academy Stroke Specific Programme

Dr Chaamanti Menon, Internal Medicine Trainee - Working with the TICH-3 trial team

16:45 END OF DAY 2