

Marta Nowak-Kulpa's short biography

Marta Nowak-Kulpa is a psychologist and a certified Ericksonian psychotherapist. She is a member of the International Society of Hypnosis and owns a therapeutic and training practice. She works in the Department of Surgery at the National Cancer Institute in Gliwice for several years. Previously, she worked in a mental health clinic. As a member of the Milton H. Erickson Institute of the Bay Area in California, she also cooperates with the Polish Erickson Institute. She promotes the use of Ericksonian psychotherapy in medicine as an important component of multidisciplinary treatment. She trains medical professionals in this field at home and abroad and bases her teaching on practical experience. She teaches physicians of various specialties, including internists, geriatricians, dentists, and radiation therapists, as well as nurses and psychologists employed in the healthcare sector, in a year-long course for medical professionals. She is an invited lecturer at international conferences where she delivers authentic messages rich in clinical case descriptions. She is also the author of therapeutic stories. Her book *Opowieści z innej bajki, czyli niepamiętnik psychoterapeutki*, which includes a record of therapeutic processes, has been published in Polish, English, and German.