



Submission Guidelines

Authors should submit their work in the following format:

- On one side of A4
- Font: Arial, size: 12
- Maximum word count: 500
- The submission should adhere to the subheading structure:
 - Introduction and demonstration of the importance of this topic
 - Background including any relevant evidence/guidelines/etc
 - Relevance to patient care
 - Project details and outcomes (if applicable)
 - Conclusion and any areas for further development
- Up to 2 tables or figures can be included in addition to the one page submission.
- The submission must be on a chosen aspect of continence that demonstrates improving practice and/or sharing knowledge.

Submission Terms

Before submission, please read the following terms: [HERE](#)

Please note: If accepted, the presenting author must register for **full** conference attendance and will be liable for the applicable full delegate fee.

If you have any questions, please email events@fitwise.co.uk

Successful applicants

Abstract submissions open	Thursday 13 th November 2025
Abstract submissions close	Midnight on Sunday 15 th February 2026
Outcomes sent to applicants	w/c Monday 30 th March 2026
Deadline to accept invitation to present	Midnight on Sunday 12 th April 2026
Deadline to send presentations (Orals)	Thursday 30 th April 2026
Deadline to send PDFs (Posters)	Thursday 30 th April 2026

Emails will be sent as per the timetable above

Oral presentations

- The presenting authors of the best four abstracts will be invited to present their work orally at the 'Share Your Knowledge' Session on Monday 11th May.



- Each presenting author will need to prepare a PowerPoint presentation to be sent to organisers by the above date
- Each presenting author will have 5 minutes to present their abstract and 2 minutes of audience questions.
- Presenting authors must also print their poster in portrait and A0 in size and bring it with them to the conference to be displayed in the exhibition hall. As velcro tabs will be provided for you to attach your poster to the board, please do NOT print your poster on fabric.
- Presenters will be required to send their PDF poster to elaine.mckeown@fitwise.co.uk by the above date to be included on the conference app.
- Further Q&A session during lunchtime at the Poster Showcase in the exhibition hall (Monday 11th May: 13:00-13:30)

Poster Showcase

- Successful authors must print their poster in portrait and A0 in size and bring it with them to the conference to be displayed in the exhibition hall. As velcro tabs will be provided for you to attach your poster to the board, please do NOT print your poster on fabric.
- Authors will be required to send their PDF poster to elaine.mckeown@fitwise.co.uk by the above date to be included on the conference app.
- Presenting authors should be by their posters for the Q&A session during lunchtime at the Poster Showcase in the exhibition hall viewing (Monday 11th May: 13:00-13:30)

Awards and Prizes

Delegates will be encouraged to vote via the conference app for the following awards:

- The ACP Award in Memory of Dorothy Mandelstam: This will be awarded for the best oral presentation in the Oral Presentation Session. Winner will also receive free entry to the 2027 ACP Conference
- Best Poster: This will be awarded to the best poster from the Poster Showcase.

Voting will close at 3.00pm on Monday 11th May. The awards will be presented at the Networking Reception in the exhibition hall on Monday 11th May. If you have a poster at the conference, we suggest you stay for this event.

After the conference, the management team will contact the winners to discuss the opportunity of submitting their abstract to the British Journal of Nursing or Nursing Times for consideration as a full article.