



THURSDAY 12th MARCH 2026



Thursday 12th March
2026 & Friday 13th
March 2026



Holland House Hotel
Cardiff



Event Website



events@fitwise.co.uk
+44 (0) 1506 292 042

ORGANISED BY



www.fitwise.co.uk

08:45 DELEGATE REGISTRATION

Welcome and Housekeeping

09:30 David McShane & Angela Nelmes, Chair of the BIASP trainee's subcommittee

Story, signs, pictures, numbers – Assessment of acute loss of function

10:00 Tom Hughes, Consultant Neurologist and Clinical Director of Medical Neurosciences in the University Hospital of Wales, Cardiff.

10:45 MORNING BREAK AND EXHIBITION VIEWING

An update in hyperacute stroke care – thrombolysis & thrombectomy

11:15 Peter Slade, Consultant Stroke Physician and Clinical Lead for Stroke Services, Morriston Hospital, Swansea

Every minute counts – pre-hospital initiatives to improve stroke care

12:00 Shakeel Ahmad, Consultant in Stroke Medicine and Welsh National Clinical Lead for Stroke, University Hospital Wales, Cardiff

12:45 LUNCH AND EXHIBITION VIEWING

Imaging in acute stroke

13:45 Speaker to be confirmed

Medical & Neurosurgical Management of ICH

14:30 Niki Sprigg, Professor Stroke Medicine, University of Nottingham

15:15 AFTERNOON BREAK AND EXHIBITION VIEWING

15:40 Medical student summer bursary winners

16:30 Medical student essay competition runner up

16:40 Medical student essay competition winner

16:50 SPONSORED SYMPOSIUM

17:20 CLOSE OF DAY 1 & DRINKS RECEPTION



FRIDAY 13th MARCH 2026



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2026



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Cardiff
CF24 0DD



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fitwise
Management Ltd
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08:15 DELEGATE REGISTRATION

Welcome and Housekeeping

08:50 David McShane & Angela Nelmes, Chair of the BIASP trainee's subcommittee

The role of the physician in stroke rehabilitation

09:00 Dr Benjamin Jelley, Consultant in General, Geriatric and Stroke Medicine, University Hospital Llandough, Cardiff

The role of the AHP in Stroke Rehabilitation

10:00 Nia Williams, Consultant Stroke Therapist, Betsi Cadwalader University Health Board

10:45 MORNING BREAK AND EXHIBITION VIEWING

Top tips for the TIA clinic / new horizons in TIA

11:15 Dr Louise Shaw, Consultant Stroke Physician and Clinical Lead for Stroke, Royal United Hospital Bath President of the British and Irish Association of Stroke Physicians

Life after stroke, research opportunities, patient voice

12:00 Stroke Association Contacts – Speaker TBC

12:45 LUNCH AND EXHIBITION VIEWING

Atrial fibrillation - beyond anticoagulation

13:45 Dr Emma Kealaher, EP Fellow Morriston Hospital, Swansea

Stroke Simulation live

14:30 Dr Ella Sherman, Consultant in Geriatric and Stroke Medicine and Lead for the UK and ROI Acute Stroke Simulation Course, Southmead hospital, Bristol

15:30 AFTERNOON BREAK AND EXHIBITION VIEWING

Training for your consultant post

15:45 Dr Angela Nelmes/ Dr David McShane/ Dr Sharath Koushik/ Dr Shyam Kelvar/ Dr Chaamanti Menon

16:30 END OF DAY 2