Éva I. Bányai's short biography
(271 words)

Éva I. Bányai, PhD, is a Professor Emeritus of Psychology at the Department of Affective Psychology, Institute of Psychology, Eötvös Loránd University (ELTE), Budapest, Hungary. After earning her doctorate in psychology at ELTE in 1973, she spent a fellowship year with E. R. Hilgard at Stanford University where she developed active-alert hypnosis. Her main research interest is studying the psychophysiological, behavioral, phenomenological, and social aspects of hypnosis from an interactional standpoint. Recently, she has been involved in developing new hypnotherapeutic methods for healing cancer patients, and to conduct research on the effect of hypnosis on treating high risk breast cancer patients. She has been heavily engaged in teaching hypnosis research and hypnotherapeutic methods to researchers and clinicians both in Hungary and abroad. She is a Past President and Honorary Lifetime Member of both the European Society of Hypnosis (ESH) and of the International Society of Hypnosis (ISH). She is founding secretary, a Past President and Honorary President of the Hungarian Association of Hypnosis, is a Past President of the Hungarian Psychological Association, and Honorary Fellow of the American Society of Clinical Hypnosis and of the Svenska Föreningen för Klinisk och Experimentell Hypnos. She is the recipient of numerous awards for her contributions in advancing the fields of hypnosis, including the Hungarian Order of Merit, Officer's Cross and the Széchenyi Award of Hungary, the International "Franco Granone" Award of the Centro Italiano di Ipnosi Clinico-Sperimentale (CIICS), Torino, the "Wilma Trasarti Sponti" Special Research Award of the Societá Italiana di Ipnosi, the Benjamin Franklin Gold Medal of ISH, and the Living Human Treasure Award of the Society for Clinical and Experimental Hypnosis (SCEH).