

POGP Study Day 2022

& Annual General Meeting



4th November 2022

Version: 01/11/2022 09:00



Friday 4 November 2022



Online



<https://fitwise.eventsair.com/pogp-2022>



events@fitwise.co.uk
+44 (0) 1506 292 042

08:30 EXHIBITION VIEWING

Welcome and opening address

Kate Lough PhD, MCSP, *Advanced practice physiotherapist in pelvic health and the Mesh Removal Service, Greater Glasgow and Clyde and West End Physiotherapy & Chair POGP*

08:45

Trauma in the Bowel Physiotherapy Clinic

Helena Costiff, Clinical Lead Pelvic Health Physiotherapist, Royal Devon University Healthcare NHS Foundation Trust & Emily Hoile, *Pelvic Health Physiotherapist, Torbay and South Devon NHS Foundation Trust*

09:00

A/N PGP

Alex Frankham, *Pelvic Health Physiotherapist, Performance Physiotherapy Jersey & Clair Jones, Clinical Physiotherapy Specialist, Norfolk and Norwich University Hospitals NHS Foundation Trust*

09:45

10:30 BREAK AND EXHIBITION VIEWING

Poster Presentations

Pregnancy-related pelvic girdle pain (PPGP): understanding clinical perspectives and decision making of physiotherapists practising in the United Kingdom

Alex Frankham, *Pelvic Health Physiotherapist, Performance Physiotherapy Jersey*

10:45

Perinatal Pelvic Health and Wellbeing Video Series: A Quality Improvement Project

Colette Pollard, Ena Ankutse & Roisin Barr
Clinical Specialist Pelvic Health Physiotherapy, Imperial College Healthcare NHS Trust

Innovative solutions for the management of Stress & Athletic Incontinence during exercise for Women

11:15

Darren Breen, *Director, iMEDicare Pelvic Health*
Sponsored by iMEDicare



11:35 AGM



Friday 4 November 2022



Online



<https://fitwise.eventsair.com/pogp-2022>



events@fitwise.co.uk
+44 (0) 1506 292 042

12:35 LUNCH AND EXHIBITION VIEWING

Poster Presentations

Pelvic Health Pathway Redesign

Caroline Harrigan, Karen Crudden & Susan Canavagh
Pelvic Physiotherapists, Western Health and Social Care Trust

13:15

Development of a Pelvic Health Service at the Manchester Adult

Cystic Fibrosis Centre

Maria Oldfield & Victoria Kendall
Clinical Specialist Physiotherapist, St Mary's Hospital

A Community Bladder & Bowel Service Journey Implementing an Integrated ICS TAI Pathway

Melissa Millman, *Lead Clinical Specialist Bladder & Bowel Practitioner, Essex Partnership Foundation Trust*

13:45

Sponsored by MacGregor Healthcare Ltd



Managing menopause

Christien Bird, *Pelvic Health Physio & co-founder*

14:05

Menopause Movement, Whitehart Clinic and Menopause Movement & Jackie Lynch, Founder, WellWellWell Nutrition Clinic

14:50 BREAK AND EXHIBITION VIEWING

15:00 **Bursaries/ Launch of research grants**
POGP Board

From pelvic health physiotherapist to advanced practice in pelvic health & Service redesign in rural areas

15:15 Lucia Berry, *Senior Lecturer, Brunel University & Jenny Munro, Advanced Practice Physio for Continence, NHS Highland*

16:10 CLOSE OF CONFERENCE

ORGANISED BY



www.fitwise.co.uk