

Short Biography Mike Gow

Michael A Gow MFDS RCPS (Gla) BDS (Gla) MSc Hyp (Lon) PGCert (Edin)

Mike is a general dental practitioner working in his private practice 'The Berkeley Clinic' in Glasgow. He graduated from the University of Glasgow dental school in 1999 and undertook formal hypnosis training with the British Society of Medical and Dental Hypnosis (BSMDH) soon after. By 2005, he had a Masters in Hypnosis Applied to Dentistry (Lon) having achieved a 'distinction' in his Diploma year. Mike has a Postgraduate Certificate in 'The Management of Anxious Patients' from the University of Edinburgh. He is a Member of the Faculty of Dental Surgeons at The Royal College of Physicians and Surgeons (Glasgow) and is a Fellow of the College of General Dentistry. He is a Past President (2008-10, 2014-16), current Treasurer and Fellow of "The BSMDH (Scotland)" and holds the European Society of Hypnosis Certificate. Mike is a member of the Scientific Advisory Board for the 'Deutsche Gesellschaft für Zahnärztliche Hypnose' (DGZH) and was awarded the 'Kay F. Thompson Award for Clinical Excellence in Dentistry' by the International Society of Hypnosis in 2024.

Mike has published many articles, case studies and book chapters on hypnosis and dental anxiety management and has appeared on TV several times (including BBC's Horizon) demonstrating the use of hypnosis in dental pain control. He is Chairman of 'The Henry Noble History of Dentistry Research Group' and has a keen interest in the history of hypnosis and in particular the life of Dr James Braid.