



British & Irish Association
of Stroke Physicians
Advancing stroke medicine

TRAINEES' MEETING 2026

Holland House Hotel, Cardiff

12th - 13th March



biasp.org



@biasp.org



British & Irish Association of Stroke Physicians

External CPD Approval

THURSDAY 12th MARCH 2026



Thursday 12th March
2026 & Friday 13th
March 2026



Holland House Hotel
Cardiff



[Event Website](#)



events@fitwise.co.uk
+44 (0) 1506 292 042

ORGANISED BY



www.fitwise.co.uk

08:45 DELEGATE REGISTRATION

Welcome and Housekeeping

09:45 Dr Louise Shaw, BIASP President, and Dr David McShane, Chair of the BIASP trainees committee.

Story, Signs, Pictures, Numbers – Assessment of Acute Loss of Function

10:00 Tom Hughes, Consultant Neurologist and Clinical Director of Medical Neurosciences in the University Hospital of Wales, Cardiff.

10:45 MORNING BREAK AND EXHIBITION VIEWING

An update in Hyperacute Stroke Care – Thrombolysis & Thrombectomy

11:15 Peter Slade, Consultant Stroke Physician and Clinical Lead for Stroke Services, Morriston Hospital, Swansea

Every Minute Counts – Pre-Hospital Initiatives to Improve Stroke Care

12:00 Shakeel Ahmad, Consultant in Stroke Medicine and Welsh National Clinical Lead for Stroke, University Hospital Wales, Cardiff

12:45 LUNCH AND EXHIBITION VIEWING

Top Tips for the TIA Clinic / New Horizons in TIA

13:45 Dr Louise Shaw, Consultant Stroke Physician and Clinical Lead for Stroke, Royal United Hospital Bath President of the British and Irish Association of Stroke Physicians

Medical & Neurosurgical Management of ICH

14:30 Dr Louise Walters, Consultant in Stroke Medicine in Royal Glamorgan/Prince Charles Hospitals and Prof Kevin Tsang, Consultant Neurosurgeon, Imperial College London

15:15 AFTERNOON BREAK AND EXHIBITION VIEWING

Medical Student Summer Bursary Winners

15:40 Akankshya Sahoo, Keele University and Darragh Nerney, Mater Misericordiae University Hospital

Medical Student Essay Competition Winner

16:30 Denis Chen, Medical Student, Keele University

Stroke at the End of Life

16:40 Dr Angela Nelmes, Consultant Stroke Physician

17:10 CLOSE OF DAY 1 & DRINKS RECEPTION

19:00 Social Event, Cardiff City Centre



FRIDAY 13th MARCH 2026

07:30 Coffee Crawl, Cardiff City Centre, route to be confirmed.

08:15 DELEGATE REGISTRATION

Welcome and Housekeeping

08:50 Dr David McShane, Chair of the BIASP trainees committee & Dr Angela Nelmes, Consultant Stroke Physician, Cwm Taff Morgannwg Health Board.

The role of the Physician in Stroke Rehabilitation

09:00 Dr Benjamin Jelley, Consultant in General, Geriatric and Stroke Medicine, University Hospital Llandough, Cardiff

The Role of the AHP in Stroke Rehabilitation

10:00 Nia Williams, Consultant Stroke Therapist, Betsi Cadwalader University Health Board

10:45 MORNING BREAK AND EXHIBITION VIEWING

The Imaging in Acute Stroke Talk

11:15 Dr Hannah Stockley, Consultant Interventional Neuroradiologist, Manchester Centre for Clinical Neurosciences.

Making Stroke a priority'

12:00 Katie Chappelle / Stephen Attwood, Stroke Association

12:45 LUNCH AND EXHIBITION VIEWING

Atrial Fibrillation - Beyond Anticoagulation

13:45 Dr Emma Kealaher, EP Fellow Morriston Hospital, Swansea

Stroke Simulation Live

14:30 Dr Ella Sherman, Consultant in Geriatric and Stroke Medicine and Lead for the UK and ROI Acute Stroke Simulation Course, Southmead hospital, Bristol

15:30 AFTERNOON BREAK AND EXHIBITION VIEWING

Training for your Consultant Post

Dr Angela Nelmes, Consultant Stroke Physician - Getting the most from your time in training for consultant applications, interviews and crafting the job you want.

15:45 Dr David McShane, StR in Stroke and Geriatric medicine - Undertaking a leadership fellowship.

Dr Sharath Koushik, StR in Stroke and Geriatric medicine - The Associate Principal Investigator Scheme.



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Dr Shyam Kelavkar, Consultant Stroke Physician - The GIRFT Leadership Academy Stroke Specific Programme.

Viveka Biswas, Neurology and Stroke Registrar, NIHR Clinical Lecturer, Department of Brain Sciences, Imperial College

16:45 END OF DAY 2