

Transformative Simulation for Systems Change: Reimagining Mental Health in Community and Primary Care through Co-Production | Full day

SIGs Involved: Transformative Simulation; Co-production with SPs & Patients; Mental Health: Primary Care.

Background: This collaborative workshop brings together four SIG perspectives to explore how simulation can generate new insights into mental health care across community and primary care systems, revealing how different perspectives, experiences and system dynamics shape care.

The session will be framed through the Transformative Simulation (TfS) framework, introducing the five foundational pillars (Purpose, Perspective, Power, Preparation and Possibility) alongside the seven Simulation-Based Intentions (SBIs). In particular, the workshop will focus on Involvement as a key lens for designing simulation that meaningfully engages those who are part of, or affected by, the system. Co-production will be explored not simply as a method, but as a specific way of ensuring involvement within simulation. Participants will consider how different approaches to involvement - including who is invited, how power is shared, and whose perspectives are represented - shape both the design of the simulation and the potential for transformation.

Through collaborative group work, participants will identify key challenges within mental health provision in community and primary care systems, and develop simulation concepts that reflect different involvement approaches. The workshop will generate insights into how simulation can be used to explore system pathways, cultural dynamics, and areas of exclusion or under-representation.

Target audience: Intermediate to advanced practitioners with an interest in any, or more than one of: simulation, co-production, mental health, primary care.

Facilitators:

Andy BATTERY	University of Greenwich
Kisten Howson	Maudsley Learning
Chris Kowalski	University of Oxford
Katie Pavoni	University of London
Lauren Philpott	University of Greenwich
Jane Roome	Kent and Medway Primary Care School
Naomi Shiner	Keele University
Sharon Weldon	University of Greenwich