

## **Mark P. Jensen, PhD**

### **Biosketch**

**Mark P. Jensen, PhD**, is a Professor in the Department of Rehabilitation Medicine, University of Washington School of Medicine, Seattle, Washington. For over 40 years, Dr. Jensen's research program has had a goal to increase our scientific understanding of pain, pain assessment, and the most effective methods for managing pain. He has been at the forefront of research to develop and evaluate the efficacy of patient-controlled pain management approaches, including cognitive therapy, activity management, mindfulness, and hypnotic approaches. Dr. Jensen is the author of 12 books, over 40 chapters, and over 700 articles in peer-reviewed scientific journals. He has served on numerous editorial boards, having served as a Consulting Editor for the *Annals of Behavioral Medicine*, Associate Editor for *Archives of Physical Medicine and Rehabilitation*, and Associate Editor for the *Clinical Journal of Pain*. He was the Editor-in-Chief of the *Journal of Pain* for 12 years, from 2010 to 2022. Dr. Jensen has received funding for his research program from the National Institutes of Health and Department of Education continuously since 1989, and has received numerous awards for his writing and scientific contributions, including the 2004 Roy M. Dorcus award for Best Clinical Paper from the Society of Clinical and Experimental Hypnosis, the 2009 Clark L. Hull award for Scientific Excellence in Writing from the American Society of Clinical Hypnosis, and the 2012 American Psychological Association Division 30 Award for Distinguished Contributions to Scientific Hypnosis. He also received an honorary doctorate from the Universitat Rovira i Virgili in Tarragona, Catalonia, Spain in 2025. He has served on the Board of Directors for the International Society of Hypnosis for over 10 years, and is the immediate past President for this Society. His handbook for clinicians, titled *Hypnosis for Chronic Pain Management*, published in 2011 by Oxford University Press, won the the Society of Clinical and Experimental Hypnosis Arthur Shapiro Award for Best Book on Hypnosis.