

Dr. Mehdi Fathi's short biography

Dr. Mehdi Fathi is a renowned cardiac anesthesiologist and the pioneer of performing surgeries using hypnosis as the sole method of anesthesia. To date, he has documented and published over 450 surgical cases conducted under hypnosis in peer-reviewed, high-impact international journals.

He has served as the main organizer of six international congresses between 2012 and 2019, and has held more than 400 national seminars on hypnosis in his home country. Since 2019, he has been serving as the President of the Asian Society of Hypnosis, playing a key role in advancing the scientific and clinical applications of hypnosis across the continent.

In 2024, Dr. Fathi received the Ernest R. Hilgard Award for Scientific Excellence from the International Society of Hypnosis (ISH)—one of the highest recognitions in the field of scientific hypnosis.

He has authored 132 national and international articles and written 78 books in native-level English. With 25 years of experience as a hypnosis educator, Dr. Fathi's workshops at international congresses are widely recognized for offering deep insights and original techniques in the field of clinical hypnosis.