

Ali Özden Öztürk's short biography

ACADEMIC DEGREE:

Medical Doctor, ESH Certificate (ESHC) holder, certified hypnotherapist, hypnosis instructor, trainer and supervisor, certified acupuncturist, certified positive psychotherapist and family consultant

BIOGRAPHICAL DESCRIPTION:

Ali Özden Öztürk, MD. (Türkiye)

He is ESH Treasurer and ESH BOD member; the founder member and the current President of Society of Medical Hypnosis (THD), Türkiye; member of ISH.

His specialty is Awareness Under Conscious Hypnosis (AUCH) Method.

Besides his studies in numerous universities, he has his private practice with applications of AUCH for pain management, surgery, obstetrics, hypnoanesthesia, psychosomatic medicine, positive psychotherapy, family therapy, hypnoacupuncture and so on.

PUBLICATIONS

- Öztürk, A. Ö. (2005). AUCH method applied in surgery. *Hypno*, 32, 139-143.
- Öztürk, A. Ö. (2006). Using hypnosis in a case of cholecystectomy: A case report. *European Journal of Pain*, 10(suppl S1), 226-226.
- Öztürk, A. Ö. (2014a). Hypnosis as an integrative medicine method and a case study about ob/gyn operation under hypnosis. *Acupuncture & Electro-Therapeutics Research*, 39, 403-404.
- Öztürk, A. Ö. (2014b). The relationship of AUCH hypnosis and mind-body medicine. *Acupuncture & Electro-Therapeutics Research*, 39, 413-413.
- Öztürk, A. Ö. (2017). The use of hypnosis in sports performance and athlete health & wellness: AUCH (Awareness Under Conscious Hypnosis) method. *Türkiye Klinikleri Journal of Sports Medicine-Special Topics*, 3, 48-57.
- Öztürk, A. Ö., & Öztürk, G. (2016). The relationship of Awareness Under Conscious Hypnosis (AUCH©) method with Yamamoto New Scalp Acupuncture (YNSA) and Soliman's Hand Acupuncture. *European Journal of Integrative Medicine*, 8, Supplement 1, 35-36.
- doi: <http://dx.doi.org/10.1016/j.eujim.2016.08.086>
- Öztürk, A. Ö., & Öztürk, G. (2017). The inherent relationship of Yamamoto New Scalp Acupuncture (YNSA) with Awareness Under Conscious Hypnosis (AUCH©) method. *BMC Complementary and Alternative Medicine*, 17(Suppl 1), 46.

doi: <https://doi.org/10.1186/s12906-017-1782-4>

Öztürk, A. Ö., & Öztürk, G. (2018). The inherent relationship between Traditional Chinese Medicine (TCM) and Hypnotic Rituals of Awareness Under Conscious Hypnosis (AUCH©) Method. *Journal of Complementary Medicine and Alternative Healthcare*, 5, 555660.

doi: 10.19080/JCMAH.2018.05.555660.

<https://juniperpublishers.com/jcmah/JCMAH.MS.ID.555660.php>

Öztürk, A. Ö., & Öztürk, G. (2019). The clinical applications of hypnosis with “Awareness Under Conscious Hypnosis (AUCH) Method”. In K. Taştan (Ed.), *Hypnosis and hypnotherapy with the unknown aspects (Bilinmeyen Yönleriyle Hipnoz ve Hipnoterapi)* (Vol. 1, pp. 592-608). Erzurum, Turkey: Zafer Medya.

Öztürk, A. Ö., & Öztürk, G. (2019). The clinical applications of medical hypnosis (Tıbbi Hipnozün Klinik Uygulamaları). *Journal of Biotechnology and Strategic Health Research*, 3, 119-130.

doi: <https://doi.org/10.34084/bshr.554710>

Öztürk, A. Ö. (2021). Sailing with the Life Wind: The Art of Living and Enjoying. In Mark P. Jensen (Ed.), *Handbook of Hypnotic Techniques, Vol. 2: Favorite Methods of Master Clinicians (Voices of Experience)* (Vol. 2, pp. 121-149). Kirkland, Washington: Denny Creek Press.