



A Day in Regional Geography

Organisers:

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Abstract:

Regional geography provides a comprehensive lens to explore the interconnectedness of natural landscapes, human activities, and cultural dynamics. It examines how diverse regions shape and is shaped by everyday phenomena, bridging scales from local communities to global regions. Sessions like "*A Day in Regional Geography*" aim to highlight this discipline's role in understanding the spatial and temporal dimensions of human-environment interactions.

Through case studies, geospatial analyses, and multidisciplinary approaches, regional geography uncovers the intricate relationships between physical environments, socio-economic structures, and cultural practices. Key themes include sustainable development, environmental challenges, urban-rural disparities, and the impacts of globalization and climate change on regional identities. These explorations are crucial for addressing contemporary global issues and crafting policies for a sustainable future. By focusing on the discipline's influence on academic discourse, policy-making, and community engagement, this session highlights its transformative potential. Topics such as cultural landscapes, urbanization, and innovative methodologies—including geospatial technologies and participatory approaches—demonstrate how regional studies have adapted to modern challenges. It examines the spatial dimensions of livelihoods, urban-rural variations, and the role of geography in understanding resilience and sustainability. By bridging the gap between academic theory and practical realities, it offers insights into policies that align with people's everyday experiences. It explores how geographic

phenomena shape daily activities and how these, in turn, enrich regional landscapes. By showcasing diverse case studies and fostering interdisciplinary dialogue, this session emphasizes the importance of integrating everyday perspectives into regional planning and development.

This session reaffirm regional geography's role in addressing real-world challenges and envisioning equitable, sustainable futures. By connecting theory with practice, regional geography remains an indispensable tool for understanding the complex interplay of people, places, and processes in a rapidly changing world.

Keywords: Regional geography, everyday phenomena, sustainable development and modern challenges