

Pre-congress workshop: Vestibular course Vertigo and dizziness: what you need to know plus an update

Dear Colleagues,

This pre-congress workshop on vestibular, balance, and ocular motor disorders covers the clinically relevant aspects of peripheral, central and functional vestibular disorders as well as ocular motor disorders. We will present the basics in particular for beginners and an update, based on recent research, in particular for more advanced.

After an introduction on how to take patient history and the bedside examination of the vestibular system and ocular motor system there will be a hands-on course. Subsequently the diagnosis, pathophysiology and etiology and the current treatment of the six most frequent peripheral as well as central and functional vestibular diseases are covered. Thereby, also the current diagnostic criteria for each disease of the Bárány Society are presented.

This educational course has two major aims: first, increasing knowledge and improving practical skills; second, discussing and establishing international standards for the management of dizzy patients.

Due to its established and successful didactic concept – with many videos of patient history and typical clinical findings and a hands-on course – it is suitable for Neurologists, ENTs, audiologists, ophthalmologists and physiotherapists.

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08:00	Arrival of the participants - with tea and coffee
08:20	Welcome and introduction How to take patient history and how to examine the vestibular and ocular motor systems
09:00	Hands-on course
09:30	Peripheral vestibular disorders I
10:10	Break
10:30	Peripheral vestibular disorders II
11:30	Functional vestibular disorders and Functional disorders of stance and gait
12:00	Lunch
12:45	Central vestibular disorders: from the brainstem to the cerebellum and basal ganglia
14:00	Video-quiz and Q&A (questions can also be submitted by e-mail)
14:30	Break
14:50	Vestibular rehabilitation (Presented by Athene Irving, Physiotherapist)
15:30	Surgery for vestibular disorders (Presented by Louis Hofmeyr, ENT Specialist)
16:10	Case discussions and Questions
17:00	End of the Workshop