



		MORNING ACTIVITY	EVENING ACTIVITY
(A)	FRIDAY 30TH MAY	JEEP TOUR SEA & MOUNTAINS	HORSE RIDING
W. S.	SATURDAY 31ST AY	CONTIVECCHI SALT FLATS & FLAMINGOS	CAGLIARI GOURMET TOUR
(A)	SUNDAY 1ST JUNE	WINE TASTING	HORSE RIDING
W. Carlotte	MONDAY 2ND JUNE	WINE TASTING CONTIVECCHI SALT FLATS IS ZUDDAS CAVES	
1	THURSDAY 5TH JUNE	WINE TASTING	HORSE RIDING NORA & PULA
W. Fr	FRIDAY 6TH JUNE	JEEP TOUR SEA & MOUNTAINS	CAGLIARI GOURMET TOUR

ITT 2025

EXPERIENCES

CALENDAR





CONTIVECCHI SALT FLATS

& FLAMINGO OASIS

LOCATED RIGHT AT THE GATEWAY OF THE CITY OF CAGLIARI, NATURAL HABITAT OF HUNDREDS OF DIFFERENT SPECIES OF BIRDS INCLUDING THE FLAMINGOS, THE CONTI VECCHI SALT-FLATS COVER OVER 2700 HECTARES AND WERE FUNDED OVER 90 YEARS AGO.

THE SALT-FLATS ARE STILL OPERATING AND ARE MANAGED BY A REGIONAL ORGANIZATION.

BY VISITING THE CONTI VECCHI SALT-FLATS YOU WILL TRAVEL BACK IN TIME TO 1930S, EXPLORING THE ANCIENT LABORATORIES AND HISTORICAL ARCHIVES THAT WERE PART OF AN AVANT-GARDE ORGANIZATION AT THAT TIME, AROUND WHICH WAS FORMED THE SO CALLED "SALT COMMUNITY", THE SMALL VILLAGE OF MACCHIAREDDU LOCATED IN THE NEARBY AREA.



TIMETABLE CONTI VECCHI SALT FLATS

€ 70,00

10:00	DEPARTURE FROM CHIA LAGUNA		
10:45	ARRIVAL		
11:00	TOUR WITH THE ELECTRIC TRAIN		
12:00	VISIT OF THE ANCIENT PRODUCTION SITES		
12:30	DEPARTURE		
13:30	ARRIVAL AT CHIA LAGUNA		



31 MAY + 2 JUNE



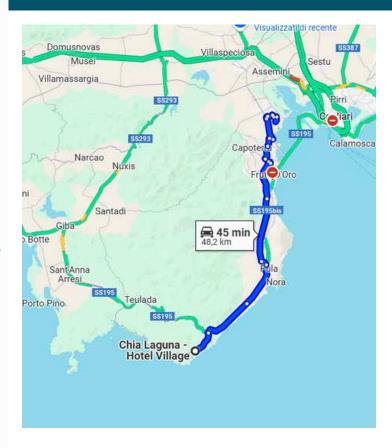
50 KMDISTANCE FROM CHIA LAGUNA

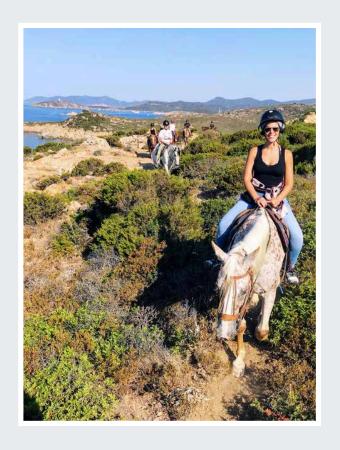


MIN 20 PAX
PARTICIPANTS









HORSE RIDING

ENJOY AN EXCITING RIDING ADVENTURE IN ANY
WEATHER AND EXPERIENCE SOUTH SARDINIA'S BEST
LOCATIONS FROM A COMPLETELY NEW PERSPECTIVE

GALLOP THROUGH THE MOUNTAINS AND FEEL THE WIND BLOW THROUGH YOUR HAIR. OUR HORSE-RIDING GUIDES WILL ACCOMPANY YOU ON DEDICATED ROUTES THROUGH NATURE, ALONG WHITE BEACHES AND A SEA OF A THOUSAND SHADES OF BLUE. ENJOY YOUR TIME AND RECONNECT WITH THE NATURE AND WILDERNESS OF SARDINIA BY VISITING BREATHTAKING PLACES DURING YOUR RIDING EXPERIENCE.



TIMETABLE HORSE RIDING

€ 70,00

14:30 DEPARTURE FROM CHIA LAGUNA

14:45 ARRIVAL AT THE LOCATION

15:00 BEGINNING OF THE EXPERIENCE

16:15 DEPARTURE

17:00 ARRIVAL AT CHIA LAGUNA



30 MAY AND 2+5 JUNE



5 KMDISTANCE FROM CHIA LAGUNA



MIN 6
PARTICIPANTS









WINE TASTING

EXPERIENCE

AN EVENING DISCOVERING THE ISLAND'S FINEST WINES.

AN EXCURSION AMONG THE VINEYARDS, WHICH WILL CONTINUE AMONG THE ANCIENT TOOLS, IN THE ROOMS WHERE THE MUST FERMENTS AND IN THOSE WHERE THE WINE IS AGED IN THE BARRELS OF THE WINE CELLAR.

HERE, WITH THE HELP OF EXPERTS. WE WILL TASTE

A SELECTION OF THE BEST HOUSE WINES

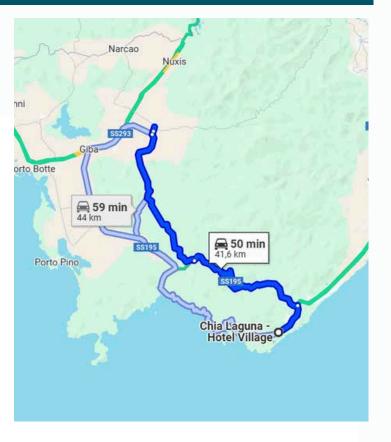
ACCOMPANIED BY A TYPICAL SARDINIAN APERITIF TO

HELP YOU DISCOVER THE FLAVORS AND SENSATIONS

THAT TOGETHER CAN GIVE YOU.







€ 95,00

TIMETABLE

WINE TASTING II

10:00 DEPARTURE FROM CHIA LAGUNA

11:00 ARRIVAL

11:05 GUIDED TOUR OF THE FACILITIES

11:30 WINE TASTING & APERITIF

12:10 DEPARTURE

13:00 ARRIVAL AT CHIA LAGUNA



1, 2 AND 5 JUNE

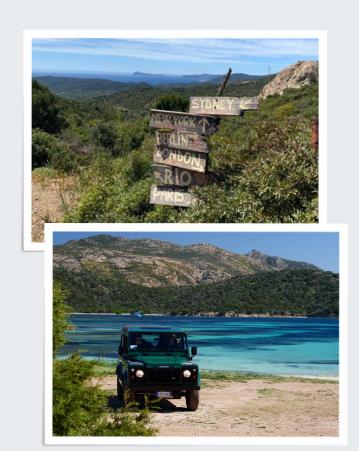


40 KM DISTANCE FROM CHIA LAGUNA



MIN 20
PARTICIPANTS







4X4 SEA & MOUNTAIN

EXPERIENCE

BETWEEN THE BEAUTIFUL VOLCANIC MOUNTAINS OF SANTADI AND THE COASTAL AREA OF CHIA, THE GREEN OF NATURE, THE BLUE OF THE CRYSTAL CLEAR WATERS, THE GOLD OF THE INCREDIBLE DUNES AND AN UNUSUAL RED LIGHTHOUSE WITH ITS ENCHANTING BAYS AWAIT YOU.

EXPERIENCE THE THRILL OF A VERY SPECIAL OFF-ROAD TOUR THAT COMBINES NATURE DISCOVERY WITH FUN. ALONG THE WAY, YOU WILL CAPTURE BREATHTAKING VIEWS AND FEEL LIKE A STAR AT THE EXTRAORDINARY 'SU GIUDEU' BEACH, WHICH HAS BEEN THE SUBJECT OF MANY FILMS AND COMMERCIALS.

THE ONE EXPERIENCE YOU CANNOT MISS ON YOUR TRIP
TO SARDINIA IS TO IMMERSE YOURSELF IN ITS
COLOURS.

TIMETABLE 4X4 SEA & MOUNTAIN

€ 95,00

10:00 DEPARTURE FROM CHIA LAGUNA 10:10 OFF ROAD 11:00 CHIA PANORAMIC STOP 11:30 MALFATANO PANORAMIC STOP PIXINNI PANORAMIC STOP 11:45 PANORAMIC COSTAL ROAD 12:10 SU GIUDFU PANORAMIC STOP 12:30 ARRIVAL AT CHIA ALGUNA 13:00



30 MAY AND 6 JUNE



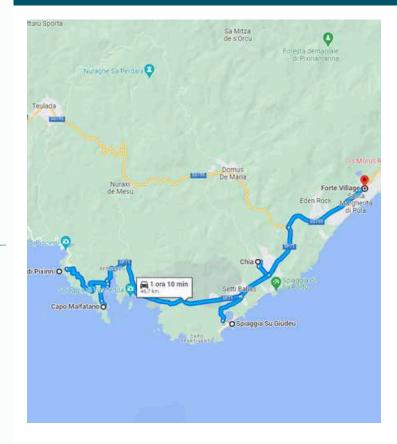
47 KMDISTANCE FROM CHIA LAGUNA



MIN 6
PARTICIPANTS









CAGLIARI GOURMET TOUR

DISCOVERING THE CITY OF THE SUN

DISCOVER - AND TASTE - THE "FOOD OF LONGEVITY"
THAT MADE SARDINIA A RENOWNED BLUE ZONE, THANKS
TO ITS LIFESTYLE AND TRADITIONAL DIFT.

THIS GUIDED TASTING OFFERS A JOURNEY THROUGH SARDINIAN FOOD AND WINE, WITH STORIES OF LOCAL PRODUCERS AND SEASONAL SPECIALTIES, FROM OLIVE OIL TO BAKED GOODS AND LAND AND SEA DELICACIES, PAIRED WITH SELECTED WINES.

EXPLORE THE HISTORIC DISTRICTS OF VILLANOVA.

CASTELLO, AND STAMPACE THROUGH A NARRATIVE-RICH

WALKING TOUR THAT REVEALS CAGLIARI'S CULTURAL

PRIDE AND CHARM. ALONG THE WAY, ADMIRE HIDDEN

CORNERS, ARTISAN SHOPS, AND THE BEAUTIFUL

CLOISTER OF SAN DOMENICO CHURCH.

THE TASTING ITINERARY MAY BE ADJUSTED BY THE GUIDE.



TIMETABLE CAGLIARI CITY TOUR

€ 70,00

14:00 DEPARTURE FROM CHIA LAGUNA

14:50 ARRIVAL IN CAGLIARI

15:00 PANORAMIC TOUR BY BUS

15:30 WALKING TOUR

17:00 DEPARTURE

18:00 ARRIVAL AT CHIA LAGUNA



31 MAY AND 6 JUNE



60 KM DISTANCE FROM CHIA LAGUNA



MIN 25 MAX 200

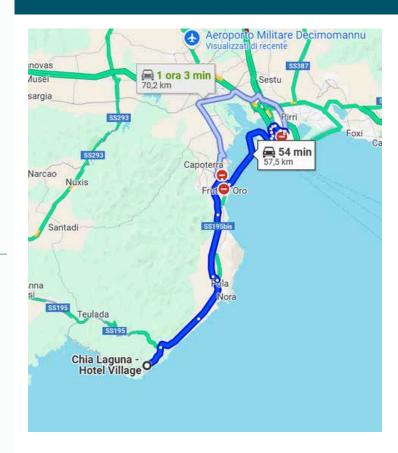
PARTICIPANTS



4 HOURS

4 HOLIDS









NORA

NORA, THE MEDITERRANEAN SYMBOL

NORA IS AN ANCIENT PHOENICIAN CITY LOCATED ON THE SOUTH-WESTERN COAST OF SARDINIA, DISCOVERED IN 1889 AFTER A STORM REVEALED SOME OF ITS RUINS. FOUNDED IN THE 9TH CENTURY BC, NORA QUICKLY BECAME AN IMPORTANT COMMERCIAL HUB AND A STRATEGIC PORT DUE TO ITS PRIME LOCATION IN THE MEDITERRANEAN. WITH A POPULATION OF AROUND 8,000 INHABITANTS, THE CITY BECAME A KEY CENTER FOR TRADE AND THE HEART OF THE ISLAND'S TRANSPORTATION NETWORK, EARNING THE TITLE OF "CAPUT VIAE," THE CENTRAL POINT FROM WHICH ALL SARDINIAN ROADS RADIATED.



TIMETABLE NORA & PULA

€ 60,00

15:30 DEPARTURE FROM CHIA LAGUNA

15:50 ARRIVAL IN NORA AND GUIDED TOUR

16:50 FREE TIME IN PULA

17:00 DEPARTURE

18:00 ARRIVAL AT CHIA LAGUNA



5 JUNE



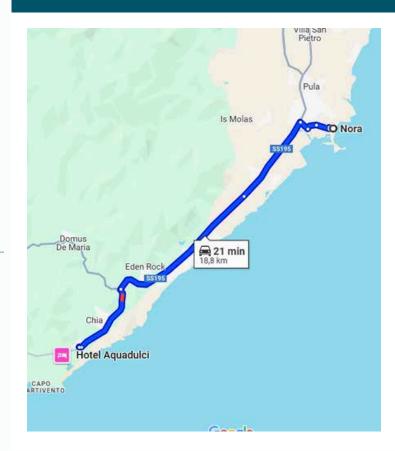
15 KM DISTANCE FROM CHIA LAGUNA

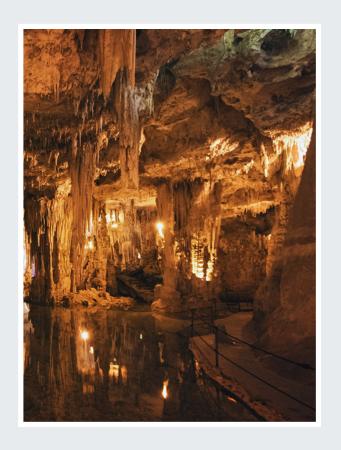














IS ZUDDAS CAVES

A JOURNEY THROUGH THE UNEXPECTED

LOCATED IN THE SOUTH-WESTERN PART OF SARDINIA, 6KM FROM SANTADI, THE IS ZUDDAS CAVES ARE A TRULY ONE OF A KIND SITE THAT IS HIGHLY RECOMMENDED TO VISIT DURING YOUR TIME IN SARDINIA THAT WILL TAKE YOU BACK IN TIME TO 550 MILLIONS YEARS AGO.

DURING YOUR GUIDED VISIT YOU WILL ADMIRE MARVELLOUS STALACTITES, STALAGMITES AND RARE CONCRETIONS OF ARAGONITE ALSO CALLED "CAVE FLOWERS". TUFTS OF CRYSTALS NOT AFFECTED BY GRAVITY THAT DEVELOP IN EVERY DIRECTION ASSUMING THE MOST BIZARRE TYPE OF SHAPES. ITS HIGH CONCENTRATION OF STALACTITES AND STALAGMITES MAKES THE IS ZUDDAS CAVES A UNIQUE PLACE TO VISIT IN EUROPE AS WELL AS WORLD WIDE.

TIMETABLE

IS ZUDDAS CAVES

€ 115,00

10:00 DEPARTURE	FROM	CHIA LAG	ANU
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11:00 ARRIVAL AT THE CAVES

11:15 START OF THE GUIDED TOUR

12:30 DEPARTURE TO THE AGRITURISMO IN TEULADA

13:00 LUNCH

14:15 DEPARTURE

15:00 ARRIVAL AT CHIA LAGUNA



2 JUNE



36 KM DISTANCE FROM FVR



MIN 20 PARTICIPANTS





SCAN ME
TO DISCOVER THE ROUTE





CONTACT US FA TRAVEL since 1981



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