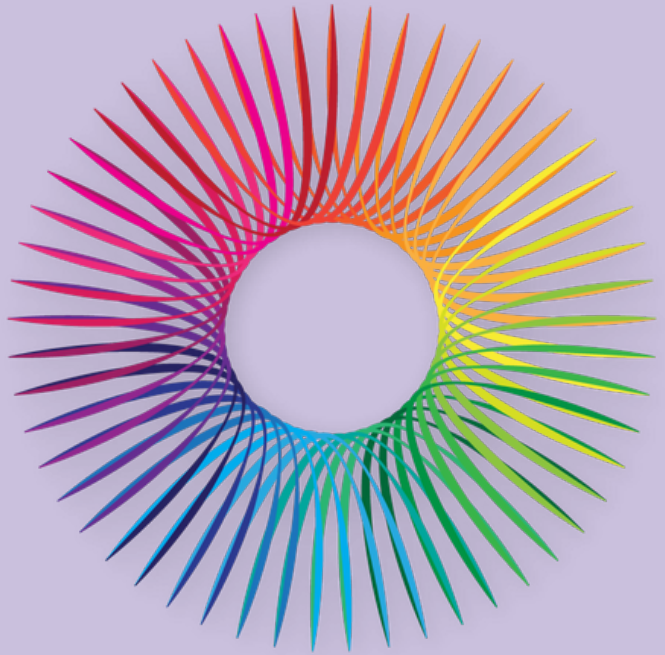


**WELCOME**



**13th and 14th March, Glasgow**

# **SOCIAL PROGRAMME**



# **UKSBM**

UK Society for Behavioural Medicine

02

**Welcome to Glasgow**

03

**Conference social programme**

04

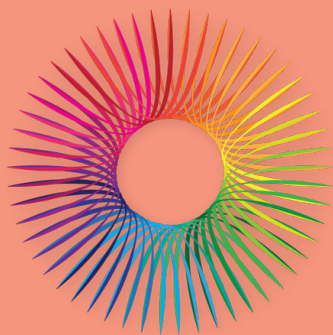
**Things to see and do**

05

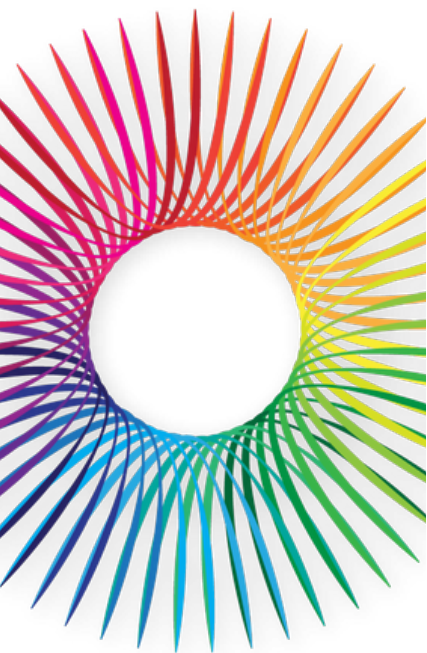
**Local drinks and eateries**

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**Our conference organisers**



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# WELCOME TO GLASGOW

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Hello from the Local  
Organising Committee

**We're delighted to welcome you to  
Glasgow.**

Lynsay Matthews (Chair of LOC)  
Stephanie Chambers (Chair of SPC)  
Sharon Simpson (UKSBM President)  
Marie Kotzur  
Hannah Durand  
Victoria Palmer  
Meigan Thomson  
Grace Dibben  
Elizabeth Randell



**We've pulled  
together some  
information to help  
you enjoy your time  
in Glasgow**

# CONFERENCE SOCIAL PROGRAMME

## 1 COFFEE CHATS

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There are several coffee breaks included in the programme. Please enjoy some refreshments and a chat with colleagues old and new!

## 2 DINNER DANCE

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For those who booked a place, we'll see you on the evening of Wednesday 13th March. Wear your dance shoes (you'll even get the chance to try a ceilidh dance or two!)



## 3 MORNING JOG

---

Join Elizabeth Randell for a 30min run on Thursday 14th March. Meet at the front door of the Radisson Hotel **by 0730hrs.**

It will be helpful if you can note your interest in the run by emailing

**Lynsay.Matthews@uws.ac.uk** - this gives us an idea of numbers



# THINGS TO SEE AND DO

Outside of the conference, you may have time to explore. You are spoiled for choice in Glasgow. Here are a few suggestions ...

## 1 CITY CENTRE

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[Gallery of Modern Art](#)

[Glasgow Cathedral and Necropolis](#)

[Glasgow City Walk](#)

## 2 WEST END

---

[Kelvingrove Art Gallery](#)

[Hunterian Museum](#)

[Botanic Gardens](#)

## 3 RIVERSIDE

---

[Glasgow Science Centre](#)

[Riverside Museum](#)

## 4 TRAVEL AROUND

---

[Click here for tips on how to get around Glasgow](#)

# LOCAL DRINKS AND EATERIES

There are many options for eating and drinking in Glasgow. Some suggestions below ...

## 1 FOOD

---

**City Centre** (near the venue)

Red Onion

Six by Nico

Two Fat Ladies

**West End of Glasgow** (not near venue but worth a visit!)

Eusebi Deli

Stravaigin

## 2 DRINKS

---

There's a **Wetherspoons** right across from the hotel.

Some other suggestions within 5-10min walk from venue:

- **Sloans**
- **Stereo**
- **Horseshoe**
- **Tabac**
- **All bar one**



# OUR CONFERENCE ORGANISERS



Big thanks to our conference organisers, KC Jones.

They have delivered the annual UKSBM conference for 12 years now!.



If you have any queries about the conference please email [uksbm@kc-jones.co.uk](mailto:uksbm@kc-jones.co.uk)