



ANNUAL CONFERENCE

Manchester Metropolitan University

3 – 4 June 2026

Poster List

Posters are listed by Presentation Day, Theme then Presenting Author Surname

Please note, all content including speaker, presenting day and board number are subject to change

Posters with a WX board number will be presented on Wednesday, posters with a THX board number will be presented on Thursday

Board number <i>(subject to change)</i>	Abstract book code	Theme	Poster
W1	D1.P1	Biomechanics and Motor Behaviour	The effect of football heading on lower-limb biomechanics during sidestep cutting Grace Ademolu¹ , Dr Liis Uiga, Dr Greg Wood, Dr Kathleen Daniels ¹ Manchester Metropolitan University, Manchester, UK
W2	D1.P2	Biomechanics and Motor Behaviour	Perceptual–motor influences on complex locomotor control: The roles of conscious control and environmental context Luke Hill¹ , Rick Mills ¹ , Rich Masters ² , Nicola Middlebrook ¹ , Neil Reeves ³ , Liis Uiga ¹ ¹ Manchester Metropolitan University, UK, ² The University of Waikato, New Zealand, ³ Lancaster University, UK
W3	D1.P3	Biomechanics and Motor Behaviour	How Is Stability During Turning Linked to Muscle Coactivations in the Lower Limbs in Younger Compared to Older Adults? Amelie Hulyer¹ , Phaedra Leveridge ¹ , Dr Garry Massey ¹ , Hatem Lazem ¹ , Prof Sarah E Lamb ¹ , Prof Helen Dawes ¹ , Dr Maedeh Mansoubi ¹ ¹ University of Exeter, Exeter, UK

W4	D1.P4	Biomechanics and Motor Behaviour	Machine Learning Classification of Kellgren–Lawrence Knee Osteoarthritis Using Only Radiographic Images: New Perspectives and Challenges for Sports Therapists Mobina Manafi ¹ , Prof Francesco Vincenzo Ferraro ² ¹ University of Derby, Derby, UK, ² Italian University Line, Florence, Italy
W5	D1.P5	Physical Activity for Health	The effects of resistance training on brain-related biomarkers, neurocognitive function, and physical capacity in older adults Christine Caine ¹ , Dr Mark Antrobus ² , Dr Camilla Holland ¹ , Madison Klymyszyn ¹ , Dr Maria Dimitriadi ¹ , Dr Helen Foster ¹ , Dr Jon Brazier ¹ ¹ University of Hertfordshire, Hatfield, UK, ² Open University, Milton Keynes, UK
W6	D1.P6	Physical Activity for Health	School-Based Homework Interventions for Improving 24-hour Movement Behaviours in Primary School Children: A Systematic Review and Meta-Analysis April Forrest ¹ , Dr Duncan.S Buchan ¹ , Prof Nicholas Sculthorpe ¹ , Dr Lawrence Hayes ² , Dr Samantha Robinson ¹ ¹ University of the West of Scotland, Blantyre, UK, ² Lancaster University, Lancaster, UK
W7	D1.P7	Physical Activity for Health	“Skating is living”: lifestyle sport in midlife – a Thematic Narrative Analysis of skateboarders’ experiences in the UK Jingfeng Li , Simon Cook, Kiara Lewis FCASES ¹ Birmingham City University, Birmingham, UK
W8	D1.P8	Physical Activity for Health	A comparative assessment of the initial and revised 12-week University of Chichester's Health, Awareness and Maintenance Programme (UCHAMP) for managing and improving cardiopulmonary conditions Kaia Pilbeam ¹ , Dr Kasha Dickie ¹ ¹ University of Chichester, Chichester, UK
W9	D1.P9	Physical Activity for Health	Exploring physical activity behaviour in black women living with human immunodeficiency virus in the UK Temitope Sobo ¹ , Dorothy Hannis ² , Daniel Jones ³ ¹ Teesside University, UK, ² Teesside University, UK, ³ Teesside University, UK
W10	D1.P10	Physical Activity for Health	Exploring psychological effects of menopause on female runners: practical implications Helen Morton ¹ , Dr Alyx Taylor , Stephanie Tibbert ¹ Health Sciences University, UK
W11	D1.P11	Physical Activity for Health	Nature-based early childhood education: Parent and practitioner perspectives on practice, space, and outdoor learning Nicola Taylor ¹ , Prof Andy Pringle ¹ , Dr Clare Roscoe ¹ ¹ University of Derby, Derby, UK
W12	D1.P12	Physical Activity for Health	Can biofeedback support performance of the sit-to-stand test? Kanruethai Threesittidath ¹ , Dr Kyra De Connick ¹ , Dr Claire M Boucher ¹ , Prof Alexis R Mauger ¹ ¹ University of Kent, Canterbury, UK

W13	D1.P13	Physiology and Nutrition	<p>Acute Heating-Induced Flow-Mediated Dilation: Exploring Sustained Shear Stress Responses in the Brachial and Femoral Arteries of Healthy Adults</p> <p>William Carey¹, Dr Madeleine France-Ratcliffe¹, Dr Ben Price¹, Dr Tom Cullen², Dr Amy Harwood¹</p> <p>¹Manchester Metropolitan University, Manchester, UK, ²University of Coventry, Coventry, UK</p>
W14	D1.P14	Physiology and Nutrition	<p>The Influence of Nutritional Risk Factors to Musculoskeletal Risk Factors in Female Contact Sport Athletes</p> <p>Felicity Lucas^{1,2,3}, Dr Vasiliki Iatridi^{1,2}, Dr Rianne Costello⁴, Dr Catherine Anna-Marie Graham⁵, Dr Anne Delextrat¹</p> <p>¹School of Sport, Nutrition and Allied Health Professionals, Oxford Brookes University, Oxford, UK, ²Oxford Brookes Centre for Nutrition and Health, Oxford Brookes University, Oxford, UK, ³Centre for Movement, Occupational and Rehabilitation Sciences (MORes), OxINMAHR, Oxford Brookes University, Oxford, UK, ⁴Invictus Performance Nutrition, Swindon, UK, ⁵Cereneo Foundation, Center for Interdisciplinary Research (CEFIR), Vitznau, Switzerland</p>
W15	D1.P15	Physiology and Nutrition	<p>Prevalence, magnitude and methods of rapid weight loss in junior powerlifters of regional, national and international competitive standard</p> <p>Elena Wilson¹, Dr Mitchell Finlay²</p> <p>¹Manchester Metropolitan University, Manchester, UK, ²University Academy 92, Manchester, UK</p>
W16	D1.P16	Physiology and Nutrition	<p>Non-invasive assessment of integrated cardiorespiratory network dynamics after sea-level training and an altitude training camp in elite university swimmers</p> <p>Faith Yuda¹, Shaun Phillips²</p> <p>¹The University of Edinburgh, Edinburgh, UK, ²Human Environmental Resilience Research Network, University of Edinburgh, UK</p>
W17	D1.P17	Psychology	<p>Motives in Movement: Exercise Motivation and Enjoyment in a Health Club Setting</p> <p>Adam Bailey</p> <p>¹Brunel University, UK</p>
W18	D1.P18	Psychology	<p>The effects of auditory and visual distraction on sprint performance, perceived exertion, and blood lactate responses during prolonged indoor cycling</p> <p>Zoe Bridges¹</p> <p>¹Hartpury, UK</p>
W19	D1.P19	Psychology	<p>Associations between leisure guilt, leisure experiences, social connectedness, and well-being: a comparison of university students in Türkiye and the UK</p> <p>Helin Ciftci¹, Duygu Harmandar Demirel², Andac Akcakese³</p> <p>¹Bournemouth University, UK, Bournemouth, UK, ²Necmettin Erbakan University, Türkiye, Konya, Türkiye, ³Necmettin Erbakan University, Türkiye, Konya, Türkiye</p>

W20	D1.P20	Psychology	Sources of psychological pressure experienced by swimmers: a systematic review Lucy Hepworth¹ , Laura Johnson ¹ , Emma Huntley ¹ , David Marchant ¹ ¹ Edge Hill University, Ormskirk, UK
W21	D1.P21	Psychology	Does playfulness predict high school students' motivation to participate in sports? Doris Holzacker , Dr Miles Cassidy-Rice, Dr Alyx Taylor ¹ Health Sciences University, Bournemouth, UK
W22	D2.P23	Psychology	Psychosocial Resources and Gender Gaps among Spanish Elite Athletes Dr Cristina Lopez De Subijana^{1,4} , Dr Irene Checa ^{2,4} , Dr Maria Martín ^{1,4} , Dr Diana Ruiz ^{1,4} , Dr Miguel Angel Gómez ^{1,4} , Dr Nuria Garatachea ^{3,4} ¹ Universidad Politécnica De Madrid, Madrid, Spain, ² Universitat de Valencia, Valencia, Spain, ³ Universidad de Zaragoza, Huesca, Spain, ⁴ Women's Integrated Sport & Education: Promoting Access, Tearing Hindrances (WISE PATH) Project, Funded: Women's Institute of Spain (27-01-ID25)
W23	D1.P22	Psychology	The emotional implications of a hypertrophic cardiomyopathy diagnosis in a retired athlete: An autoethnographic approach Ian Low¹ , David Lavalley ² , Rhiannon Lord ³ ¹ Abertay University, Dundee, UK, ² Abertay University, Dundee, UK, ³ Abertay University, Dundee, UK
W24	D1.P23	Psychology	The relationship between executive function and burnout across contexts - a systematic review and meta-analysis William Poulter¹ , Dr Lee Usher ¹ , Dr Alex Wilson ¹ , Dr Roisin Perry ¹ , Dr Robert Vaughan ² ¹ University of West London, London, UK, ² Ulster University, Belfast, UK
W25	D1.P24	Psychology	An exploration of mental health in young adult netball: A mixed methods approach Gavin Price¹ , Stephanie Tibbert ¹ ¹ Health Sciences University, Bournemouth, UK
W26	D1.P25	Psychology	Scrum down, speak up: masculinity, mental health, and help-seeking in UAE amateur rugby David Jackson, Stephanie Tibbert ¹ Health Science University, Bournemouth, United Arab Emirates
W27	D1.P26	Psychology	Coach-athlete relationship quality and psychological distress: implications for wellbeing in university netball athletes Wumay Watson¹ ¹ Brunel University of London, Uxbridge, UK
W28	D1.P27	Psychology	Prevalence of clinically significant symptoms of anxiety, depression and disordered eating in elite female athletes: A systematic review and meta-analysis Harry Williams¹ , Eleri Jones ¹ , Ross Roberts ¹ , Tim Woodman ¹ , Nicholas Peirce ² ¹ Bangor University, Bangor, UK, ² England and Wales Cricket Board, UK

W29	D1.P28	Sport and Performance	<p>Does Single-Leg Isometric Squat Strength Relate to 505 Change of Direction Performance in Pathway Netball Athletes? <u>Ben Andrews</u>^{1,3}, Callum Blades^{2,3}, Louis Barnetto¹ ¹University of Wolverhampton, Walsall, UK, ²University of Derby, Derby, UK, ³Birmingham Panthers, Walsall, UK</p>
W30	D1.P29	Sport and Performance	<p>Return-to-sport test outcomes and subsequent ACL re-injury risk in female athletes: a systematic review <u>Mallorie Barteau</u>¹, Dr Jacqueline Mills¹ ¹Soka University of America, Aliso Viejo, CA, USA</p>
W31	D1.P31	Sport and Performance	<p>Para-athletes' negotiations of menstruation, disability, and their athletic identity: A qualitative investigation <u>Emily Divine</u>¹ ¹University of the West of Scotland, Glasgow, UK</p>
W32	D1.P32	Sport and Performance	<p>Do professional footballers meet the recommended guidelines for macronutrient intake and distribution? <u>Ollie Jones</u>¹, Ash Wilmott, Justin Roberts, Jack Manuel, Laurence Bloom ¹Anglia Ruskin University, Cambridge, UK, ²Cambridge United Football Club, Cambridge, UK</p>
W33	D1.P33	Sport and Performance	<p>Optimal Duration for Compression Garment Use to reduce effects of Exercise Induced Muscle Damage (Short vs Long Duration Usage) <u>Richard Lewis</u>^{1,2}, Prof David Low¹ ¹Liverpool John Moores University / Wrexham University, UK, ²Wrexham University, Wrexham, UK</p>
W34	D1.P34	Sport and Performance	<p>Exploring the Effects of High-Intensity Interval Training on Cardiovascular Fitness Among Senior High School Athletes in Ghana Prof Emmanuel Osei Sarpong¹, <u>Sedegah Michael Mawuli</u>¹ ¹University of Education, Winneba, Winneba, Ghana</p>
W35	D1.P35	Sport and Performance	<p>Exploring the Use of Analgesic Medicines within Rugby Union: A Cross-sectional Approach <u>Patrick McClintock</u>¹, Dr Vasileios Georgopoulos, Dr Matthew Attwood ¹University of Nottingham, Nottingham, UK</p>
W36	D1.P36	Sport and Performance	<p>Practical Considerations for Applied Physiological Performance Assessment Using a Concept2 SkiErg Device <u>Steven Morton</u>¹, Laura Forrest¹, Chris Easton², Mykolas Kavaliauskas MCASES¹, Kurt Rumley³, Andrew Sommerville³, Susan Pinner⁴, James Place⁵, Greg Aspin⁵, Carl Soulsby⁵, Tom Macpherson⁵ ¹Sport and Physical Activity Research Institute, School of Health and Life Sciences, University of the West of Scotland, Glasgow, UK, ²Institute of Life and Earth Sciences, Heriot-Watt University, Edinburgh, UK, ³sportscotland institute of sport, Stirling, UK, ⁴Manchester Metropolitan University Institute of Sport, Manchester, UK, ⁵Northumbria University, Newcastle, UK</p>

W37	D1.P37	Sport and Performance	Shaping smarter players: Academy coaches' views on game intelligence in English premier league rugby Dan Orwin ¹ , Prof David Grecic ² , Dr Andrew Morley ³ , Dr Pamela Richards ⁴ ¹ University of Lancashire, Preston, UK, ² University of Lancashire, Preston, UK, ³ University of Lancashire, Preston, UK, ⁴ University of Lancashire, Preston, UK
W38	D1.P38	Sport and Performance	Understanding performance determinants in race walkers through an integrated biomechanics and physiology approach Erika Pontarollo ¹ ¹ Leeds Beckett University, Leeds, UK
W39	D1.P39	Sport and Performance	Athlete perceptions of readiness and fatigue monitoring in professional football: a qualitative exploration George Preston ¹ ¹ NCG College, Kidderminster, UK
W40	D1.P40	Sport and Performance	Defining the pathway: Comparing the physical profiles of WRU School & Colleges and Regional Academy athletes Will Raymond ¹ , Kate Williams ¹ , Peter Ashcroft ¹ , Ned Partridge ² , Rhodri Williams ² , Brendan Cropley FCASES ^{1,3} ¹ University of South Wales, Pontypridd, UK, ² Welsh Rugby Union, Wales, ³ FAW Centre for Football Research, Wales
W41	D1.P41	Sport and Performance	Is the mean concentric velocity at 1-RM related to the velocity of the final repetition of a set to failure at 80% 1-RM? Ben Spencer ¹ , Dr Lee Bell ¹ ¹ Sheffield Hallam University, Sheffield, UK
W42	D1.P42	Sport and Performance	Effects of a 10-week dry-land strength and conditioning programme on the start and turn performance of competitive youth swimmers Evelyn Wright ¹ , Garry Tew FCASES ¹ , Jamie Salter MCASES ¹ , Dale Forsdyke ¹ ¹ York St John University, UK

TH1	D2.P1	Biomechanics and Motor Behaviour	Field-Based Reliability of Wearable IMU Running Gait Metrics During Repeated 5-km Parkruns in Recreational Runners Gary Hall ¹ , Dr Gill Barry ¹ , Dr Phil Hayes ¹ ¹ Northumbria University, Newcastle upon Tyne, UK
TH2	D2.P2	Biomechanics and Motor Behaviour	Relationships between rapid force and peak force across different isometric plantar flexor assessments Vincent Maynard ¹ , Nicole Newburn, James Williams, Nicholas Ripley ¹ University of Salford, Salford, UK
TH3	D2.P3	Biomechanics and Motor Behaviour	Squat Stance, Grip Width, and Heel Height Effects on Patellofemoral Joint Loading During the Overhead Squat Jake Evans ¹ , James Bodden ² , Tom Ryan ³ , Dr Michael Lawson ⁴ , Dr Robert A. Needham ¹ ¹ University of Staffordshire, UK, ² Ramsay Health Care, UK, ³ Vancouver Whitecaps Football Club, Canada, ⁴ Middlesbrough Football Club, UK

TH4	D2.P4	Physical Activity for Health	Small Steps, Big Gains: Active Play's Influence on Fitness and Daily Movement Patterns <u>Ruhina Binta A Ghani</u> ¹ ¹ Hong Kong Baptist University, Hong Kong
TH5	D2.P5	Physical Activity for Health	Project U: evaluating free gym memberships for physical and mental health <u>Dr Chelsea Batty</u> ¹ , Richard Lewis ¹ ¹ Wrexham University, Wrexham, UK
TH6	D2.P7	Physical Activity for Health	Predicting Balance and Fall Risk from Respiratory Function Using Interpretable Machine Learning <u>Prof Francesco Vincenzo Ferraro</u> ¹ ¹ Italian University Line, Florence, Italy
TH7	D2.P8	Physical Activity for Health	Block start as determinants of motor function in elderly population: applications and implications in master swimmers <u>Letizia Leggiero</u> ¹ , Dr Sabrina Demarie ¹ , Dr Francesco V Ferraro ² ¹ University of Rome Foro Italico, Rome, Italy, ² Italian University Line, Florence, Florence, Italy
TH8	D2.P9	Physical Activity for Health	Physical activity interventions for women from ethnic minority backgrounds: A systematic review of cultural adaptations to identified barriers and enablers <u>Prof Kiara Lewis FCASES</u> ¹ , Dr Anwesa Chatterjee ¹ , Prof Judith Dyson ¹ , Dr Janelle Kolas ¹ , Dr Sereena Raju ¹ ¹ Birmingham City University, Birmingham, UK
TH9	D2.P10	Physical Activity for Health	Developing a Professional Network for Women in Physical Activity, Exercise and Sport across the island of Ireland: míde connect <u>Dr S Maria O'Kane</u> ¹ , Dr Elizabeth Deery ¹ , Dr Angela Carlin ¹ , Dr Denise Martin ² , Dr Maria Faulkner ³ ¹ Ulster University, Derry, Northern Ireland, ² Atlantic Technological University, Galway, Ireland, ³ Atlantic Technological University, Letterkenny, Ireland
TH10	D2.P11	Physical Activity for Health	Barriers to volunteering as a sighted guide runner <u>Dr Clare Strongman</u> ¹ , Prof Shahina Pardhan ¹ ¹ Vision and Eye Research Institute, Anglia Ruskin University, Cambridge, UK

TH11	D2.P12	Physical Activity for Health	<p>Associations of sedentary behaviour bouts with community-dwelling older adults' physical function</p> <p>Dr Jason Wilson¹, Dr Ilona McMullan², Dr Nicole Blackburn³, Dr Mathias Skjødt⁴, Prof Paolo Caserotti⁴, Dr Maria Giné-Garriga^{5,6}, Dr Ana Farche⁵, Prof Jochen Klenk⁷, Prof Dhayana Dallmeier^{8,9}, Dr Manuela Deidda¹⁰, Dr Marta Roqué i Figuls¹¹, Prof Mark Tully¹²</p> <p>¹School of Sport and Exercise Science, Ulster University, Derry / Londonderry, UK, ²School of Health Sciences, Ulster University, Belfast, UK, ³School of Health Sciences, Ulster University, Derry / Londonderry, UK, ⁴Department of Sports Science and Clinical Biomechanics, Center for Active and Healthy Ageing (CAHA), University of Southern Denmark, Odense, Denmark, ⁵Department of Sport Sciences, Faculty of Psychology, Education and Sport Sciences, Blanquerna, Universitat Ramon Llull, Barcelona, Spain, ⁶Department of Physical Therapy, Faculty of Health Sciences, Blanquerna, Universitat Ramon Llull, Spain, ⁷Institute of Epidemiology and Medical Biometry, Ulm University, Ulm, Germany, ⁸Agaplesion Bethesda Clinic, Geriatric Research Unit Ulm University and Geriatric Center Ulm Alb-Donau, Ulm, Germany, ⁹Department of Epidemiology, Boston University School of Public Health, Boston, USA, ¹⁰Health Economics and Health Technology Assessment (HEHTA), Institute of Health and Wellbeing (IHW), University of Glasgow, Glasgow, UK, ¹¹Iberoamerican Cochrane Centre - Institute of Biomedical Research Sant Pau (IIB-Sant Pau), Barcelona, Spain, ¹²School of Medicine, Ulster University, Derry / Londonderry, UK</p>
TH12	D2.P13	Physiology and Nutrition	<p>The Colour of Taste: Investigating Flavour Perception and Preference in Children Aged 9-11</p> <p>Dr Neil Clarke FCASES¹, Dr Cain Clark¹, Prof Micheal Duncan FCASES²</p> <p>¹Birmingham City University, Birmingham, UK, ²Coventry University, Coventry, UK</p>
TH13	D2.P14	Physiology and Nutrition	<p>Effect of increasing between-point rest length on thermoregulation during tennis-specific treadmill exercise in hot humid conditions</p> <p>Dr Matthew Debney¹, Dr Alan Ruddock FCASES¹, Dr Ciara O'Hagan², Dr Alison Purvis¹</p> <p>¹Sheffield Hallam University, Sheffield, UK, ²Institute of Technology, Carlow, Ireland</p>
TH14	D2.P15	Physiology and Nutrition	<p>Acute effects of different exercise modalities on early post-exercise cardiopulmonary recovery in chronic heart failure</p> <p>Panagiotis Ferentinos^{1,2,3}, Vasileios Spyropoulos², Alexandros Briasoulis², Costas Tsakirides³, Serafeim Nanas², Ourania Papazachou², Eleftherios Karatzanos²</p> <p>¹Metropolitan College, Athens, Greece, ²National and Kapodistrian University, Athens, Greece, ³Leeds Beckett University, Leeds, UK</p>
TH15	D2.P16	Physiology and Nutrition	<p>Prevalence of disordered eating and associated factors among university students in Islamabad, Pakistan</p> <p>Dr Sehar Iqbal¹</p> <p>¹Al Ain University, Abu Dhabi, United Arab Emirates</p>
TH16	D2.P17	Physiology and Nutrition	<p>Physiological demands and peak running speed during a maximal treadmill test compared to the multistage fitness test</p> <p>Clare Marsh¹, Joseph Neild¹</p> <p>¹University of Salford, Salford, UK</p>

TH17	D2.P18	Physiology and Nutrition	Dietary intake and performance in a mountain marathon: evidence from the Olympus mountain marathon <u>Christina Mastrochristou</u> ¹ , Eleftherios Karatzanos ¹ , Eirini Manthou ¹ , Panagiotis Ferentinos ^{1,2} ¹ Metropolitan College, Maroussi, Athens, Greece, ² Leeds Beckett University, Leeds, UK
TH18	D2.P19	Physiology and Nutrition	Effects of tart cherry juice on physically active individuals following a single resistance training session: A pilot study <u>Despoina Migkaki</u> ¹ , Eleftherios Karatzanos ¹ , Eirini Manthou ¹ , Panagiotis Ferentinos ^{1,2} ¹ Metropolitan College, Athens, Greece, ² Leeds Beckett University, Leeds, UK
TH19	D2.P20	Physiology and Nutrition	Test-retest reliability of the portable BrainFit (fNIRS) device during and after cycling by active participants in thermoneutral and hot environments <u>Prof Tony Turner</u> ¹ , Cat Vengeance, Ciaran McSherry, Josh Matthews, Dr Shaun Phillips ¹ University of Edinburgh, Edinburgh, UK
TH20	D2.P21	Psychology	Examination of reactive stress tolerance in volleyball and handball using the Vienna Test System DT (Determination Test) <u>Dr Karim Boukallouch</u> ¹ ¹ Institute of Sport Science (ISSF), Sidi Mohamed Ben Abdellah University, Fez, Morocco
TH21	D2.P22	Psychology	Examining the effects of goal types on physical fitness task performance and psychological outcomes in children aged 4-11years <u>Dr Rebecca Hawkins</u> ¹ , Dr Melissa Bargh ¹ , Dr Robin Watson ¹ , Dr Daniel Martin ¹ ¹ University of Lincoln, UK
TH22	D2.P24	Psychology	Beyond the whistle: Exploring the barriers and opportunities for female referees in football <u>Yasmin Williams</u> ¹ , Dr Stephanie Tibbert ¹ ¹ Health Sciences University, Bournemouth, UK
TH23	D2.P25	Sport and Performance	Exploring the challenges of female volunteer coaches and their use of coping strategies <u>Beverley Analuwa</u> ¹ ¹ Health Sciences University, Bournemouth, UK
TH24	D2.P26	Sport and Performance	Completion of a strength training-based planned overreach: perceptions and experiences from the perspective of the highly-trained individual <u>Dr Lee Bell</u> ¹ , Jordan Boriel ¹ , Dr David Rogerson ¹ ¹ Sheffield Hallam University, Sheffield, UK
TH25	D2.P27	Sport and Performance	Understanding the Technical Landscape in Sport, Health and Exercise Sciences <u>Amelia Dingley MCASES</u> ¹ , Dr David Green, Ryan Stewart, Dr John Fernandes ¹ Brunel University of London, Uxbridge, UK, ² UK Sports Institute, UK, ³ UCD Institute for Sport & Health, Dublin, Ireland, ⁴ Cardiff Metropolitan University, Cardiff, UK

TH26	D2.P28	Sport and Performance	<p>Using vignette to analyse perceptions and interpretation of language and terminology in tennis game styles, movement and physical characteristic</p> <p>Jonny Fraser¹, Dr Alan Ruddock FCASES¹, Dr Ben Strafford¹, Dr David Rogerson¹</p> <p>¹Sheffield Hallam University, UK</p>
TH27	D2.P29	Sport and Performance	<p>Sport injury-related growth in Indian Athletes: exploring psychological recovery and growth outcomes post-injury</p> <p>Dia Khatri^{1,2}, Angela Ann Joseph²</p> <p>¹The Performance Doctor, India, ²O. P. Jindal Global University, India</p>
TH28	D2.P30	Sport and Performance	<p>Major League Soccer homegrown goalkeepers' perspectives on their developmental experiences whilst navigating multiple within-career transitions: a mixed-methods approach</p> <p>Dr Patrick Mannix^{1,2}, Martin Littlewood², Kevin Enright², Simon Roberts²</p> <p>¹U.S. Soccer Federation, Atlanta, United States, ²Liverpool John Moores University, Liverpool, UK</p>
TH29	D2.P31	Sport and Performance	<p>The Effect of Maturity Status on Physical Match Performance in Elite Youth Academy Players</p> <p>Kai McAlister¹</p> <p>¹Everton Fc, Liverpool, UK</p>
TH30	D2.P32	Sport and Performance	<p>An exploratory study of palm cooling to reduce fatigue in clinical populations</p> <p>Darren Murphy¹, Dr Katy Pedlow¹, Prof Brenda O'Neill¹, Rory Bradley¹</p> <p>¹Ulster University, Belfast, Northern Ireland</p>
TH31	D2.P33	Sport and Performance	<p>Exploring the Knowledge and Perception of Players and Coaches in Football of Hamstring Strength as a Risk Factor for Injury</p> <p>Craig Simpson¹, Yasmin Ajanah¹, Jack Thoroughgood¹</p> <p>¹University of Nottingham, Nottingham, UK</p>
TH32	D2.P34	Sport and Performance	<p>Examining throw-in strategy in the English Women's Super league during the 2024/2025 Season</p> <p>Dr Joseph Stone¹, Megan Scott¹, Dr Ben Strafford¹, Prof Alliance Kubayi²</p> <p>¹Sheffield Hallam University, Sheffield, UK, ²Tshwane University of Technology, South Africa</p>
TH33	D2.P35	Sport and Performance	<p>Transitional Spill Risk (TSR) and Gain (TGS): A Cost-Gain Framework for Quantifying Decision Instability and Cognitive Entropy in Elite Football</p> <p>Dr Pejman Taghibeikzadehbdar^{1,2,3}, Prof Phil Scarf^{4,5}</p> <p>¹University of Tehran, Tehran, Iran, ²Mes Rafsanjan Football Club, RAFSANJAN, IRAN, ³Iran National Deaf Football Team, TEHRAN, IRAN, ⁴Cardiff University, Cardiff, UK, ⁵Imam Mohammad Ibn Saud Islamic University, Saudi Arabia, Riyadh, Saudi Arabia</p>

TH34	D2.P36	Pedagogy	Developing Pedagogical Confidence to Support Pupils with Attention-Deficit/Hyperactivity Disorder (ADHD) in Primary Physical Education (PE) Michelle Bird ¹ , Alyx Taylor ¹ , Stephanie Tibbert ¹ Health Sciences University, Bournemouth, UK
TH35	D2.P37	Pedagogy	Evaluating the effectiveness of an education intervention to improve menstrual health literacy of Football Coaches Dr Julia Donnelly ¹ , Dr Eilidh Macrae, Dr Stephanie Valentin, Prof Chris Easton, Dr Andy White, Dr Laura Forrest (nee Whyte) ¹ Athlete Focused, UK
TH36	D2.P39	Pedagogy	Attendance and Engagement as Predictors of Academic Performance in an Undergraduate Sport and Exercise Science Course Dr Stephen Leckey , Michael Duncan ¹ , Ole Kemi ¹ , Victoria Penpraze ¹ ¹ The University of Glasgow, Glasgow, UK
TH37	D2.P40	Pedagogy	What is CASES? Reflecting on the co-creation of a 3D animated sport and exercise science outreach resource Dr Emma Mosley ¹ , Dr James Wright ² , Dr John Dickinson FCASES ³ , Dr Reza Yousefzadeh ¹ ¹ Bournemouth University, Bournemouth, UK, ² Southampton Solent University, Southampton, UK, ³ University of Kent, Canterbury, UK