



UKSBM Annual Scientific Meeting 2026 - Poster list

Alphabetical by first presenting author surname. We request that posters are displayed for both days.

Board Number	Poster	Theme
1	Parents' experiences with a digital intervention for early introduction of food allergens: a think-aloud interview study Amelia Dennis ¹ , Sam Hornsey ¹ , Sebastien Pollet ¹ , Stephanie Easton ¹ , Karen Wright ¹ , Miriam Santer ¹ , Graham Roberts ¹ , Ingrid Muller ¹ , Susan Dixon ¹ , Anna Rattu ¹ , Goldie Putrym ¹ , Ben Ainsworth ¹ ¹ University of Southampton, Southampton, UK	Behaviour change interventions (digital and non digital)
2	Exploring patient experiences of a digital treatment re-alignment algorithm for COPD: a qualitative process evaluation Amelia Dennis ¹ , Sinead Helyar ¹ , Alison Blythin ² , Beth Cliffe ¹ , Brian Pickering ¹ , Wendy O'Brien ¹ , Dr Simon Bourne ² , Dr Andrew Cook ¹ , Prof Gareth Griffiths ¹ , Jacqueline Nuttall ¹ , Prof Michael Boniface ¹ , Prof Tom Wilkinson ¹ , Dr Ben Ainsworth ¹ ¹ University of Southampton, ² My mhealth Ltd	Medicines Optimisation
3	Preconception Intervention Models and Behaviour Change Techniques to Reduce Harm From Alcohol Exposed Pregnancies: Systematic Review of Trials Dr Oluwakemi Akagwu ¹ , Dr Rohan Shah ^{2,3,4} , Charis Chi Yun Ng ⁵ , Prof Jo Armes ¹ , Prof Lesley Smith ⁶ , Dr Afrodita Marcu ¹ , Dr Anand Ahankari ⁷ ¹ School of Health Sciences, Faculty of Health and Medical Sciences, University of Surrey, Guildford, England, UK., ² Harvard T.H. Chan School of Public Health - India Research Centre, Mumbai, India, ³ Department of Social and Behavioral Sciences, Harvard T.H. Chan School of Public Health, Boston, USA, ⁴ Department of Paediatrics, Dr. D. Y. Patil Medical College, Hospital and Research Centre, Dr. D.Y. Patil Vidyapeeth, Pimpri, India, ⁵ School of Psychology, Faculty of Health and Medical Sciences, University of Surrey, Guildford, England, UK., ⁶ Department of Nursing and Midwifery, Faculty of Health Sciences, University of Hull, Hull, England, UK., ⁷ School of Nursing and Public Health, Faculty of Health, Psychology and Social Care, Manchester Metropolitan University, Manchester, England, UK	Alcohol, tobacco and other substances
4	Gamification to Enhance Engagement in Smoking Cessation Digital Interventions: A Narrative Review and Octalysis-Based Analysis Farhan Alanazi ^{1,2} , Roaa Aljuraid ² , Saleh Alzugaibi ³ , Stathis Th. Konstantinidis ² , Holly Blake ^{1,4} ¹ School of Health Sciences, University of Nottingham, Nottingham, UK, ² Health Informatics Department, College of Health Sciences, Saudi Electronic University, Jeddah, Saudi Arabia, ³ Health Informatics Department, College of Health Sciences, Saudi Electronic University, Saudi Arabia, ⁴ NIHR Nottingham Biomedical Research Centre, Nottingham, UK	Alcohol, tobacco and other substances
5	Smoking behaviours of adults with learning disabilities: A Scoping Review Dr Ayse Aslan ¹ , Verity Harrison ¹ , Dr Sarah Jackson ² , Dr Lee Mulligan ¹ , Prof David French ¹ , Anya Webber ³ , Dr Dipti Patil ⁴ , Jenny Jones ⁴ , Prof Sara Ryan ⁵ , Aahana Singh ¹ , Dr Yvonne Ofori ⁴ , Dr Lorna McWilliams ¹ ¹ University of Manchester, Manchester, UK, ² University College London, London, UK, ³ The Christie NHS Foundation Trust, Manchester, UK, ⁴ Pennine Care NHS Foundation Trust, Manchester, UK, ⁵ Manchester Metropolitan University, Manchester, UK	Alcohol, tobacco and other substances

6	<p>Price over Proof: Developing a cross-commodity purchase task to understand the potential for substitution from alcohol to alcohol-free and low-alcohol alternatives amongst higher risk drinkers in the UK <u>Lucy Burke</u>¹ ¹Lucy Burke, Sheffield, UK</p>	Alcohol, tobacco and other substances
7	<p>Chronic pain and its relationship with work participation Prof Holly Blake^{1,2,3}, <u>Dr Wendy Chaplin</u>^{1,2,3}, Victoria Abbott-Fleming⁴, Prof Paul McNamee⁵, Prof Gordon Taylor⁶, Dr Daniel McWilliams^{2,3,7}, Dr Elaine Wainwright⁸, Prof David Walsh^{2,3,7}, Prof Karen Walker-Bone⁹ ¹School of Health Sciences, University of Nottingham, Nottingham, UK, ²Arthritis UK Pain Centre, University of Nottingham, Nottingham, UK, ³NIHR Nottingham Biomedical Research Centre, Nottingham, UK, ⁴The Patient Voices Committee, British Pain Society, London, UK, ⁵Health Economics Research Unit, Institute of Applied Health Sciences, University of Aberdeen, Aberdeen, UK, ⁶College of Medicine and Health, University of Exeter, Exeter, UK, ⁷School of Medicine, University of Nottingham, Nottingham, UK, ⁸Aberdeen Centre for Arthritis and Musculoskeletal Health (Epidemiology Group), School of Medicine, Medical Sciences and Nutrition, University of Aberdeen, Aberdeen, UK, ⁹School of Public Health and Preventive Medicine, Monash University, Melbourne VIC 3004, Australia</p>	Psychological wellbeing
8	<p>“Shining a light on chronic pain”: a qualitative study of stakeholder views towards chronic pain at work and the Pain-at-Work Toolkit Dr Angela Thornton^{1,3}, Dr Elaine Wainwright², <u>Dr Wendy Chaplin</u>^{1,3}, Victoria Abbott-Fleming⁴, Dr Daniel McWilliams^{3,7}, Prof David Walsh^{3,7}, Prof Gordon Taylor⁵, Prof Paul McNamee⁶, Prof Karen Walker-Bone⁸, Prof Holly Blake^{1,3} ¹School of Health Sciences, University of Nottingham, Nottingham, UK, ²Aberdeen Centre for Arthritis and Musculoskeletal Health (Epidemiology Group), School of Medicine, Medical Sciences and Nutrition, Aberdeen, UK, ³NIHR Nottingham Biomedical Research Centre, Nottingham, UK, ⁴The Expert Patient and Carers Committee, British Pain Society, London, UK, ⁵College of Medicine and Health, University of Exeter, Exeter, UK, ⁶Health Economics Research Unit, Institute of Applied Health Sciences, University of Aberdeen, Aberdeen, UK, ⁷Injury, Recovery and Inflammation Sciences, School of Medicine, University of Nottingham, Nottingham, UK, ⁸Monash Centre for Occupational and Environmental Health, School of Public Health and Preventive Medicine, Monash University, Melbourne VIC 3004, Australia</p>	Stakeholder involvement
9	<p>Contextual Influences on Alcohol Use: A Participatory Systems Mapping Study <u>Dr Amber Copeland</u>¹, Prof Robin Purshouse¹, Prof John Holmes¹ ¹University of Sheffield, Sheffield, UK</p>	Alcohol, tobacco and other substances
10	<p>Exploring endometriosis, physical activity and lifestyle impact: A COM-B grounded qualitative study <u>Kate Day</u>¹, Ellie Gadson Baybutt¹, Savannah Sturridge¹ ¹University of Kent, Canterbury, UK</p>	Women's health
11	<p>Physical activity promotion and participation for people living with and beyond head and neck cancer: A mixed methods study <u>Dr Hannah Doughty</u>¹, Prof Kerry Woolfall², Dr Ruaraidh Hill², Prof Adrian Midgley³, Prof Joanne Patterson⁴, Prof Lynne Boddy¹, Prof Simon Rogers⁵, Prof Nefyn Williams² ¹LJMU, ²University of Liverpool, ³Edge Hill University, ⁴Liverpool Head and Neck Centre; University of Liverpool, ⁵Head and Neck Centre; Wirral University Teaching Hospital</p>	Cancer
12	<p>Efficacy of interventions to support prevention or early diagnosis of cancer after cancer assessment in lower risk groups: a systematic review <u>Dr Ruth Evans</u>¹, Dr Samantha Quaife¹, Prof Rebecca Beeken², Dr Sibel Saya³, Clara Zettelmeyer¹, Sanjula Arora¹, Prof Suzanne Scott¹ ¹Centre for Cancer Screening, Prevention, and Early Diagnosis, Wolfson Institute of Population Health, Queen Mary University of London, London, UK, ²Division of Primary Care, Palliative Care and Preventive Medicine, Leeds Institute of Health Sciences, University of Leeds, Leeds, UK, ³Department of General Practice and Primary Care, and Collaborative Centre for Cancer Genomic Medicine, University of Melbourne, Melbourne, Australia</p>	Cancer

13	Development of a Copilot Agent for behavioural analysis and intervention design in the pharmaceutical industry Dr Clare Moloney ¹ , Ben Gallarda ¹ , Lorelei Boston ^{1,2} ¹ IQVIA, Reading, UK, ² University of Stirling, Stirling, Scotland	Behaviour change interventions (digital and non digital)
14	A behaviourally informed systematic review of pharmaceutical company led patient support for individuals with cancer Lorelei Boston ^{1,2} , Felicity Griggs ² , Dr Jessica Walburn ¹ , Dr Lesley McGregor ² , Dr Clare Moloney ¹ ¹ IQVIA, Reading, UK, ² University of Stirling, Stirling, Scotland	Cancer
15	Improving Prostate Cancer Screening: Qualitative Insights to Design Fair Recruitment Strategies Dr Kate Fryer ² , Dr Elisavet Moschopoulou ¹ , Dr Emma Lidington ¹ , Prof Jo Waller ¹ , Dr Sarah Musa ² , Dr Courtenay-Elle Crichton-Turley ² , Rhonda Allen ² , Donald McClean ³ , David Jenkins ⁴ , Abigail Carter ¹ , Prof James Catto ⁵ , Prof Caroline Mitchell ⁶ ¹ Centre for Cancer Screening, Prevention & Early Detection, Wolfson Institute of Population Health, Queen Mary University of London, London, UK, ² School of Medicine and Population Health, University of Sheffield, Sheffield, UK, ³ SACMHA Health and Social Care, Sheffield, UK, ⁴ Woodhouse and District Community Forum, Sheffield, UK, ⁵ Department of Oncology and Metabolism, University of Sheffield, Sheffield, UK, ⁶ School of Medicine, Keele University, Keele, UK	Cancer
16	Mapping illness beliefs research in oral health: a mixed-methods scoping review Dr Rachael Pattinson ¹ , Yahvi Marwaha, Shivani Senthilkumar ¹ Cardiff University, Cardiff, Wales, UK	Miscellaneous
17	Barriers and facilitators associated with delivery to, and engagement with, a digital intervention for the self-management of Chronic Obstructive Pulmonary Disease (COPD): A real-world qualitative study across two clinical settings Martin Ruddock ¹ , Prof Lucy Yardley ² , Prof Tom Wilkinson ¹ , Dr Ben Ainsworth ¹ ¹ University of Southampton, Southampton, England, ² University of Bristol, Bristol, England	Behaviour change interventions (digital and non digital)
18	Cognitive Pathways from Social Structure to Youth Health Risk Behaviour Change: A Longitudinal Study in Indonesia Gisely Vionalita ¹ ¹ University of Sheffield, Sheffield, ² Department of Public Health, Universitas Esa Unggul, Jakarta, Indonesia	Inequalities
19	Awareness, discussions around and use of prostate specific antigen (PSA) testing among men living in the UK (UK): a national online survey Dr Stefanie Bonfield ¹ , Dr Harriet Quinn-Scoggins ¹ , Prof Jo Waller ¹ , Dr Laura Marlow ¹ ¹ Queen Mary University of London, London, UK	Cancer