



ANNUAL CONFERENCE

Manchester Metropolitan University

3 – 4 June 2026

Poster List

D1.PX posters will be displayed on Wednesday 3 June 2026, D2.PX posters will be displayed on Thursday 4 June 2026

Posters are listed by Presentation Day, Theme then Presenting Author Surname

Please note, all content including speaker, presenting day and board number are subject to change

Poster Board	Theme	Poster
D1.P1	Biomechanics and Motor Behaviour	The effect of football heading on lower-limb biomechanics during sidestep cutting Grace Ademolu ¹ , Dr Liis Uiga, Dr Greg Wood, Dr Kathleen Daniels ¹ Manchester Metropolitan University, Manchester, UK
D1.P2	Biomechanics and Motor Behaviour	Perceptual–motor influences on complex locomotor control: The roles of conscious control and environmental context Luke Hill ¹ , Rick Mills ¹ , Rich Masters ² , Nicola Middlebrook ¹ , Neil Reeves ³ , Liis Uiga ¹ ¹ Manchester Metropolitan University, UK, ² The University of Waikato, New Zealand, ³ Lancaster University, UK
D1.P3	Biomechanics and Motor Behaviour	How Is Stability During Turning Linked to Muscle Coactivations in the Lower Limbs in Younger Compared to Older Adults? Amelie Hulyer ¹ , Phaedra Leveridge ¹ , Dr Garry Massey ¹ , Hatem Lazem ¹ , Prof Sarah E Lamb ¹ , Prof Helen Dawes ¹ , Dr Maedeh Mansoubi ¹ ¹ University of Exeter, Exeter, UK
D1.P4	Biomechanics and Motor Behaviour	Machine Learning Classification of Kellgren–Lawrence Knee Osteoarthritis Using Only Radiographic Images: New Perspectives and Challenges for Sports Therapists Mobina Manafi ¹ , Prof Francesco Vincenzo Ferraro ² ¹ University of Derby, Derby, UK, ² Italian University Line, Florence, Italy

D1.P5	Physical Activity for Health	The effects of resistance training on brain-related biomarkers, neurocognitive function, and physical capacity in older adults Christine Caine ¹ , Dr Mark Antrobus ² , Dr Camilla Holland ¹ , Madison Klymyszyn ¹ , Dr Maria Dimitriadi ¹ , Dr Helen Foster ¹ , Dr Jon Brazier ¹ ¹ University of Hertfordshire, Hatfield, UK, ² Open University, Milton Keynes, UK
D1.P6	Physical Activity for Health	School-Based Homework Interventions for Improving 24-hour Movement Behaviours in Primary School Children: A Systematic Review and Meta-Analysis April Forrest ¹ , Dr Duncan.S Buchan ¹ , Prof Nicholas Sculthorpe ¹ , Dr Lawrence Hayes ² , Dr Samantha Robinson ¹ ¹ University of the West of Scotland, Blantyre, UK, ² Lancaster University, Lancaster, UK
D1.P7	Physical Activity for Health	“Skating is living”: lifestyle sport in midlife – a Thematic Narrative Analysis of skateboarders’ experiences in the UK Jingfeng Li , Simon Cook, Kiara Lewis FCASES ¹ Birmingham City University, Birmingham, UK
D1.P8	Physical Activity for Health	A comparative assessment of the initial and revised 12-week University of Chichester's Health, Awareness and Maintenance Programme (UCHAMP) for managing and improving cardiopulmonary conditions Kaia Pilbeam ¹ , Dr Kasha Dickie ¹ ¹ University of Chichester, Chichester, UK
D1.P9	Physical Activity for Health	Exploring physical activity behaviour in black women living with human immunodeficiency virus in the UK Temitope Sobo ¹ , Dorothy Hannis ² , Daniel Jones ³ ¹ Teesside University, UK, ² Teesside University, UK, ³ Teesside University, UK
D1.P10	Physical Activity for Health	Exploring psychological effects of menopause on female runners: practical implications Helen Morton ¹ , Dr Alyx Taylor , Stephanie Tibbert ¹ Health Sciences University, UK
D1.P11	Physical Activity for Health	Nature-based early childhood education: Parent and practitioner perspectives on practice, space, and outdoor learning Nicola Taylor ¹ , Prof Andy Pringle ¹ , Dr Clare Roscoe ¹ ¹ University of Derby, Derby, UK
D1.P12	Physical Activity for Health	Can biofeedback support performance of the sit-to-stand test? Kanruethai Threesittidath ¹ , Dr Kyra De Connick ¹ , Dr Claire M Boucher ¹ , Prof Alexis R Mauger ¹ ¹ University of Kent, Canterbury, UK
D1.P13	Physiology and Nutrition	Acute Heating-Induced Flow-Mediated Dilatation: Exploring Sustained Shear Stress Responses in the Brachial and Femoral Arteries of Healthy Adults William Carey ¹ , Dr Madeleine France-Ratcliffe ¹ , Dr Ben Price ¹ , Dr Tom Cullen ² , Dr Amy Harwood ¹ ¹ Manchester Metropolitan University, Manchester, UK, ² University of Coventry, Coventry, UK

D1.P14	Physiology and Nutrition	<p>The Influence of Nutritional Risk Factors to Musculoskeletal Risk Factors in Female Contact Sport Athletes Felicity Lucas^{1,2,3}, Dr Vasiliki Iatridi^{1,2}, Dr Rianne Costello⁴, Dr Catherine Anna-Marie Graham⁵, Dr Anne Delextrat¹ ¹School of Sport, Nutrition and Allied Health Professionals, Oxford Brookes University, Oxford, UK, ²Oxford Brookes Centre for Nutrition and Health, Oxford Brookes University, Oxford, UK, ³Centre for Movement, Occupational and Rehabilitation Sciences (MORes), OxINMAHR, Oxford Brookes University, Oxford, UK, ⁴Invictus Performance Nutrition, Swindon, UK, ⁵Cereneo Foundation, Center for Interdisciplinary Research (CEFIR), Vitznau, Switzerland</p>
D1.P15	Physiology and Nutrition	<p>Prevalence, magnitude and methods of rapid weight loss in junior powerlifters of regional, national and international competitive standard Elena Wilson¹, Dr Mitchell Finlay² ¹Manchester Metropolitan University, Manchester, UK, ²University Academy 92, Manchester, UK</p>
D1.P16	Physiology and Nutrition	<p>Non-invasive assessment of integrated cardiorespiratory network dynamics after sea-level training and an altitude training camp in elite university swimmers Faith Yuda¹, Shaun Phillips² ¹The University of Edinburgh, Edinburgh, UK, ²Human Environmental Resilience Research Network, University of Edinburgh, UK</p>
D1.P17	Psychology	<p>Motives in Movement: Exercise Motivation and Enjoyment in a Health Club Setting Adam Bailey ¹Brunel University, UK</p>
D1.P18	Psychology	<p>The effects of auditory and visual distraction on sprint performance, perceived exertion, and blood lactate responses during prolonged indoor cycling Zoe Bridges¹ ¹Hartpury, UK</p>
D1.P19	Psychology	<p>Associations between leisure guilt, leisure experiences, social connectedness, and well-being: a comparison of university students in Türkiye and the UK Helin Ciftci¹, Duygu Harmandar Demirel², Andac Akcakese³ ¹Bournemouth University, UK, Bournemouth, UK, ²Necmettin Erbakan University, Türkiye, Konya, Türkiye, ³Necmettin Erbakan University, Türkiye, Konya, Türkiye</p>
D1.P20	Psychology	<p>Sources of psychological pressure experienced by swimmers: a systematic review Lucy Hepworth¹, Laura Johnson¹, Emma Huntley¹, David Marchant¹ ¹Edge Hill University, Ormskirk, UK</p>
D1.P21	Psychology	<p>Does playfulness predict high school students' motivation to participate in sports? Doris Holz hacker, Dr Miles Cassidy-Rice, Dr Alyx Taylor ¹Health Sciences University, Bournemouth, UK</p>

D1.P22	Psychology	The emotional implications of a hypertrophic cardiomyopathy diagnosis in a retired athlete: An autoethnographic approach <u>Ian Low</u> ¹ , David Lavallee ² , Rhiannon Lord ³ ¹ Abertay University, Dundee, UK, ² Abertay University, Dundee, UK, ³ Abertay University, Dundee, UK
D1.P23	Psychology	The relationship between executive function and burnout across contexts – a systematic review and meta-analysis <u>William Poulter</u> ¹ , Dr Lee Usher ¹ , Dr Alex Wilson ¹ , Dr Roisin Perry ¹ , Dr Robert Vaughan ² ¹ University of West London, London, UK, ² Ulster University, Belfast, UK
D1.P24	Psychology	An exploration of mental health in young adult netball: A mixed methods approach <u>Gavin Price</u> ¹ , Stephanie Tibbert ¹ ¹ Health Sciences University, Bournemouth, UK
D1.P25	Psychology	Scrum down, speak up: masculinity, mental health, and help-seeking in UAE amateur rugby David Jackson, <u>Stephanie Tibbert</u> ¹ Health Science University, Bournemouth, United Arab Emirates
D1.P26	Psychology	Coach-athlete relationship quality and psychological distress: implications for wellbeing in university netball athletes <u>Wumay Watson</u> ¹ ¹ Brunel University of London, Uxbridge, UK
D1.P27	Psychology	Prevalence of clinically significant symptoms of anxiety, depression and disordered eating in elite female athletes: A systematic review and meta-analysis <u>Harry Williams</u> ¹ , Eleri Jones ¹ , Ross Roberts ¹ , Tim Woodman ¹ , Nicholas Peirce ² ¹ Bangor University, Bangor, UK, ² England and Wales Cricket Board, UK
D1.P28	Sport and Performance	Does Single-Leg Isometric Squat Strength Relate to 505 Change of Direction Performance in Pathway Netball Athletes? <u>Ben Andrews</u> ^{1,3} , Callum Blades ^{2,3} , Louis Barnetto ¹ ¹ University of Wolverhampton, Walsall, UK, ² University of Derby, Derby, UK, ³ Birmingham Panthers, Walsall, UK
D1.P29	Sport and Performance	Return-to-sport test outcomes and subsequent ACL re-injury risk in female athletes: a systematic review <u>Mallorie Barteau</u> ¹ , Dr Jacqueline Mills ¹ ¹ Soka University of America, Aliso Viejo, CA, USA
D1.P30	Sport and Performance	Seasonal Changes in the Performance Characteristics of Women's Super League Football Players <u>Claudia Danes-Daetz</u> ¹ , Dr John G. Morris ² , Dr Caroline D. Sunderland FCASES ² , Dr Keith Tolfrey FCASES ¹ , Dr Laura A. Barrett ¹ ¹ School of Sport, Exercise and Health Sciences, Loughborough University, Loughborough, UK, Loughborough, UK, ² SHAPE Research Centre, School of Science and Technology, Nottingham Trent University, Nottingham, UK, Nottingham, UK

D1.P31	Sport and Performance	Para-athletes' negotiations of menstruation, disability, and their athletic identity: A qualitative investigation <u>Emily Divine</u> ¹ ¹ University of the West of Scotland, Glasgow, UK
D1.P32	Sport and Performance	Do professional footballers meet the recommended guidelines for macronutrient intake and distribution? <u>Ollie Jones</u> ¹ , Ash Wilmott, Justin Roberts, Jack Manuel, Laurence Bloom ¹ Anglia Ruskin University, Cambridge, UK, ² Cambridge United Football Club, Cambridge, UK
D1.P33	Sport and Performance	Optimal Duration for Compression Garment Use to reduce effects of Exercise Induced Muscle Damage (Short vs Long Duration Usage) <u>Richard Lewis</u> ^{1,2} , Prof David Low ¹ ¹ Liverpool John Moores University / Wrexham University, UK, ² Wrexham University, Wrexham, UK
D1.P34	Sport and Performance	Exploring the Effects of High-Intensity Interval Training on Cardiovascular Fitness Among Senior High School Athletes in Ghana Prof Emmanuel Osei Sarpong ¹ , <u>Sedegah Michael Mawuli</u> ¹ ¹ University of Education, Winneba, Winneba, Ghana
D1.P35	Sport and Performance	Exploring the Use of Analgesic Medicines within Rugby Union: A Cross-sectional Approach <u>Patrick Mcclintock</u> ¹ , Dr Vasileios Georgopoulos, Dr Matthew Attwood ¹ University of Nottingham, Nottingham, UK
D1.P36	Sport and Performance	Practical Considerations for Applied Physiological Performance Assessment Using a Concept2 SkiErg Device <u>Steven Morton</u> ¹ , Laura Forrest ¹ , Chris Easton ² , Mykolas Kavaliauskas MCASES ¹ , Kurt Rumley ³ , Andrew Sommerville ³ , Susan Pinner ⁴ , James Place ⁵ , Greg Aspin ⁵ , Carl Soulsby ⁵ , Tom Macpherson ⁵ ¹ Sport and Physical Activity Research Institute, School of Health and Life Sciences, University of the West of Scotland, Glasgow, UK, ² Institute of Life and Earth Sciences, Heriot-Watt University, Edinburgh, UK, ³ sportscotland institute of sport, Stirling, UK, ⁴ Manchester Metropolitan University Institute of Sport, Manchester, UK, ⁵ Northumbria University, Newcastle, UK
D1.P37	Sport and Performance	Shaping smarter players: Academy coaches' views on game intelligence in English premierhip rugby <u>Dan Orwin</u> ¹ , Prof David Grecic ² , Dr Andrew Morley ³ , Dr Pamela Richards ⁴ ¹ University of Lancashire, Preston, UK, ² University of Lancashire, Preston, UK, ³ University of Lancashire, Preston, UK, ⁴ University of Lancashire, Preston, UK
D1.P38	Sport and Performance	Understanding performance determinants in race walkers through an integrated biomechanics and physiology approach <u>Erika Pontarollo</u> ¹ ¹ Leeds Beckett University, Leeds, UK
D1.P39	Sport and Performance	Athlete perceptions of readiness and fatigue monitoring in professional football: a qualitative exploration <u>George Preston</u> ¹ ¹ NCG College, Kidderminster, UK

D1.P40	Sport and Performance	Defining the pathway: Comparing the physical profiles of WRU School & Colleges and Regional Academy athletes <u>Will Raymond</u> ¹ , Kate Williams ¹ , Peter Ashcroft ¹ , Ned Partridge ² , Rhodri Williams ² , Brendan Cropley FCASES ^{1,3} ¹ University of South Wales, Pontypridd, UK, ² Welsh Rugby Union, Wales, ³ FAW Centre for Football Research, Wales
D1.P41	Sport and Performance	Is the mean concentric velocity at 1-RM related to the velocity of the final repetition of a set to failure at 80% 1-RM? <u>Ben Spencer</u> ¹ , Dr Lee Bell ¹ ¹ Sheffield Hallam University, Sheffield, UK
D1.P42	Sport and Performance	Effects of a 10-week dry-land strength and conditioning programme on the start and turn performance of competitive youth swimmers <u>Evelyn Wright</u> ¹ , Garry Tew FCASES ¹ , Jamie Salter MCASES ¹ , Dale Forsdyke ¹ ¹ York St John University, UK
D2.P1	Biomechanics and Motor Behaviour	Field-Based Reliability of Wearable IMU Running Gait Metrics During Repeated 5-km Parkruns in Recreational Runners <u>Gary Hall</u> ¹ , Dr Gill Barry ¹ , Dr Phil Hayes ¹ ¹ Northumbria University, Newcastle upon Tyne, UK
D2.P2	Biomechanics and Motor Behaviour	Relationships between rapid force and peak force across different isometric plantar flexor assessments <u>Vincent Maynard</u> ¹ , Nicole Newburn, James Williams, Nicholas Ripley ¹ University of Salford, Salford, UK
D2.P3	Biomechanics and Motor Behaviour	Squat Stance, Grip Width, and Heel Height Effects on Patellofemoral Joint Loading During the Overhead Squat Jake Evans ¹ , James Bodden ² , Tom Ryan ³ , Dr Michael Lawson ⁴ , <u>Dr Robert A. Needham</u> ¹ ¹ University of Staffordshire, UK, ² Ramsay Health Care, UK, ³ Vancouver Whitecaps Football Club, Canada, ⁴ Middlesborough Football Club, UK
D2.P4	Physical Activity for Health	Small Steps, Big Gains: Active Play's Influence on Fitness and Daily Movement Patterns <u>Ruhina Binta A Ghani</u> ¹ ¹ Hong Kong Baptist University, Hong Kong
D2.P5	Physical Activity for Health	Project U: evaluating free gym memberships for physical and mental health <u>Dr Chelsea Batty</u> ¹ , Richard Lewis ¹ ¹ Wrexham University, Wrexham, UK
D2.P6	Physical Activity for Health	XRcise revolution: Effects of extended reality technology in physical activity contexts <u>Dr Jonathan Bird</u> ¹ ¹ University College London, UK
D2.P7	Physical Activity for Health	Predicting Balance and Fall Risk from Respiratory Function Using Interpretable Machine Learning <u>Prof Francesco Vincenzo Ferraro</u> ¹ ¹ Italian University Line, Florence, Italy

D2.P8	Physical Activity for Health	Block start as determinants of motor function in elderly population: applications and implications in master swimmers Letizia Leggiero¹ , Dr Sabrina Demarie ¹ , Dr Francesco V Ferraro ² ¹ University of Rome Foro Italico, Rome, Italy, ² Italian University Line, Florence, Florence, Italy
D2.P9	Physical Activity for Health	Physical activity interventions for women from ethnic minority backgrounds: A systematic review of cultural adaptations to identified barriers and enablers Prof Kiara Lewis FCASES¹ , Dr Anwesa Chatterjee ¹ , Prof Judith Dyson ¹ , Dr Janelle Kolas ¹ , Dr Sereena Raju ¹ ¹ Birmingham City University, Birmingham, UK
D2.P10	Physical Activity for Health	Developing a Professional Network for Women in Physical Activity, Exercise and Sport across the island of Ireland: míde connect Dr S Maria O'Kane¹ , Dr Elizabeth Deery ¹ , Dr Angela Carlin ¹ , Dr Denise Martin ² , Dr Maria Faulkner ³ ¹ Ulster University, Derry, Northern Ireland, ² Atlantic Technological University, Galway, Ireland, ³ Atlantic Technological University, Letterkenny, Ireland
D2.P11	Physical Activity for Health	Barriers to volunteering as a sighted guide runner Dr Clare Strongman¹ , Prof Shahina Pardhan ¹ ¹ Vision and Eye Research Institute, Anglia Ruskin University, Cambridge, UK
D2.P12	Physical Activity for Health	Associations of sedentary behaviour bouts with community-dwelling older adults' physical function Dr Jason Wilson¹ , Dr Ilona McMullan ² , Dr Nicole Blackburn ³ , Dr Mathias Skjødt ⁴ , Prof Paolo Caserotti ⁴ , Dr Maria Giné-Garriga ^{5,6} , Dr Ana Farche ⁵ , Prof Jochen Klenk ⁷ , Prof Dhayana Dallmeier ^{8,9} , Dr Manuela Deidda ¹⁰ , Dr Marta Roqué i Figuls ¹¹ , Prof Mark Tully ¹² ¹ School of Sport and Exercise Science, Ulster University, Derry / Londonderry, UK, ² School of Health Sciences, Ulster University, Belfast, UK, ³ School of Health Sciences, Ulster University, Derry / Londonderry, UK, ⁴ Department of Sports Science and Clinical Biomechanics, Center for Active and Healthy Ageing (CAHA), University of Southern Denmark, Odense, Denmark, ⁵ Department of Sport Sciences, Faculty of Psychology, Education and Sport Sciences, Blanquerna, Universitat Ramon Llull, Barcelona, Spain, ⁶ Department of Physical Therapy, Faculty of Health Sciences, Blanquerna, Universitat Ramon Llull, Spain, ⁷ Institute of Epidemiology and Medical Biometry, Ulm University, Ulm, Germany, ⁸ Agaplesion Bethesda Clinic, Geriatric Research Unit Ulm University and Geriatric Center Ulm Alb-Donau, Ulm, Germany, ⁹ Department of Epidemiology, Boston University School of Public Health, Boston, USA, ¹⁰ Health Economics and Health Technology Assessment (HEHTA), Institute of Health and Wellbeing (IHW), University of Glasgow, Glasgow, UK, ¹¹ Iberoamerican Cochrane Centre - Institute of Biomedical Research Sant Pau (IIB-Sant Pau), Barcelona, Spain, ¹² School of Medicine, Ulster University, Derry / Londonderry, UK
D2.P13	Physiology and Nutrition	The Colour of Taste: Investigating Flavour Perception and Preference in Children Aged 9-11 Dr Neil Clarke FCASES¹ , Dr Cain Clark ¹ , Prof Micheal Duncan FCASES ² ¹ Birmingham City University, Birmingham, UK, ² Coventry University, Coventry, UK
D2.P14	Physiology and Nutrition	Effect of increasing between-point rest length on thermoregulation during tennis-specific treadmill exercise in hot humid conditions Dr Matthew Debney¹ , Dr Alan Ruddock FCASES ¹ , Dr Ciara O'Hagan ² , Dr Alison Purvis ¹ ¹ Sheffield Hallam University, Sheffield, UK, ² Institute of Technology, Carlow, Ireland

D2.P15	Physiology and Nutrition	Acute effects of different exercise modalities on early post-exercise cardiopulmonary recovery in chronic heart failure Panagiotis Ferentinos ^{1,2,3} , Vasileios Spyropoulos ² , Alexandros Briasoulis ² , Costas Tsakirides ³ , Serafeim Nanas ² , Ourania Papazachou ² , Eleftherios Karatzanos ² ¹ Metropolitan College, Athens, Greece, ² National and Kapodistrian University, Athens, Greece, ³ Leeds Beckett University, Leeds, UK
D2.P16	Physiology and Nutrition	Prevalence of disordered eating and associated factors among university students in Islamabad, Pakistan Dr Sehar Iqbal ¹ ¹ Al Ain University, Abu Dhabi, United Arab Emirates
D2.P17	Physiology and Nutrition	Physiological demands and peak running speed during a maximal treadmill test compared to the multistage fitness test Clare Marsh ¹ , Joseph Neild ¹ ¹ University of Salford, Salford, UK
D2.P18	Physiology and Nutrition	Dietary intake and performance in a mountain marathon: evidence from the Olympus mountain marathon Christina Mastrochristou ¹ , Eleftherios Karatzanos ¹ , Eirini Manthou ¹ , Panagiotis Ferentinos ^{1,2} ¹ Metropolitan College, Maroussi, Athens, Greece, ² Leeds Beckett University, Leeds, UK
D2.P19	Physiology and Nutrition	Effects of tart cherry juice on physically active individuals following a single resistance training session: A pilot study Despoina Migkaki ¹ , Eleftherios Karatzanos ¹ , Eirini Manthou ¹ , Panagiotis Ferentinos ^{1,2} ¹ Metropolitan College, Athens, Greece, ² Leeds Beckett University, Leeds, UK
D2.P20	Physiology and Nutrition	Test-retest reliability of the portable BrainFit (fNIRS) device during and after cycling by active participants in thermoneutral and hot environments Prof Tony Turner ¹ , Cat Vengeance, Ciaran McSherry, Josh Matthews, Dr Shaun Phillips ¹ University of Edinburgh, Edinburgh, UK
D2.P21	Psychology	Examination of reactive stress tolerance in volleyball and handball using the Vienna Test System DT (Determination Test) Dr Karim Boukallouch ¹ ¹ Institute of Sport Science (ISSF), Sidi Mohamed Ben Abdellah University, Fez, Morocco
D2.P22	Psychology	Examining the effects of goal types on physical fitness task performance and psychological outcomes in children aged 4-11years Dr Rebecca Hawkins ¹ , Dr Melissa Bargh ¹ , Dr Robin Watson ¹ , Dr Daniel Martin ¹ ¹ University of Lincoln, UK
D2.P23	Psychology	Psychosocial Resources and Gender Gaps among Spanish Elite Athletes Dr Cristina Lopez De Subijana ^{1,4} , Dr Irene Checa ^{2,4} , Dr Maria Martín ^{1,4} , Dr Diana Ruiz ^{1,4} , Dr Miguel Angel Gómez ^{1,4} , Dr Nuria Garatachea ^{3,4} ¹ Universidad Politécnica De Madrid, Madrid, Spain, ² Universitat de Valencia, Valencia, Spain, ³ Universidad de Zaragoza, Huesca, Spain, ⁴ Women's Integrated Sport & Education: Promoting Access, Tearing Hindrances (WISE PATH) Project, Funded: Women's Institute of Spain (27-01-ID25)

D2.P24	Psychology	Beyond the whistle: Exploring the barriers and opportunities for female referees in football <u>Yasmin Williams</u> ¹ , Dr Stephanie Tibbert ¹ ¹ Health Sciences University, Bournemouth, UK
D2.P25	Sport and Performance	Exploring the challenges of female volunteer coaches and their use of coping strategies <u>Beverley Analuwa</u> ¹ ¹ Health Sciences University, Bournemouth, UK
D2.P26	Sport and Performance	Completion of a strength training-based planned overreach: perceptions and experiences from the perspective of the highly-trained individual <u>Dr Lee Bell</u> ¹ , Jordan Boriel ¹ , Dr David Rogerson ¹ ¹ Sheffield Hallam University, Sheffield, UK
D2.P27	Sport and Performance	Understanding the Technical Landscape in Sport, Health and Exercise Sciences <u>Amelia Dingley MCASES</u> ¹ , Dr David Green, Ryan Stewart, Dr John Fernandes ¹ Brunel University of London, Uxbridge, UK, ² UK Sports Institute, UK, ³ UCD Institute for Sport & Health, Dublin, Ireland, ⁴ Cardiff Metropolitan University, Cardiff, UK
D2.P28	Sport and Performance	Using vignette to analyse perceptions and interpretation of language and terminology in tennis game styles, movement and physical characteristic <u>Jonny Fraser</u> ¹ , Dr Alan Ruddock FCASES ¹ , Dr Ben Strafford ¹ , Dr David Rogerson ¹ ¹ Sheffield Hallam University, UK
D2.P29	Sport and Performance	Sport injury-related growth in Indian Athletes: exploring psychological recovery and growth outcomes post-injury <u>Dia Khatri</u> ^{1,2} , Angela Ann Joseph ² ¹ The Performance Doctor, India, ² O. P. Jindal Global University, India
D2.P30	Sport and Performance	Major League Soccer homegrown goalkeepers' perspectives on their developmental experiences whilst navigating multiple within-career transitions: a mixed-methods approach <u>Dr Patrick Mannix</u> ^{1,2} , Martin Littlewood ² , Kevin Enright ² , Simon Roberts ² ¹ U.S. Soccer Federation, Atlanta, United States, ² Liverpool John Moores University, Liverpool, UK
D2.P31	Sport and Performance	The Effect of Maturity Status on Physical Match Performance in Elite Youth Academy Players <u>Kai McAlister</u> ¹ ¹ Everton Fc, Liverpool, UK
D2.P32	Sport and Performance	An exploratory study of palm cooling to reduce fatigue in clinical populations <u>Darren Murphy</u> ¹ , Dr Katy Pedlow ¹ , Prof Brenda O'Neill ¹ , Rory Bradley ¹ ¹ Ulster University, Belfast, Northern Ireland

D2.P33	Sport and Performance	Exploring the Knowledge and Perception of Players and Coaches in Football of Hamstring Strength as a Risk Factor for Injury <u>Craig Simpson</u> ¹ , Yasmin Ajanah ¹ , Jack Thoroughgood ¹ ¹ University of Nottingham, Nottingham, UK
D2.P34	Sport and Performance	Examining throw-in strategy in the English Women's Super league during the 2024/2025 Season <u>Dr Joseph Stone</u> ¹ , Megan Scott ¹ , Dr Ben Strafford ¹ , Prof Alliance Kubayi ² ¹ Sheffield Hallam University, Sheffield, UK, ² Tshwane University of Technology, South Africa
D2.P35	Sport and Performance	Transitional Spill Risk (TSR) and Gain (TGS): A Cost-Gain Framework for Quantifying Decision Instability and Cognitive Entropy in Elite Football <u>Dr Pejman Taghibeikzadehbdar</u> ^{1,2,3} , Prof Phil Scarf ^{4,5} ¹ University of Tehran, Tehran, Iran, ² Mes Rafsanjan Football Club, RAFSANJAN, IRAN, ³ Iran National Deaf Football Team, TEHRAN, IRAN, ⁴ Cardiff University, Cardiff, UK, ⁵ Imam Mohammad Ibn Saud Islamic University, Saudi Arabia, Riyadh, Saudi Arabia
D2.P36	Pedagogy	Developing Pedagogical Confidence to Support Pupils with Attention-Deficit/Hyperactivity Disorder (ADHD) in Primary Physical Education (PE) <u>Michelle Bird</u> ¹ , Alyx Taylor ¹ , Stephanie Tibbert ¹ Health Sciences University, Bournemouth, UK
D2.P37	Pedagogy	Evaluating the effectiveness of an education intervention to improve menstrual health literacy of Football Coaches <u>Dr Julia Donnelly</u> ¹ , Dr Eilidh Macrae, Dr Stephanie Valentin, Prof Chris Easton, Dr Andy White, Dr Laura Forrest (nee Whyte) ¹ Athlete Focused, UK
D2.P38	Pedagogy	Do Men and Women Sport Students Have Similar Academic Expectations of Sport Higher Education? <u>Dr Mariana Kaiseler</u> ¹ , Miss Jade Cartlidge ¹ , Dr Ben Marshall ¹ , Dr Angela Hibbs ² , Prof Remco Polman ³ , Dr Rick Hayman ² ¹ Department of Sport and Exercise Sciences, Manchester Metropolitan University Institute of Sport, Manchester, UK, UK, ² Department of Sport, Exercise and Rehabilitation, Northumbria University, Newcastle upon Tyne, UK, UK, ³ School of Exercise and Nutrition Sciences, Queensland University of Technology, Brisbane, Australia, Australia
D2.P39	Pedagogy	Attendance and Engagement as Predictors of Academic Performance in an Undergraduate Sport and Exercise Science Course <u>Dr Stephen Leckey</u> , Michael Duncan ¹ , Ole Kemi ¹ , Victoria Penpraze ¹ ¹ The University of Glasgow, Glasgow, UK
D2.P40	Pedagogy	What is CASES? Reflecting on the co-creation of a 3D animated sport and exercise science outreach resource <u>Dr Emma Mosley</u> ¹ , Dr James Wright ² , Dr John Dickinson FCASES ³ , Dr Reza Yousefzadeh ¹ ¹ Bournemouth University, Bournemouth, UK, ² Southampton Solent University, Southampton, UK, ³ University of Kent, Canterbury, UK