

**Association for the
Teaching of Psychology**

ATP Conference 2026

9th - 11th July
University of Winchester
'For the Teacher, by the Teacher'

**42 Breakout
Sessions and
4 Keynotes**

Front Cover Image:
University of Winchester



**keep up-to-date
with our socials,
scan the qr code**



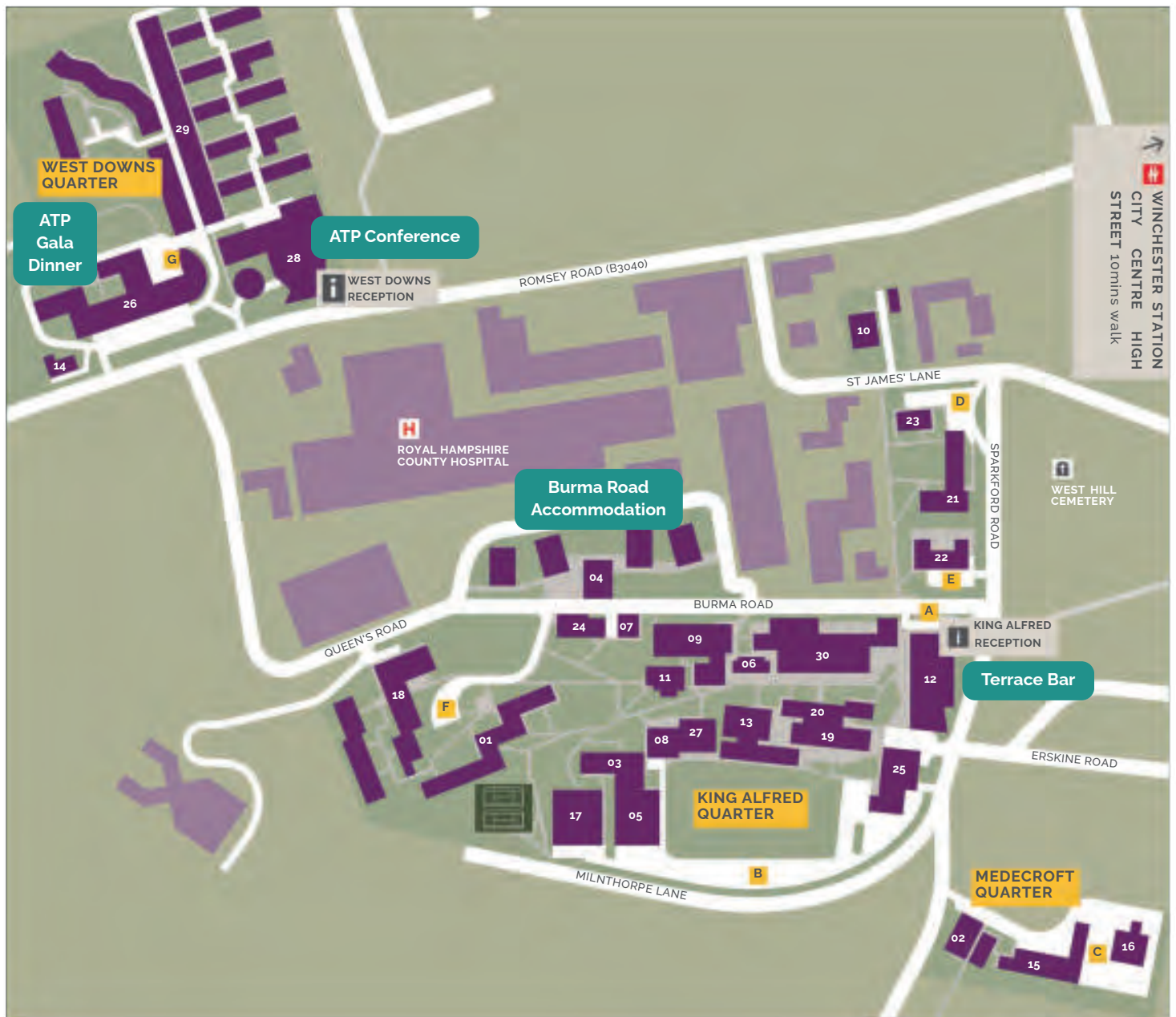
For the Teacher by the Teacher

www.theATP.uk

FINDING YOUR WAY AROUND CAMPUS



UNIVERSITY OF
WINCHESTER



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|-------------------------------|---------------------------------|---|--------------------------------|
| 01 Alwyn Hall | 10 Holm Lodge | 19 St Alphege | 28 West Downs Centre |
| 02 Beech Glade | 11 Kenneth Kettle Building | 20 St Edburga | 29 West Downs Student Village |
| 03 Bowers Building | 12 King Alfred Centre | 21 St Elizabeth's Hall | 30 Winton Building |
| 04 Burma Road Student Village | 13 Martial Rose Library | 22 St Grimbald's Court | A Visitor parking (pre-booked) |
| 05 Centre for Sport | 14 Masters Lodge | 23 St James' Hall | B Dytche parking |
| 06 Chapel | 15 Medecroft | 24 St Swithun's Lodge | C Medecroft parking |
| 07 Cottage | 16 Medecroft Annexe | 25 The Stripe | D St James' parking |
| 08 Fred Wheeler Building | 17 Paul Chamberlain Building | 26 The University of Winchester Business School | E Visitor parking (pre-booked) |
| 09 Herbert Jarman Building | 18 Queen's Road Student Village | 27 Tom Atkinson Building | F Alwyn parking |
| | | | G Visitor parking (pre-booked) |

Welcome from the Chair

Greetings dear delegates and welcome to Winchester! It is with great pleasure, and a touch of sadness, that I act as Chair one last time at what should be a fantastic conference. I am stepping down from the role this year, but I do so in the knowledge that the committee is only going from strength to strength.

As always, I would like to thank the committee for their work throughout the year and their efforts in ensuring the best experience for our

members. Particular thanks to our Conference team who have worked tirelessly to secure our generous sponsors in order to help keep costs as reasonable as possible and also the most interesting, engaging and inspirational keynote speakers and workshop leaders to provide delegates with an unforgettable experience.

Amy Halsall
chair@theatp.uk



Be sure to share your experiences on social media using #ATPconf26.



keep up-to-date with our socials, scan the qr code

Welcome from the Conference Organiser

Welcome to Winchester 2026 – we have an excellent line-up ahead, and I am excited to see our speakers, catch up with familiar faces, and welcome new members into the ATP family. A huge thank you to our sponsors – the BPS, Hachette, AQA, ICM and OUP – for their continued support, and a personal thank you to Mandy for curating such a brilliant workshop programme and for being endlessly supportive while I've juggled conference organising with welcoming Adelaide into the world.

If you need anything during the day, the ATP committee (shown on the lanyards), Erin and Cleo, our student conference assistants, or the wonderful Sarah from

Winchester University will be able to help you.

ATP has always been *for the teacher, by the teacher*, and we are always looking to spread the ATP support network, increase membership and conference delegates, and keep improving what we do. We have some key initiatives that we will be working on after the conference, and we would like to recruit more committee members to help us with the following:

- Develop a mailing list of schools that deliver Psychology, so that we can have a wider reach over email, showcasing membership and conference benefits
- Design ATP-branded classroom posters to spread the ATP brand

- Strengthen our links with teacher training providers

- Help oversee our new, public-facing ATP blog

- Help organise our members-only CPD and student lectures throughout the year

If you're interested, please come and chat to me or any of the existing committee members. I hope you enjoy the conference as much as I always do. Any feedback or ideas, please do come and have a chat.

Jo Gomm
(Conference Organiser)



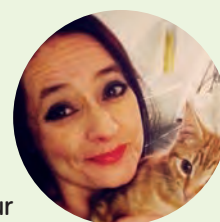
Welcome from the Workshop Coordinator

Welcome to Winchester everyone! Born and bred in the South, this wonderful county has been my marching ground for the best part of the last five decades! Grubby and with the lingering smell of wood smoke in my hair, my first trip to Winchester was a mid-week outing during Girl Guide Camp in the late 1980s. Now, and sometimes with the very same friends from that camp, I love to return for the legendary Christmas market in the Cathedral grounds,

not to mention a cheeky trip to the excellent Oxfam bookshop to acquire, (you guessed it!) yet more psychology books for my burgeoning bookshelves! So, now to 2026 and with my old Girl guide motto in mind, you'd better "Be prepared!" for an absolute belter of a conference! Some of you will know me from my PsychStix facebook group but if not, please do stop by and say hello! So, before saying cheerio for now, I'd like to say a 'bottomless'

thank you every single one of you, committee members, presenters, delegates - we are ATP, this is our conference! Have a cracking time - tell your friends and keep spreading the joy until next year!

Mandy Wood
(Workshop Coordinator)



ATP International Psychology Teachers' Conference 2026

University of Winchester Thursday 9th – Saturday 11th July 2026

We are excited to welcome you to this year's ATP International Psychology Teachers' Conference!

Whether you are a seasoned delegate or joining us for the first time, we have a fantastic few days lined up - full of inspiring talks, interactive workshops, and plenty of opportunities to connect with fellow psychology educators.

Thursday 9th July

A relaxed and informal start to the conference - come early and ease yourself in. The Students Union (location 12 on your map, level 2) is near the accommodation.

12.00 pm	Exhibitors may begin setting up
5.00pm	Pre-fringe private hire of <i>The Terrace Bar</i> (student union, located within the King Alfred Centre - building 12, level 2, near accommodation) - Come early and ease yourself in, and meet some committee members
7.00 pm	Official opening of the fringe event - an informal evening of pizza, drinks, a lecture, games, and the chance to network, reconnect with friends, or be introduced to some of the committee. Pizzas are available to order when completing your booking form
7.30 pm	Fringe Lecture - Dr Daniel Von - The Social Life of Confidence - an interactive, light-hearted and engaging talk to promote discussion around 'confidence', from why the Faithfuls on <i>The Traitors</i> tend to vote off the wrong person, to why NASA rockets sometimes explode
8.45 pm	Take part in - or simply observe - some ATPical entertainment with Harriet - test your wit with some humorous and good-natured competition
11.00 pm	Fringe event closes

Friday 10th July

Breakfast, keynotes, workshops, the exhibition and lunch are all within the West Downs Centre, on the West Downs Campus (location 28 on your map)

7.45-8.45 am	Breakfast (don't forget your lanyard!) - 1st Floor, West Downs Centre
8:45 am	Registration opens. Please collect your delegate bag, <i>kindly sponsored by ICM (The Institute of Commercial Management)</i> and name badge from the welcome desk - Ground floor West Downs Centre.
9:00 am	The exhibition opens , and tea and coffee will be served. IT help session from Winchester's tech team for any workshop presenters who would like to attend (meet at the welcome desk). Optional tour of Winchester Psychology labs - the labs include EEG, Virtual Reality, a unique bar lab, observation labs, eye tracker and a two-way mirror. You will need to meet at 9am at The Chapel (Number 6 on the map), which is a leisurely 10-15-minute downhill walk from West Downs (remember you need to walk back up the hill for the 10am Welcome session)
10.00 am	Conference welcome - Auditorium, Ground Floor, West Downs Centre
10.20 am	Opening keynote from the University of Winchester - Dr David Giles - 'Parasocial relationships' Auditorium, Ground Floor, West Downs Centre
11.30 am	Breakout one (choice of workshop) - West Downs Centre - auditorium, ground floor, and 5 syndicate rooms - 4th floor - 401, 402, 403, 404, 405
12.30 pm	Two-course buffet lunch - Ground floor, West Downs Centre, plus seating in the Art Gallery
1.30 pm	Breakout two (choice of workshop) - West Downs Centre - auditorium, ground floor, and 5 syndicate rooms - 4th floor - 401, 402, 403, 404, 405
2.30 pm	Breakout three (choice of workshop) - West Downs Centre - auditorium, ground floor, and 5 syndicate rooms - 4th floor - 401, 402, 403, 404, 405
3.30 pm	Refreshment Break and our annual cake celebration , <i>Kindly sponsored by OUP</i> , Ground floor, West Downs Centre
4.00 pm	Breakout four (choice of workshop) - West Downs Centre - auditorium, ground floor, and 5 syndicate rooms - 4th floor - 401, 402, 403, 404, 405 Optional tour of Winchester Psychology labs - you will need to meet at 4pm at The Chapel (Number 6 on the map), which is a leisurely 10-15-minute downhill walk from West Downs. The labs are near the Burman Road accommodation.

Friday evening entertainment begins - All That Jazz (dress code in line with the theme is encouraged)

6.00 pm	New to ATP? Join our lovely Lucia for a warm welcome session - West Downs Centre, 4th floor, room 403
6.45 pm	Wine reception, canapés and Jazzy Sax, saxophonist - 4th Floor balcony, West Downs Centre (wet-weather option is on the 4th Floor landing) <i>Hachette have kindly sponsored our drinks reception</i>
7.45 pm	Banquet Dinner and entertainment Shakespeare Room, Business Centre (next building, location 26 on your map). Your chosen 3 courses (selected during booking) will be written on the back of your name badge. There will be optional, psychology-themed table games between courses. Bar opens in the room next to the Shakespeare theatre <i>The BPS have kindly contributed £1200 towards our gala dinner</i>
9.30 pm	Toasts and Awards in The Link Gallery whilst the dance floor is made ready
9.45 pm	Dance floor opens with DJ and live jazz

Saturday 11th July

Breakfast, keynotes, workshops, the exhibition and lunch are all within the West Downs Centre, on the West Downs Campus (location 28 on your map)

7.45-8.45 am	Breakfast (don't forget your lanyard!) - 1st Floor, West Downs Centre
8.30 am	Bag drop available - ground floor, entrance foyer, West Downs Centre (near the auditorium stairs) The exhibition reopens , and registration opens for day delegates (please collect your delegate bag, <i>kindly sponsored by ICM (The Institute of Commercial Management)</i> name badge from the welcome desk) - ground floor, West Downs Centre
9.00 am	The revival period - Guy Sutton - 'A Year in the Brain' - Auditorium, Ground Floor, West Downs Centre
10.15 am	Refreshment Break - ground floor, West Downs Centre
10.30 am	The Tim Gregson-Williams Memorial Keynote Lecture - Dr Daniel Yon - 'How The Brain Invents Your Reality' Auditorium, Ground Floor, West Downs Centre <i>This lecture has been kindly sponsored by Hachette Learning</i>
11.30 am	ATP 2026 Annual General Meeting, and 2027 Conference announcement. All members please attend
12.00 pm	Breakout five (choice of workshop) - West Downs Centre - auditorium, ground floor, and 5 syndicate rooms - 4th floor - 401, 402, 403, 404, 405
1.00 pm	Two-course buffet lunch - Ground floor, West Downs Centre, plus seating in the Art Gallery
1.45 pm	Breakout six (choice of workshop) - West Downs Centre - auditorium, ground floor, and 5 syndicate rooms - 4th floor - 401, 402, 403, 404, 405
2.45 pm	Breakout seven (choice of workshop) - West Downs Centre - auditorium, ground floor, and 5 syndicate rooms - 4th floor - 401, 402, 403, 404, 405
3.45 pm	The Helen Kitching Memorial Keynote Lecture - Peter Radford - 'Misogyny... and the Masculine Myths which Perpetuate it' Auditorium, ground floor, West Downs Centre <i>This lecture has been kindly sponsored by Hachette Learning</i>
4.45 pm	Conference wrap-up with tea, coffee and cake (including takeaway boxes for the road) - Ground floor, West Downs Centre
5.15 pm	Farewell and safe travels!

Accommodation Staying on campus?

You'll be in the lovely Burma Road Halls.
For information about key collection,
please see page 6.



ATP Conference 2026

Everything you need to know (hopefully)

Plan your visit



Public Transport

- **Train:** The King Alfred Quarter is under a mile (around 15 minutes' walk) from the station – exit right onto Station Road, cross the bridge, and follow Clifton Terrace across Romsey Road and along St James' Terrace, then pass through West Hill Cemetery to reach the King Alfred Quarter at the far gate. For the West Downs Quarter, follow the same route along Clifton Terrace but turn right up Romsey Road, where the entrance is at the top of the hill on your right.
- **Taxi:** There is a taxi rank directly outside the station. Taxis to the University cost approximately £5.
- **Bus:** If you arrive in Winchester by bus it's a 20-minute walk from the bus stops at King Alfred's Statue to the University King Alfred Quarter: head up the High Street, turn left onto Southgate Street, then take the third right onto St James' Lane, continuing up the hill and through West Hill Cemetery to the far gate.
- **Car:** : Parking on-site is not guaranteed, but the biggest car parks on campus are:
The Dytch - [///trend.mirroring.measuring](http://trend.mirroring.measuring)
Medecroft Car Park - [///spilling.blush.sweeper](http://spilling.blush.sweeper)
Please make sure you give your car registration details to reception after you have parked, and pay via RingGo (see charges below). If there are not enough spaces on campus, there is parking at South Winchester Park and Ride (junction 11 off the M3) where you can take the bus to the university.

Drop-off Points

- **Conference:** West Downs Centre
- **Accommodation:** Burma Road opposite St Swithun's Lodge

Those planning to park on site must pay via RingGo on arrival. Parking is £1 per day, and must be renewed before 10:30am each day for another 24hrs parking. Location Code : 24081



How to find us

Scan the QR code for directions to Winchester University.



Wi-Fi access

Wi-Fi will be available to all visitors when on site. Please select 'UOW Visitor' and select 'Event'. Please then use the following event code: **ATP2026**



Accommodation

- **What's in your room?** The Burma Road bedrooms are all single en-suite rooms located in our King Alfred Quarter. There are 8 bedrooms per flat and includes: En-suite rooms with shower, toilet and hand basin. Communal kitchen and living area with a cooker, fridge-freezer, microwave, kettle, and storage cupboards (we do not provide crockery, cutlery or cooking utensils). Access to the onsite launderette (location 4). Tea & Coffee making facilities. ATP will provide soap in each room.
- **Check-in/out:** Check in is from 2.00pm on your day of arrival. Please see details below regarding key collection and check in. Check-out is by 10.00am on day of departure. Keys should be returned to the West Downs Reception or ATP Welcome Desk.
- **Key Collection:** **Thursday 9th July 3.00pm - 8.00pm** King Alfred Campus Reception (Location 12 on the campus map)
Friday 10th July 3.00pm - 5.00pm West Downs Centre Reception (Location 28 on your campus map)
After Hours Key Collection - The Cottage (Location 7 on your campus map)
- **Luggage Storage:** You will be able to store your luggage on the day of departure in the West Downs Centre Cloakroom. This room will be locked during the Conference, however all items are left at the owners own risk.



Scan the QR code for the Campus Map

Not sure where you're going? We've got you covered – scan for the full campus map.



Food & Drink

- **Breakfast:** Friday 10th & Saturday 11th July
7.45 – 8.45am West Downs Centre,
Dining Hall (Location 28, Level 1)
- **Lunch:** Friday 10th July, 12:30pm West Downs
Centre, Cafe/Bar (Location 28, Ground Floor)
Saturday 11th July, 1:00pm West Downs Centre,
Cafe/Bar (Location 28, Ground Floor)
- **Evening meals:**
 - Thursday 9th July, from 17:00pm King Alfred
Centre, Terrace Bar (Location 12, Level 2) Please
book your pizzas when you sign up
 - Friday 10th July, Drinks Reception from 6:45pm
West Downs Centre (Location 28, Level 4) Friday
10th July, Gala Dinner, 7:45pm The Shakespeare

Shops & Cafés

- Winchester City centre is a short 15 minute walk
away down the hill, and does have a small
Tesco, M&S and Sainsbury's at the bottom of the
high-street. For bigger supermarkets, the closest
is Sainsburys, Badger Farm (5-10min drive away).



Sports & Leisure

If guests wish to use the
on-site gym, please contact
sportsenquiries@winchester.ac.uk
to arrange directly.



Key Contacts

- If you have any questions, would like to
discuss your stay or report any issues within
your accommodation please contact us via
conferences@winchester.ac.uk, or call us on
01962 827322 within office hours.
- Reception telephone: 01962 841515 Monday-
Friday: 08:00 - 18:00, Saturday: 08:00 - 16:00
If you need to contact us outside of reception
opening hours, please contact our security team.
- The University has 24-hour security cover. In the
event that you should require the security team
or have a medical emergency, please contact
them directly via 01962 827666.

Be a Tourist

Welcome to historic Winchester – England’s ancient capital and home to some of the country’s most beautiful architecture, gardens, and walks. Whether you’re here for a day or a weekend, there’s plenty to explore just a short walk from the University of Winchester.

Winchester Cathedral: One of the finest medieval cathedrals in Europe, and the final resting place of Jane Austen. Explore its crypt, admire the stunning stained glass, or take a tower tour for panoramic views of the city.

SO23 9LS | Open daily | Admission fee applies

The Great Hall & King Arthur’s Round Table: Step into legend at the Great Hall, the only surviving part of Winchester Castle, home to the famous Round Table of King Arthur.

Castle Avenue, SO23 8UJ | Open daily | Small entry fee

Winchester College: Founded in 1382, this is one of the oldest schools in the world. Take a guided tour to see its medieval cloisters and historic chapel.

College Street, SO23 9NA | Tours year-round

Wolvesey Castle (Old Bishop’s Palace): Explore the evocative ruins of the medieval palace of the Bishops of Winchester, maintained by English Heritage.

College Street, SO23 9NB | Free entry

Winchester High Street & Buttercross: A lively mix of independent boutiques, cafés, and heritage buildings. Look out for the Buttercross, a 15th-century stone market cross, and the Guildhall at the eastern end. The Water Meadows & St Catherine’s Hill: A peaceful riverside walk.. Follow the River Itchen through the Water Meadows, then climb St Catherine’s Hill for sweeping views over the city.

Hospital of St Cross & Almshouse of Noble Poverty: Founded in the 12th century, this working Almshouse is England’s oldest charitable institution. Visitors can still receive the traditional Wayfarer’s Dole of bread and ale.

St Cross Road, SO23 9SD | Entry fee



Winchester City Mill (National Trust): A restored watermill powered by the River Itchen, complete with demonstrations and a small gift shop.

Bridge Street, SO23 9BH | Entry for non-members

The Gurkha Museum & Military Museums at Peninsula Barracks: Discover fascinating military history in this cluster of small, high-quality museums, including the Gurkha Museum and The Rifles Museum.

Peninsula Barracks, Romsey Road, SO23 8TS

Local Food, Drink & Experiences: Enjoy a pint or dinner at The Wykeham Arms, one of Winchester’s most historic pubs. Visit the Royal Oak, dating back to 1002 AD, which has a rich history as both a residence for Queen Emma and one of England’s oldest pubs. For fine dining, The Chesil Rectory offers modern British cuisine in a 600-year-old house.



Keynote Lectures



Dr David Giles

Keynote: 'Parasocial Relationships'

Opening keynote from the University of Winchester

Friday 10 July - 10:20

Dr David Giles is one of the UK's most respected media psychologists, and his work on parasocial relationships and celebrity culture has shaped how researchers and educators understand the modern media landscape. Dr Giles is best known for his pioneering work on parasocial relationships – the one-sided psychological connections people form with media figures. His 2002 paper in *Media Psychology*, cited over 2,000 times, is considered foundational in defining how audiences relate emotionally and cognitively to celebrities, influencers, and fictional characters. He has developed theoretical models explaining how these relationships form, why they feel so real, and how they shape identity, behaviour, and emotional experience.

Across his work, Giles blends media psychology, social psychology, and qualitative methods, making him one of the UK's leading voices on how media shapes modern psychological life. His lecture will cover aspects of parasociality, celebrity culture and the psychology of fame, media influence on behaviour, the psychology of music and fandom, and digital interactions between online communities.



Dr Daniel Yon

Keynote: 'How The Brain Invents Your Reality'

The Tim Gregson-Williams Memorial Keynote

Saturday 11 July - 10:30

Dr Daniel Yon is an experimental psychologist, cognitive neuroscientist, author and Director of the Uncertainty Lab at Birkbeck, University of London. In 2024 he was awarded the EPS Prize for distinguished and original contributions to experimental psychology and in 2026 he was awarded the APS Spence Award for transformative contributions to psychological science. He has written and broadcast about his research for a range of outlets – including BBC Radio 4, BBC Science, *New Scientist* and *Scientific American* – and in 2025 Penguin published his first book *A Trick of the Mind: How the Brain Invents Your Reality*.

His talk will look at how your brain decides what it's seeing. In his new book *A Trick of the Mind*, Daniel Yon argues that your brain is like a scientist: using past experiences to build theories of how the world works, and using these models to predict and make sense of it. Through this process, your brain constructs the reality that you live. This idea has transformative implications. It radically reshapes how we think about perception, and explains how we come to make false judgements about other people, or form false beliefs about ourselves. In this talk, he will reveal how seeing your brain as a skullbound scientist revolutionises our understanding of mental illness and neurodiversity – and unearth how our brain's paradigms can shift and change in an uncertain and unstable world.

**With thanks to Hachette Learning
for sponsoring Dr Daniel Yon and
Peter Radford's keynote lectures.**



Keynote Lectures



Peter Radford

Keynote: 'Misogyny...and the Masculine Myths which Perpetuate it'

The Helen Kitching Memorial Keynote Lecture

Saturday 11 July - 15:45

Peter Radford is a former Assistant Headteacher and now a widely respected speaker, trainer, author, and consultant, whose work focuses on transforming culture, challenging harmful social norms, and empowering young people. Through hundreds of workshops, training days, and keynote events, he has worked with schools, businesses, and leadership teams to help confront discrimination, rethink assumptions, and build more inclusive environments where individuals can thrive. Peter is the author of *Love Teaching*, *Keep Teaching*, looking at practical ways to improve teacher wellbeing and transform school culture. Peter has also recently completed his second book, *Every Single Human*, which addresses discrimination in schools.

His talk will explore practical ways to challenge and reshape harmful attitudes toward masculinity and misogyny, looking at how we can encourage students to examine assumptions, question stereotypes, and recognise how unconscious bias influences everyday interactions.

Saturday Morning Revival Lecture



Dr Guy Sutton

Keynote: 'A Year in the Brain'

The Revival Period

Saturday 11 July - 09:00

Dr Guy Sutton is an internationally renowned lecturer and educator in neuroscience, whose interests span brain development, neuroanatomy, neuropathology, and the intricate relationships between genetics, biology, and behaviour. He is the Founder and Director of Medical Biology Interactive (MBI), an organisation dedicated to bringing cutting edge neuroscience and biomedical science to diverse audiences across the world, from healthcare professionals to barristers, police professionals and schools. He has held academic appointments at Cambridge, Manchester, Manchester Metropolitan, and Nottingham, where he served as Honorary (Consultant) Assistant Professor in the Division of Psychiatry until 2022.

His talk will address some of the latest research from the world of neuroscience. What are the long-term health consequences of sleep deprivation and vaping? How does menopause affect the brain? How might ketamine and anti-inflammatories change the landscape of treatments for depression? Why might we need to rethink the period of adolescence? What does modern neuroscience say about the relationship between cannabis and mental health in young people? How is the cerebellum linked to language? These and other questions will be addressed. The talk will conclude with an update of research relating to cerebral organoids and brain computer interfacing. For the brain nerd by a brain nerd!

Get ready to be inspired by leading voices at the forefront of psychological research and practice. This year's keynote speakers will challenge your thinking, spark new ideas, and shine a light on the breakthroughs shaping the future of psychology.

Fringe Event



Event held at the Student Union Bar



Thursday night Fringe event officially opens at 7 pm

Dr Daniel Yon will be delivering our Fringe talk at 7:30pm, before ATP favourite Harriet Ennis entertains us with some ATPical games.

Exhibitors can begin setting up from 12 pm, and we have a private hire of the Student Union bar from 5 pm, before the Fringe event officially opens at 7 pm. Pizzas can be pre-booked through the conference website.



Harriet Ennis

The Social Life of Confidence

An interactive and engaging talk to promote discussion around 'confidence'.

Confidence usually feels like a private, personal psychological experience. But confidence has something of a double life, as we use expressions of conviction or uncertainty to coordinate our social interactions with other people. For instance, we can exaggerate our confidence to increase our influence on a group decision, or downplay it to protect our reputations.

Our latest research suggests that the boundary between 'public' and 'private' confidence can blur - meaning that as our brains try to deceive other people, we end up deceiving ourselves. This idea

has implications for a whole host of topics in psychology and everyday life - including political polarisation, why men are more confident than women, why MPs are more confident than scientists, why NASA rockets sometimes explode and why the Faithfuls on The Traitors tend to vote off the wrong person.



Dr Daniel Yon

A great chance to relax, socialise and meet fellow members.

Inspiration Remembered: Awards and Memorial Lectures



To honour Helen's memory, we have introduced the '**Helen Kitching Memorial Lecture**', and the '**Helen Kitching Award**' for people who make a difference to the psychology community. Helen's legacy is one of inspiration, dedication, friendship, and amazing ATP conferences. Helen organised the ATP conference every year from 2011, she was a fellow of the BPS, DART-P Chair, SCoPESC Chair, editor of the 'ATP today', author of the journal 'Psychology Teaching Review', and author of three textbooks. Tributes to Helen's extraordinary impact and lasting legacy can be found in the previous editions of ATP Today.

Helen Kitching Award sponsored by AQA - Winner: Deb D'Auria

The committee are delighted to announce that this year's winner of the Helen Kitching sponsored conference place is Debora D'Auria. A former committee member and BPS contributor, Deb has inspired countless students and colleagues over the years. Many ATP stalwarts will remember Deb's fabulous "Eureka bath", collaged with pages torn from old psychology textbooks, which made an appearance at our 2012 conference at Aston. We are thrilled to welcome Deb back after a notable hiatus. Congratulations on your winning entry! Deb's application spoke of resilience, friendship, and the benefits of a supportive teaching community.



The **Mike Stanley Award** offers a free conference place to a PGCE, PGDE student/ECT. It honours the memory of Mike Stanley - the only person to have attended every ATP conference from the very first, until his final one in 2016. With his (Canadian) charm, warmth, gentle manner, sense of humour, and intelligence, he was a much-loved member of the ATP. Mike was a respected examiner, author, and department lead, mentoring countless early-career teachers in a highly professional but caring manner; they'd often attend conferences together, friends as much as colleagues. Mike was a steadfast supporter of psychology teachers – especially those just starting out, and of the ATP committee, rallying people to attend the AGMs.

Mike Stanley Award sponsored by The ATP - Winner: Katie Glover

Katie is an exceptionally deserving candidate for the Mike Stanley Award. As she approaches her final ECT year, she has already shown a strong commitment to professional growth through co-directing a teaching and learning podcast and actively immersing herself in academic research. Her application highlighted how she is meeting the challenges of being a new teacher with enthusiasm, humility, and a clear desire to learn from experienced practitioners. The committee is delighted to support Katie at this stage of her career. It represents an investment in a reflective, evidence-informed individual who strives to improve outcomes for her pupils and contribute positively to the profession.



With thanks to Hachette Learning for sponsoring the Helen Kitching lecture and the Tim Gregson-Williams lecture



We hold the **Tim Gregson-Williams Memorial Lecture** in honour of someone whose warmth, humour, and unwavering support left a lasting impression on all who knew him, and helped shape the success of Psychology education. As a publisher at Hodder, Tim championed the subject with heart and vision—never dismissing a proposal, always believing in its potential. His bond with the ATP and fondness for Psychology teachers made him a beloved figure at conferences, where his trademark chair-top toasts and book raffles at the Hodder's wine reception became an eagerly awaited and much-loved feature of the conference.

Breakout Programme

Friday Breakout One: 11:30am - choose one

Workshop The use of Animals in Psychological Research

Presenter
Rachel Thomson



Room 402 (max 48)

Rachel completed an MRes in Neuroscience and is now a doctoral student at the Centre for Comparative & Evolutionary Psychology, at the University of Portsmouth. Her research focuses on elephant cognition, personality and human-elephant conflict. In this workshop, Rachel will delve into the scientific value of animal models, methodological issues and ethical considerations when working with animals in both the laboratory and in the wild. She will describe her use of novel-object presentations and puzzle-box experiments, crop-raiding analysis & community work for her fieldwork period in Botswana as well as her work on the Captive Elephant Personality Questionnaire Validation project for the Elephant Welfare Group that she began at the University of Southampton. She will finish by providing suggestions about how students can bolster their understanding of research methods and stats through observational studies at local zoos and wildlife parks.

Workshop Decoding Digital Voices: Qualitative and Quantitative Content Analysis of Online Data

Presenter
Dr David Giles



Room 405 (max 40)

Using examples from online forums such as MumsNet and Instagram, I'll take participants through two alternative approaches to content analysis that will enable students to appreciate the strengths and limitations of qualitative and quantitative research methods. We will discuss the kinds of research questions that are suitable for use with each approach, the claims we can make based on the data and the analytic method and consider some basic techniques for reducing and coding the data. We will explore the differences between content analysis and other qualitative and quantitative methods as well as considering ways of reporting and representing the results obtained from the different procedures. We will also explore the challenges of working with online data for answering psychological questions. The session is designed to leave you feeling confident and competent to conduct ethical and credible projects with your own students on topics that fit with your A level curricula, e.g. addiction, relationships, gender and stress.

Workshop Alice Through the Looking Glass

Presenter
Ray Heath
PsychExcite



Room 401 (max 40)

Teaching psychology can sometimes feel like falling down a rabbit hole - the workload expands, expectations shift, and your brain is expected to perform miracles on very little sleep. This lively, Alice-themed workshop invites teachers to step through the looking-glass and reconnect with the joy of the subject. Expect to roll up your sleeves, work with a partner, laugh a little, and take part in a hands-on replication of a real psychology experiment. You'll experience first-hand how the body quietly shapes thinking, and why emotions matter so much for learning - especially under stress. Along the way, we'll explore simple, evidence-based strategies for emotional regulation that support both student learning and teacher wellbeing. The session models embodied, memorable activities that bring psychology to life in the classroom, boosting engagement, strengthening recall, and reminding us why we chose this extraordinary subject.

Workshop Removing barriers for students facing challenging circumstances using CBT Education

Presenter
Holly Jackson



Lecture Theatre

In this workshop, Holly will showcase the Cognitive Behavioural Therapy Educational Programme (CBT-EP), an innovative eight-week pastoral programme that she designed to help students develop resilience and achieve their academic potential. Many of Holly's students are from areas of significant socio-economic deprivation and are often first-generation university applicants. She designed this programme to remove barriers and support her students in pursuing their ambitions, even in challenging circumstances. She hopes to expand her programme to include workshops, research, and outreach to other schools and colleges and in this session, she welcomes you to join her in this quest! Using student-written case studies you'll explore themes including perfectionism, social anxiety, low self-esteem, procrastination and many other commonly overlooked issues which can negatively affect wellbeing and academic performance. You'll examine ways to embed CBT into lessons to support progress, especially for students from disadvantaged backgrounds. Holly will also offer advice on teaching students who experience particularly difficult personal and family circumstances, all of which can make certain topics especially challenging. *Holly has worked in education for over 15 years. She is also a trained Psychological Wellbeing Practitioner and is the 2026 BPS "Psychology Teacher of the Year" in the pre-tertiary section.*

Workshop
Freud, the Psychodynamic Approach and its Application Today

Presenter
Dr Chris Nicholson



Room 403 (max 32)

This talk will cover the main ideas that constitute Freud's 'psychodynamic approach' - the unconscious, defence mechanisms, his three phases of theoretical development, the psychosexual stages of development, and the Oedipus Complex. Along the way, I will address Freudian 'metapsychology', its epistemological status and connection with contemporary neurology. Finally, I will illustrate the continuing efficacy of the psychodynamic approach with several case examples drawn from my own practice. The Freud that emerges will be more interesting and suggestive, and more relevant to the irrationality and complexity of contemporary social and political life.

Workshop
Engaging Boys: challenging perceptions of psychology!

Presenter
Dr Patrick Hylton and Dr Charlotte Cartledge



Room 404 (max 48)

In this workshop, Patrick and Charlotte will share findings from research conducted in collaboration with the University of Lincoln Pre Degree Psychology Teaching Committee, focusing on gender disparities within psychology. The research explores the perceptions of psychology that may contribute to the under representation of boys and young men on psychology courses. The workshop will also showcase student created social media memes designed to challenge and address common misconceptions about the discipline. *Dr Charlotte Cartledge is a Senior Lecturer in Developmental Psychology and Programme Leader for BSc Psychology at the University of Lincoln. Her research focuses on education and learning. With experience in teaching and research within Higher Education and sixth-form settings, she has first-hand knowledge of the UK university and schooling systems. In the context of Higher Education, she is particularly interested in the academic and social transitions into university, as well as student engagement and motivation. Dr Patrick Hylton is an Associate Professor in the School of Psychology, Sport Science & Wellbeing at the University of Lincoln. His responsibilities within the school include Final Year Module Leader for two modules: Community Psychology and Experience in Higher Education. He is also Module Co ordinator for the first year module Foundations of Applied Psychology. Patrick also serves as the School's JEDI (Justice, Equality, Diversity and Inclusion) Lead.*



Friday Breakout Two:
1.30pm - choose one

Workshop
The New Ofsted Framework: What It Means in Practice

Presenter
Lucia Berridge



Lecture theatre

With the introduction of the new Ofsted framework in January 2026, inspection has taken a clear shift towards a more detailed, contextual and conversation driven approach. This workshop goes beyond a general overview, drawing directly on my experience of going through inspection under the new framework in February 2026. We will explore what has changed, what inspectors are really focusing on, and where there is still uncertainty. The session will offer practical insights into how leaders and teachers can prepare, respond and lead with confidence under this new system. Although it comes from my role as a Head of Faculty and my personal experience, this session reflects our whole school approach, sharing what works at a school, faculty and subject level. It will also offer practical guidance on shaping clear, meaningful impact statements that demonstrate real value.

Workshop
Struggle -> Learning: Selling Desirable Difficulties to Students

Presenter
Nick Serifin



Room 404 (max 48)

Real revision is supposed to feel a bit uncomfortable! And... well.. that's exactly why it works. When it comes to desirable difficulties, challenge is a feature, not a bug! and students need help recognising that. In this session, we'll cut through the "busywork" habits students love (rereading, highlighting, copying notes, last-minute cramming) and focus on strategies that genuinely build long-term memory: retrieval practice (the testing effect), spaced practice (the spacing effect), and interleaving (mixing topics and question types). But evidence alone doesn't change behaviour. A big part of the session is about persuasion: how to sell hard revision to teenagers who crave quick, easy reassurance. We'll explore why "feels easy" often equals "learns little," and how to re-label struggle as progress using quick, visible wins. You'll leave with practical classroom routines, classroom activities and student-friendly language you can use immediately. We'll also cover metacognition (helping students spot what they don't know yet) and ways to keep them moving when motivation drops.

Workshop
The ISI Inspection Framework

Presenter
KarenAnn Hood



Room 403 (max 32)

Inspector, Deputy Head and ISI Inspector Karenann Hood will provide an overview of ISI inspection process including what inspectors are looking for and how lesson observations are recorded.

Workshop
Working with
Violent Offenders

Presenter
Dr Dan Rusu



Room 405 (max 40)

Criminological work with violent offenders is often framed in terms of outcomes, risk, and intervention. This session focuses on the process of engaging with individuals who have committed serious violence, with particular attention to the meaning behind homicide offenders' words. It explores how we listen, how we read between the lines, and how emotions are communicated and responded to within these encounters. The session also considers how narratives are shaped in interaction, and how our own presence and reactions form part of that process. It offers a space to reflect on what it means to work closely with violence and to make sense of it.

Workshop
Biological psychology: engaging
students with the big questions

Presenter
Tim Lawrence



Room 402 (max 48)

For teachers of GCSE and A Level, all exam boards. Tim is Subject Advisor for Pearson Edexcel Psychology and International Science qualifications, and also has many years of experience teaching AQA A Level Psychology and A Level Biology. Biological Psychology can be a challenging area for students (and sometimes teachers!) who don't have a particular interest in biology. Tim will focus on concepts common to all GCSE and A Level courses and explore how to bring them to life, engage students, and use them to deepen understanding of big questions in biopsychology. A more nuanced grasp of biological concepts leads to a deeper appreciation of the issues and debates which form a key part of all our psychology courses, especially reductionism, determinism, and nature-nurture. Using biopsychology concepts to address these issues and debates will also be a focus of the session.

Workshop
Boo! The history of the ghost
in literature and psychiatry

Presenter
Dr Guy Sutton



Room 401 (max 40)

This year Guy will be sharing a talk from his extraordinary programme of public lectures, which cover a jaw-droppingly diverse range of topics from climate change to warfare, music, witchcraft and space travel! In this talk Guy will showcase his unbridled energy and expertise in a session exploring the conception and portrayal of the ghost in literature, with reference to the work of MR James, WW Jacobs and Stephen King. Beginning with an overview of masterpieces such as Oh, Whistle, And I'll Come To You, My Lad, The Monkey's Paw and The Shining, we will then consider the psychology and psychiatry of the ghost story. We will think about what is real, the neuroscience of being scared and what happens in the brain when we experience an apparition. The lecture concludes with a contemplation of why we like to be scared and how the ghost story reflects societal constructs of death and the afterlife.

Friday Breakout Three:
2.30pm - choose one

Workshop
Research Methods, Practicals
and 'Design a study' questions

Presenter
Rosie McGinley (AQA)



Lecture theatre

Join the AQA Subject Lead for Psychology and Law to explore how to maximise performance in Research Methods, with a spotlight on 'design a study' questions. We'll highlight the central role of practical research in bringing the topic to life and share the most effective resources to support high-quality teaching and learning.

Workshop
Practical Skills in Psychology

Presenter
Nicola Heath (Cambridge OCR)

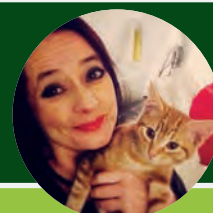


Room 402 (max 48)

Nicola will share her take on practical skills in psychology, why these are important and how practical investigations can support delivery of an A Level course and beyond.

Workshop
IB - We Can! Seven steps
to Heaven in 2027!

Presenter
Mandy Wood



Room 403 (max 32)

Are you an experienced IB teacher grappling with the new curriculum or a newbie trying to wrap your head around the difference between IB and A Level? Perhaps you've never taught IB before but fancy adding an extra string to your bow or even teaching overseas? Whatever your starting point, come and join me to discuss delivery and assessment of the new guide.

Continued on next page....

Workshop
Understanding and Working
with Self-harming Adolescents

Presenter
Chris Nicholson



Room 401 (max 40)

This talk provides an introduction to self-harm that shines a new light upon the symbolic and communicative function of self-harm and shows how therapeutic practitioners, educationalists and others can work with this counter-intuitive behaviour more effectively. Based in his direct experience of therapeutic work with male and female adolescents in therapeutic communities, Chris will begin by defining trauma and how this can be understood psychodynamically. He will describe the prevalence and characteristics of self-harm, before pointing to the significance of a surprising connection between self-harm and adolescent initiation rites. Finally, Chris will present two examples that demonstrate the symbolic and communicative function of self-harm, and indicate how teachers and other practitioners can work together to support young people who self-harm in educational settings.

Workshop
Crime and Consequence

Presenter
Dr Liam Brolan



Room 404 (max 48)

This session offers an insight into how criminology can be taught in a way that is both intellectually rigorous and genuinely engaging for students. Drawing on over a decade of university teaching and active research in violent crime and bereavement, Dr Liam Brolan takes a Socratic approach - using real cases and current debates to push students to question assumptions and think critically about crime, offending, and the criminal justice system. Come along for ideas, activities, and conversation about how to teach criminology as both an applied and theoretical subject. Relevant to teachers of Psychology, Sociology, and WJEC Criminology.

Workshop
Why Learning Psychology
Matters: Exploring the Love of
Psychology Inside and Outside
the Classroom

Presenter
Mairi Rice



Room 405 (max 40)

What makes psychology such a compelling subject for students? This interactive workshop explores the love of psychology inside and outside the classroom, examining how psychological ideas help learners make sense of everyday life as well as academic content. Participants will share experiences, take part in practical activities and leave with ideas to support engagement, curiosity and lasting interest in psychology.

Friday Breakout Four:
4.00pm - choose one

Workshop
Social Networks, Pro Social
Behaviours, Creativity
and Well-Being

Presenter
Evie Bentley



Room 403 (max 32)

Given that pro-social behaviours can apply to how we treat ourselves (e.g. diet, habits) as well as others, I have been interested in how social networks including those of other animals are also involved, including inter-species cooperation. Do these networks affect well-being? This led to thinking about creativity, if this has any links to wellbeing is it shown by other species? Do come and share examples supporting your views and hear and see what I've found!

Workshop
The Digital Psychologist:
Inclusion, Literacy, and
the Phone Free Classroom

Presenter
Dani Bryton



Room 404 (max 48)

As mobile device restrictions tighten, how do we maintain an inclusive, cutting-edge Psychology classroom? This practical workshop focuses on browser-based tools that work seamlessly on Chromebooks and laptops, ensuring high-impact delivery without relying on smartphones. We will explore three pillars of the digital classroom: Collaborative Sandboxes (using Gorilla Experiment Builder to move students from consumers to researchers), Interactive Synthesis (utilising FigJam for visual evaluation and peer feedback), and Micro-Media Production (creating professional "flipped learning" content to boost engagement). Participants will engage in live demos; please bring a laptop or Chromebook to the session. Attendees will also receive a "Digital Toolkit" including a growing library of video tutorials and ready-to-use templates designed to reduce teacher workload and support neurodiverse learners. Whether you are a technophobe or a digital native, you will leave with a clear roadmap for making Psychology more interactive, accessible, and future proof.

Workshop
How to get yourself published

Presenter
Cara Flanagan



Room 405 (max 40)

Would you like to get into writing/publishing? Or starting up a YouTube channel? Cara Flanagan (author of a range of Psychology textbooks) hosts a panel of authors, publishers, bloggers and vloggers who will tell you how they got into writing/content creation etc. and answer any questions. You may even find you get a bit of freelance work!

Workshop
Embedding careers into the psychology curriculum

Presenter
Helen Gibb



Room 401 (max 40)

Former Head of Psychology and Year 12, Helen Gibb, has recently achieved qualification as a Level 6 Careers Guidance Development Practitioner - a significant professional milestone that reflects her expertise and commitment to student futures. Helen is keen to share key insights and practical learning from her training at a crucial moment for schools and colleges. With the five new Gatsby Benchmark targets for careers guidance in education having come into effect in September 2025, there is a growing expectation that careers education will be fully embedded across the curriculum. Careers are increasingly positioned at the heart of education and leadership, elevating them as a strategic priority across the whole institution. This session will clearly outline the new requirements and expectations, while also offering practical ideas and approaches for effective delivery.

Workshop
Encouraging independent learning in psychology

Presenter
Mike Hobbiss



Lecture Theatre

It's probably one of the few things most psychology teachers could agree upon - that we want young people to develop as independent learners. Insights from cognitive science have given us very clear and practical strategies that we want students to adopt but just telling them doesn't seem to work! In this session I'll provide a useful theoretical framework that helps implement more meaningful change in our students, plus practical examples of how to implement it.

Workshop
The Helen Kitching Award (THKA) - 2026/27

Presenter
Claire Barker



Room 402 (max 48)

Interested in applying for The Helen Kitching Award (THKA) through DART-P but not sure what's involved? This workshop offers a clear, accessible overview of the process, helping you understand what to expect before you get started. We'll introduce the key stages of the application, explain how DART-P works, and highlight what makes a strong submission. You'll also learn about common pitfalls and how to approach the application with confidence. Whether you're just considering applying or want to get a better sense of the requirements, this session will give you a helpful big-picture view and point you in the right direction.

Saturday Breakout Five:
12.00pm - choose one

Workshop
Murder IRL - Independent Research Lab

Presenter

Dr Liam Brolan



Room 404 (max 48)

Dr Liam Brolan has spent over a decade teaching and supervising research at undergraduate and postgraduate level. His PhD examined the experiences of families who have been bereaved when a loved one is murdered abroad - navigating grief, justice systems, and institutional failure. His peer-reviewed publications cover serious violence and contract murder. Drawing on that research experience, this session takes teachers through the research process as it actually happens: formulating a question, finding participants, building rapport, designing interviews, navigating ethical approval, and dealing with the methodological challenges that arise when researching sensitive topics involving traumatic lived experience. This session is for teachers who want a deeper understanding of the research process - and practical insight into how to engage and inspire students undertaking independent research. Relevant to teachers of Psychology, Sociology, and Criminology, and to EPQ coordinators/supervisors.

Workshop
Removing barriers for students facing challenging circumstances using CBT Education

Presenter
Holly Jackson



Room 401 (max 40)

In this workshop, Holly will showcase the Cognitive Behavioural Therapy Educational Programme (CBT-EP), an innovative eight-week pastoral programme that she designed to help students develop resilience and achieve their academic potential. Many of Holly's students are from areas of significant socio-economic deprivation and are often first-generation university applicants. She designed this programme to remove barriers and support her students in pursuing their ambitions, even in challenging circumstances. She hopes to expand her programme to include workshops, research, and outreach to other schools and colleges and in this session, she welcomes you to join her in this quest! Using student-written case studies you'll explore themes including perfectionism, social anxiety, low self-esteem, procrastination and many other commonly overlooked issues which can negatively affect wellbeing and academic performance. You'll examine ways to embed CBT into lessons to support progress, especially for students from disadvantaged backgrounds. Holly will also offer advice on teaching students who experience particularly difficult personal and family circumstances, all of which can make certain topics especially challenging. *Holly has worked in education for over 15 years. She is also a trained Psychological Wellbeing Practitioner and is the 2026 BPS "Psychology Teacher of the Year" in the pre-tertiary section.*

Workshop
The Annual Generative AI Update

Presenter
Matt Jarvis



Room 402 (max 48)

In this workshop, esteemed textbook author and learning technologist Matt Jarvis discusses how Generative AI continues to change everything, but at the same time, the various backlashes that have gathered pace. The aim of this session is to briefly overview research findings on the changing applications of GenAI - including vibe coding, some psychology-related examples of which I will share - but also to take a broader, more critical view, and give balanced coverage to the reasons why many people reject generative AI. For example, AI has an environmental footprint, yet this is being mitigated through server efficiencies. GenAI can also have a significant impact on human cognition when overused, however pedagogies designed to minimise and even reverse this effect now exist. The relationship between GenAI and employment is paradoxical; on one hand GenAI has had a negative impact on employment opportunities. On the other hand, using GenAI has become an employability skill, so eschewing it on the grounds of harm to our students' employment prospects is not really an option. There are no straightforward answers to these questions, but I hope to at least clarify the issues and offer some concrete suggestions for practical classroom applications for GenAI. *Matt is part of the Learning Design team at Bournemouth University, with particular responsibility for AI literacy and development. He is also the founder of Digigogy, a Chartered Psychologist and Certified Learning Technologist.*

Workshop
Adaptive teaching for EAL students: The thrill of using CLIL!

Presenter
Lyndsey Hayes and Melissa Holland



Room 403 (max 32)

CLIL, or the Content and Language Integrated Learning approach, is a unique dual coding pedagogy for successfully teaching Psychology (and other subjects) to EAL students. This approach allows students to cope with the linguistic requirements of the psychology classroom, while simultaneously using this unique space to enhance their general English language skills. During the workshop, we will explore various elements of CLIL and how to apply these to your teaching practice in an interactive and practical way. We aim for you to leave with some take-away ideas and inspiration on how to make this approach work for your students. If you want to find out more about how this approach can enhance your students' learning without unnecessarily adding to your workload, join us to find out more about the thrill of using CLIL!



Workshop
Leading an Outstanding Psychology Department

Presenter
Rosie Hussain



Lecture Theatre

This dynamic session gives Psychology leaders the blueprint for building a high performing, future ready department. Drawing on real world leadership experience and cutting edge practice, Rosie will unpack what "outstanding" truly looks like, from curriculum design and assessment strategy to culture, systems, and team development. Attendees will leave with practical frameworks, ready to use tools, and leadership insights that elevate teaching quality, drive student outcomes, and position Psychology as a flagship subject within the school. Perfect for aspiring, new, and experienced Heads of Psychology who want to lead with clarity, confidence, and impact.

Workshop
Challenging Bias: Raising Awareness

Presenter
Dr Patrick Hylton
Shakila Roy



Room 405 (max 40)

In this workshop, Patrick and Shakila will explore practical and reflective ways to embed awareness of cultural and gender bias into the curriculum. Using examples from teaching and learning practice, they will examine hidden assumptions and norms. The session aims to support the development of inclusive pedagogical practices that promote diversity, inclusion, and a sense of belonging. Participants will also have dedicated time to actively develop ideas together. *Dr Patrick Hylton is an Associate Professor in the School of Psychology, Sport Science & Wellbeing at the University of Lincoln. His responsibilities within the School include Final Year Module Leader for two modules: Community Psychology and Experience in Higher Education. He is also Module Co-ordinator for the first-year module Foundations of Applied Psychology. Patrick also serves as the School's JEDI (Justice, Equality, Diversity and Inclusion) Lead.*



Shakila is an experienced Teacher of Psychology with over 20 years' experience as Head of Department, with wider leadership roles including Head of Lower School. Her expertise extends beyond the classroom, encompassing examining, resource development, and the delivery of high-quality CPD for both new and experienced staff. Shakila is also a member of Lincoln University's Psychology Teachers Steering Group collaborating on research into gender disparity in Psychology education. In addition, she is a qualified counsellor, bringing a strong and insightful understanding of student wellbeing and pastoral support to her professional practice.

Saturday Breakout Six: 1.45pm - choose one

Workshop

Investigating Academic Reading: Putting evidence into action

Presenter

Dr Charlotte Cartledge



Room 405 (max 40)

Academic reading is an important aspect of education at all levels; however, many students struggle to engage with independent reading beyond the classroom. Research shows that students who read more tend to achieve higher grades, are more involved in classroom discussions and generally have an improved understanding of the information covered in class. Drawing on research evidence and Charlotte's experience working across school and university settings, this session explores students' academic reading practices. Together we will consider how and why students read and the factors that can limit engagement with reading. The session will also discuss what this means for preparing learners for the academic demands of higher education. In particular, it will explore the academic and social transitions students experience when moving from school or college into university, and how expectations around independence and engagement can impact motivation. The session aims to leave delegates with a range of practical, evidence-based recommendations to help students become more university ready. *Dr Charlotte Cartledge is a Senior Lecturer in Developmental Psychology and Programme Leader for BSc Psychology at the University of Lincoln. Her research focuses on education and learning. With experience in teaching and research within Higher Education and sixth-form settings, she has first-hand knowledge of the UK university and schooling systems. In the context of Higher Education, she is particularly interested in the academic and social transitions into university, as well as student engagement and motivation.*

Workshop

Becoming a Chartered Psychologist through the Teaching Route

Presenter

Claire Barker



Room 403 (max 32)

Curious about becoming a chartered psychologist through the teaching route? This friendly, down-to-earth workshop is a great place to start! We'll walk you through the teaching route step by step - what qualifications you need, how to gain the right experience, and what the journey actually looks like in real life. You'll hear from people who've done it themselves, with plenty of time to ask questions and get honest advice. Whether you're just exploring the idea or already on your way, this session is all about making the process feel clear, achievable, and even exciting. Come along, meet like-minded people, and leave feeling more confident about your next steps!

Workshop

Feedback to feedforward

Presenter

Mike Hobbiss



Room 402 (max 48)

Feedback is one of the most powerful tools we have for helping make students make progress in psychology. But sometimes students ignore it, or fail to action it in any meaningful way, at a significant cost to teacher workload. This session will frame feedback in psychology as a holistic process, one that happens before, during and after students complete a task, and consider the importance of teacher mental models and decision-making at each stage.

Workshop

Grade A made simple

Presenter

Cara Flanagan



Lecture theatre

Cara Flanagan is a prolific author of Psychology textbooks for many different exam boards and worked for many years as a senior AQA examiner. The focus in her books is always on tailoring the content to fit the demands of the exam. My motto is 'Keep it simple'. This session will look at the key factors that underwrite a Grade A, focusing mainly focus on the AQA exam but relevant to other boards.

Workshop

Metacognition - the MASTER model

Presenter

Vi Gandhi



Room 401 (max 40)

I would like to introduce the MASTER model (based on Shimamura's MARGE model) of metacognition. In the presentation, I would like to share my case study of using this model to help Year 9 students to develop and use psychological literacy to be better learners. This is my case study for this year's BPS Helen Kitching Award.

Workshop

The danger of pessimism for our students and their future.

Presenter

Peter Radford



Room 404 (max 48)

This workshop will examine the core components of wellbeing and how a media diet of bad news is skewing mindsets, mental health and behaviour. What can we do in school to challenge the gloom and inspire optimism at a time of unprecedented anxiety?

Saturday Breakout Seven: 2.45pm - choose one

Workshop Fed up of formulaic evaluation?

Presenter
Richard Bright



Room 403 (max 32)

Are you fed up of formulaic evaluation? Are your students struggling to explain why their points matter? Students often settle for recall of the same few generic evaluation points that struggle to allow them to access the higher grades. Yet psychology as a discipline demands causal reasoning, methodological trade-off thinking and justified judgement under uncertainty. This session explores how to move beyond bolt-on A03 and explicitly teach students to think like psychologists. Drawing on disciplinary literacy, cognitive science and classroom practice, delegates will experience practical strategies that develop authentic psychological reasoning while maintaining exam success.

Workshop Lala Life hacks - Developing academic buoyancy

Presenter
Harriet Ennis



Room 404 (max 48)

La la la life hacks - for teaching and learning or 'how to develop academic buoyancy'. In this workshop, Harriet shares evidence-based life hacks to raise academic buoyancy. You will take away ideas and practical tips to improve student (and teacher!) success. She collates top tips from Positive Psychology and pedagogical research that promote student attainment, wellbeing, and psychological literacy. Psychology education matters because it has a ripple effect beyond its own curriculum: it influences students' exam performance in other subjects, extends into their future lives, and reaches into wider society. *Harriet Ennis from Bootham School, York, was the BPS Psychology Teacher of the Year 2025.*

Workshop Bias, biology and behaviourism in the gender identity debate

Presenter
Peter Radford



Lecture theatre

This session will explore how these factors intersect in the ongoing gender identity debate. Participants will deconstruct their own views and biases and consider how we can approach the issue with openness and clarity whilst promoting inclusion amidst a highly politicised context.

Workshop Research Methods, Practicals and 'Design a study' questions

Presenter
Rosie McGinley (AQA)



Room 402 (max 48)

Join the AQA Subject Lead for Psychology and Law to explore how to maximise performance in Research Methods, with a spotlight on 'design a study' questions. We'll highlight the central role of practical research in bringing the topic to life and share the most effective resources to support high-quality teaching and learning.

Workshop Ask Cambridge OCR

Presenter
Nicola Heath (Cambridge OCR)



Room 401 (max 40)

Drop in with any questions you have about a Cambridge OCR qualification - GCSE or A Level Psychology, or the Cambridge Advanced Nationals (AAQ) in Mental Health: Individuals and Society. The Subject Advisor Nicola Heath will be on hand to discuss your queries, provide support and gather any feedback.

Workshop Eat Me! Drink Me! Are We All Synesthetes?

Presenter
Ray Heath



Room 405 (max 40)

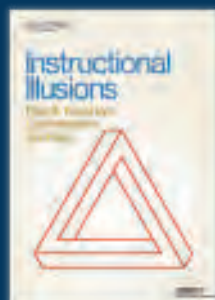
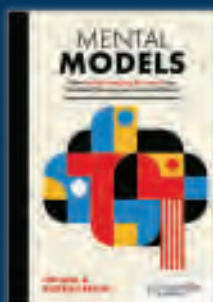
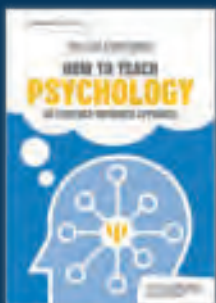
What if your students could taste a sound, feel a colour, or hear a shape? In this playful, Mad Hatter-inspired workshop, teachers are invited to a topsy-turvy tea party to explore the fascinating world of synaesthesia – and to consider whether we might all have a touch of it. Expect cake, music, laughter, and a hands-on replication of a real psychology experiment that explores how our senses interact in surprising ways. Through direct experience, participants will discover how perception is constructed, why sensory crossover matters for memory and learning, and how multisensory approaches can make abstract concepts stick. Along the way, we'll reflect on how novelty, curiosity, and sensory engagement can re-energise tired brains – both students' and teachers'. This session models memorable, classroom-ready activities that bring psychology vividly to life, spark discussion, and remind us just how wonderfully strange and creative the human mind can be.

Discover our latest AQA A-level Psychology titles



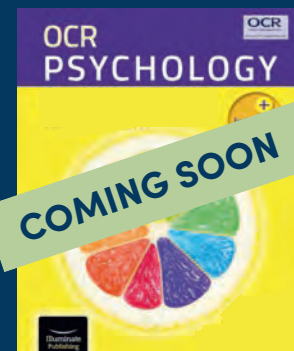
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Exhibitors

Exhibitor competitions: Win a free Cat or Dog book with OUP - enter the raffle by visiting the OUP stand, and placing a sticker to highlight different challenges you have faced with the new spec.



The British Psychological Society (BPS)

Representation from DART-P as the relevant subdivision of the BPS

The BPS are kindly contributing £1200 towards our gala dinner

The Division of Academics, Researchers and Teachers in Psychology (DARTP) promotes the professional interests of psychologists who teach and/or conduct research, whether in a university, school, college or any other academic environment. We promote the professional interests of psychologists who teach and/or conduct research, whether in a university, school, college or any other academic environment. We aim to facilitate the professional development of academics, researchers and teachers in psychology. We assist our members in developing and disseminating their skills, professional knowledge and careers in psychology. We provide opportunities for collaboration across different sectors within psychology education.



Hachette Learning

Kindly sponsoring both the Tim Gregson-Williams,

Helen Kitching Memorial Keynote Lectures and £500 for our drinks reception

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AQA

Kindly sponsoring a fully funded full conference residential place in honour of Helen Kitching

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PsychStix

PsychStix is a dynamic hub for psychology educators and students, founded by Chief Pstick, Mandy Wood, an experienced textbook author, examiner, and international tutor. With a thriving Facebook community of over 750 psychology teachers, tutors, and lecturers, Mandy shares regular insights from her research, writing, and tutoring covering a range of exam boards including AQA, Edexcel (UK and IAL), OCR Cambridge (IAL), specifically, the International Baccalaureate (Diploma) which is the board that she is most involved with. Mandy is a long-standing member of the Association for the Teaching of Psychology (ATP), former and current committee member, former editor for Psychology Review magazine, and an enthusiastic workshop leader. PsychStix offers a unique blend of academic credibility and down-to-earth, creative delivery. Stop by, say hello, and see how PsychStix can support your teaching and/or learning journey.



PsychBoost

Psych Boost is a leading YouTube channel dedicated to supporting A-level and GCSE Psychology teachers and students across the UK. Created by an experienced classroom teacher, the channel offers clear, engaging, and curriculum-aligned content designed to boost student understanding and provide top tips to improve exam performance.

The channel features explainer videos, live revision sessions, and—new this year—teacher CPD interviews with leading experts in the field!

It's also home to innovative resources such as ready-to-use PowerPoints, one-page topic guides, and hundreds of visually appealing worksheets—perfect for revision and in-class use. Whether you're a new teacher or a seasoned educator, you'll find tools, tips, and inspiration to transform your classroom.

Wyke

Holly Jackson has over 15 years teaching experience, working with students aged 11-18, across secondary school and college settings. Holly trained as a Psychological Wellbeing Practitioner, which inspired her development of the Cognitive Behavioural Therapy (CBT) Educational Programme in 2023 which supports students to meet their academic potential and support their own wellbeing.

As part of the Humanities and Social Science Faculty, the Wyke Psychology Department contributes to an Ofsted Outstanding college community that welcomes students from the East Riding of Yorkshire, Northern Lincolnshire, and Hull, championing academic excellence and exceptional enrichment.

The Psychology Department at Wyke delivers the Edexcel specification with over 60 years of combined teaching experience and exam marking across the department. Guest speakers, trips and workshops give students unique opportunities to engage with clinical psychologists, forensic psychologists, educational psychologists, mental health nurses, CBT therapists and individuals with lived experience to ensure they make informed decisions about their next steps. holly.jackson@wyke.ac.uk



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EFPTA

The ATP and ATP Scotland are members of the European Federation of Psychology Teachers' Associations (EFPTA)! It's a federation of national and regional associations of psychology teachers in schools and colleges in European countries, mainly with students aged 13-19 years. We aim to promote and support pre-university psychology education across Europe, as we believe that all young people should have access to learning psychology at school. Established with just three members in 2004 in Helsinki, EFPTA now also includes Belgium, Czechia, Denmark, Finland, Germany, Iceland, Netherlands, Norway, Slovakia, Slovenia and Sweden. In April this year, the EFPTA Biennial Conference, held in Ljubljana, Slovenia, was a great success, with about 90 participants from 18 countries. Find out more: www.efpta.org

University of Winchester

At the University of Winchester, our Psychology courses are defined by their people, purpose, and commitment to student success. We combine research-informed teaching with an exceptional learning environment, enabling students to explore the science of mind and behaviour while developing the confidence and skills to make a positive impact in the world.

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PsyToolkit is an online learning platform for psychology students. It was created by Professor Gijsbert Stoet and is used by tens of thousands of students around the world. It is completely open-access with a library of ready-made demonstrations of popular tasks and assessments used in cognitive psychology, personality psychology, and clinical psychology. Staff and students can access it for free. For the upcoming academic year we have a dedicated site for the A-levels here: www.psychtoolkit.org/alevels



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Psychexcite

Ray Heath is an experienced psychology educator with over 35 years of teaching across secondary, FE, and international contexts, including leadership roles in IB and A level Psychology. She now runs Psychexcite, delivering lively, evidence-based workshops that bring Psychology, brain science and wellbeing to life through interactive experiments, storytelling, and participation. Her imaginative "Alice in Psychland" workshop series invites teachers to step into a creative world where workshops on topics such as memory, emotion, stress, sleep, and communication become engaging, practical learning experiences. Designed to be "ideas-ready" for the classroom, her sessions offer immediately usable strategies to help students following any course of study get the best out of their brains for learning and wellbeing. rayheath@psychexcite.com



Cara Flanagan

Cara Flanagan was a teacher for 15 years (of Maths, Computer Science and Psychology) and then went freelance as an author and a senior examiner (both marking and composing AQA exam papers). For 30+ years she has been the lead author on a number of textbooks and revision guides for the AQA Psychology exams and also other exam boards. Her work is recognised for ensuring complex psychological concepts are accessible to students, and for producing resources that students love to use. She was senior editor of Psychology Review until its recent closure and for many years ran student conferences, including speakers such as Elizabeth Loftus.



Helen Gibb

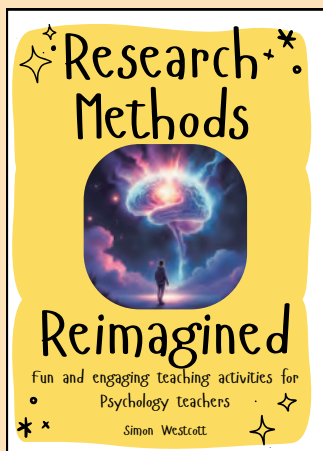
With a Level 6 Diploma in Careers Guidance and Development, I have extensive experience in designing and delivering impactful sixth-form careers education and work-experience provision. I am passionate about helping young people make informed progression choices through meaningful careers guidance, employer engagement, and targeted personal development opportunities. I work closely with psychology teachers to implement Gatsby Benchmark 4 "Linking Curriculum Learning to Careers" and can help students understand how the psychology they learn in school connects to real jobs, industries, and future career pathways. I offer impartial one-to-one careers guidance interviews for all pupils, including SEND learners and vulnerable students, alongside support with CV writing, interview coaching, help with apprenticeship applications, and mock interviews. I can advise on GCSE, A-level, T Level, apprenticeship and university options, as well as Post-16 and Post-18 progression planning, action planning, and target setting. I aim to ensure every young person receives high-quality, personalised support that empowers them to take their next step.



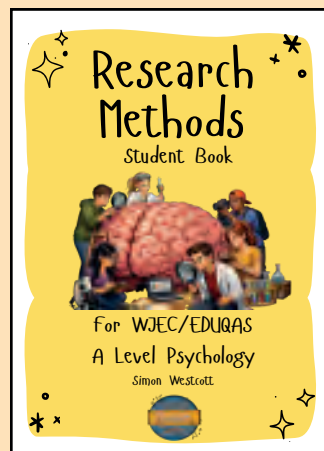
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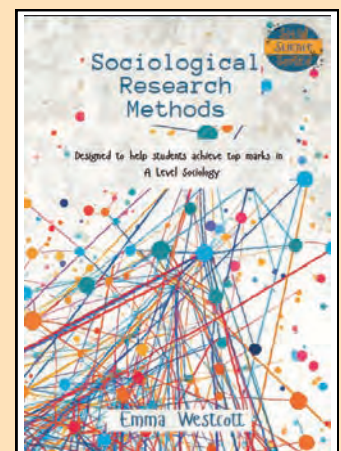
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GALA DINNER

Conference Competitions
and evening entertainment

10.07.26
6pm - Midnight

Location:
Shakespeare Room,
Business Centre

Dress code: All That Jazz

6.00pm New to ATP? Join our lovely Lucia for our welcome session (WDC room 403)

6.45pm Wine reception, canapés and saxophonist (WDC 4th Floor Balcony) - *Hachette Learning have kindly sponsored our drinks*

7.45pm Gala Dinner (Shakespeare Room, Business Centre, location 26 on your map) - *The BPS have kindly contributed £1200 towards our gala dinner*

After dinner - Dance floor opens with DJ and Saxophonist Jazzy Sax, who has performed for over a decade on some of the most prestigious venues in the UK and internationally'

12.00am ATP Unplugged - gala dinner closes, but the kitchen gatherings begin Late night drinks? Deliveroo, Just Eat, Uber Eats are all available...put your block and flat number at Burma Road – they will ring the buzzer!

Gala Competitions'

ATP competitions prizes for...

- Best outfit, Best dancer, Best group selfie

There is also an ongoing competition throughout the conference for the best social media post and selfie - tag #ATPconf26

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The Helen Kitching Memorial Keynote Lecture
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EFPTA 2028 Conference and ATP Scotland

ATP Scotland wishes everyone at the ATP 2026 conference a hugely interesting and enjoyable experience. The ATPS Team is as active as ever, planning a CPD event later this year, and continuing to collaborate with BPS Scotland.

Both the ATP and ATPS are members of the European Federation of Psychology Teachers' Associations (EFPTA), and we are delighted that, once again, several psychology teachers from other EFPTA member countries will be warmly welcomed at the ATP conference!

The next EFPTA Biennial Conference will be held in spring 2028, in Leuven, Belgium, hosted by our Belgian EFPTA members - watch this space for more details. All welcome! Leuven is easy to reach by rail, via Eurostar - hope to see you there!



www.efpta.org

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