



## UKSBM Annual Scientific Meeting 2025 - Poster list

*Alphabetical by first presenting author surname. We request that posters are displayed for both days.*

Board Number	Poster	Theme
<b>1</b>	<b>Exploring the overuse of non-sterile gloves in operating theatres: a sequential mixed methods study</b> Carys Batcup <sup>1,2</sup> , <b>Dr Aws Almkhtar</b> <sup>1</sup> , Daniel Leff <sup>1</sup> , Dr Pelin Demirel <sup>1</sup> , Dr Gaby Judah <sup>1</sup> , Dr Talya Porat <sup>1</sup> <sup>1</sup> Imperial College London, London, UK, <sup>2</sup> University of Amsterdam, Netherlands	Climate change
<b>2</b>	<b>The Physical Activity Behaviours of People with Premenstrual Dysphoric Disorder: A Scoping Study</b> <b>Dr Justine Anthony</b> <sup>1</sup> , Miss Julie Riddell <sup>2</sup> , Dr Lynsay Matthews <sup>3</sup> <sup>1</sup> University Of Leicester, Leicester, England, <sup>2</sup> Glasgow University, Glasgow, Scotland, <sup>3</sup> University of the West of Scotland, Glasgow, Scotland	Women's health
<b>3</b>	<b>The legacy of adverse childhood experiences: subjective age, will-to-live, loneliness and depression in older adults</b> <b>Dr Alison Bacon</b> <sup>1</sup> <sup>1</sup> University Of Plymouth, Plymouth, UK	Older Adults
<b>4</b>	<b>A Normalisation Process Theory evaluation of URAPP: A digital intervention to support adherence to bladder training in community paediatric continence clinics in England</b> <b>Dr Lucy Beasant</b> <sup>1</sup> , Prof Jenny Ingram <sup>1</sup> , Davina Richardson <sup>2</sup> , Dr Joanna Clothier <sup>3</sup> , Prof Carol Joinson <sup>1</sup> <sup>1</sup> University Of Bristol, Bristol, UK, <sup>2</sup> Bladder & Bowel UK, Manchester, UK, <sup>3</sup> Evelina London Children's Healthcare, London, UK	Behaviour change interventions (digital and non digital)
<b>5</b>	<b>"Symptoms aren't severe enough to require intensive management, it's just going to be about coping strategies." Self-management for long COVID symptoms: A qualitative study embedded in the Avon Longitudinal Study of Parents and Children</b> <b>Dr Lucy Beasant</b> <sup>1</sup> , Prof Carol Joinson <sup>1</sup> , Emeritus Prof Jean Golding <sup>1</sup> <sup>1</sup> University of Bristol, Bristol, UK	Health services
<b>6</b>	<b>Exploring the Perceptions of Smokers Living in Social Housing in Somerset on the Barriers and Facilitators to Smoking Cessation</b> <b>Lorelei Boston</b> <sup>1,2</sup> , Dr Liz Sheils <sup>1</sup> , Dr Lesley Lewis <sup>1</sup> <sup>1</sup> Somerset Council, Taunton, England, <sup>2</sup> IQVIA, Reading, England	Alcohol, tobacco and other substances
<b>7</b>	<b>Using complex systems mapping to co-produce a local action plan for improving diet and healthy weight in the early years</b> <b>Prof Nick Cavill</b> <sup>1</sup> , Kimberley McLean-Guthrie, Christopher Topping, Dr Sandy Whitelaw <sup>1</sup> University Of Bath, Bath, UK	Weight management and healthy eating

<b>8</b>	<p><b>Patient and Public Involvement and Engagement in an assets-based peer support intervention (ABA-feed) for increasing breastfeeding initiation and continuation</b></p> <p><b>Dr Joanne Clarke</b><sup>1</sup>, Ngawai Moss<sup>2</sup>, Dr Nicola Crossland<sup>3</sup>, Dr Nicola Savory<sup>4</sup>, Jennifer McKell<sup>5</sup>, Prof Gill Thomson<sup>3</sup>, Prof Jenny Ingram<sup>6</sup>, Dr Beck Taylor<sup>7</sup>, Prof Christine MacArthur<sup>1</sup>, Prof Kate Jolly<sup>1</sup></p> <p><sup>1</sup>University of Birmingham, Birmingham, UK, <sup>2</sup>Patient and Public Representative, <sup>3</sup>University of Central Lancashire, Preston, UK, <sup>4</sup>King's College London, London, UK, <sup>5</sup>University of Stirling, Stirling, UK, <sup>6</sup>University of Bristol, Bristol, UK, <sup>7</sup>University of Warwick, Warwick, UK</p>	Stakeholder involvement
<b>9</b>	<p><b>How is dietary intake of adolescents associated with their cognition, mental health and wellbeing? A systematic review</b></p> <p><b>Joseph Coombes</b><sup>1,4</sup>, Dr Marie Murphy<sup>1,4</sup>, Dr Abigail Russell<sup>2,4</sup>, Amy Turner<sup>3,4</sup>, Ellie Ansell<sup>1</sup>, Eman Algaai<sup>1</sup>, Becs Rodohan<sup>2</sup>, Prof Miranda Pallan<sup>1,4</sup></p> <p><sup>1</sup>University Of Birmingham, <sup>2</sup>University of Exeter, <sup>3</sup>University of Bristol, <sup>4</sup>National Institute for Health and Care Research (NIHR) School for Public Health Research (SPHR)</p>	Children's health and wellbeing
<b>10</b>	<p><b>Interventions Targetting Occupational Stress, Resilience and Burnout: An Umbrella Review</b></p> <p><b>Joao Craveiro</b><sup>1</sup>, Oliver Allchin<sup>1</sup>, Prof Ian Kellar<sup>1</sup></p> <p><sup>1</sup>University Of Sheffield, Sheffield, UK</p>	Psychological wellbeing
<b>11</b>	<p><b>A RE-AIM Evaluation of the Medway Public Health Intervention 'Medway Can'</b></p> <p><b>Kate Day</b><sup>1</sup>, Dr Sarah Hotham</p> <p><sup>1</sup>University of Kent, Canterbury, UK</p>	Behaviour change interventions (digital and non digital)
<b>12</b>	<p><b>How to develop a psychological intervention to be delivered for patients with alcohol dependence seen in an acute hospital setting? – A logic model</b></p> <p><b>Georgia Foote</b><sup>1</sup>, Prof Julia Sinclair<sup>1</sup>, Dr Ben Ainsworth<sup>1</sup>, Dr Rebecca Band<sup>2</sup></p> <p><sup>1</sup>University Of Southampton, <sup>2</sup>Swansea University</p>	Alcohol, tobacco and other substances
<b>13</b>	<p><b>Investigating whether religious attendance moderates associations between hearing and mental health</b></p> <p><b>Dr Neil Goulding</b><sup>1</sup>, Dr Amanda Hall<sup>1,2</sup>, Mrs Yasmin Iles-Caven<sup>1</sup>, Prof Jean Golding<sup>1</sup></p> <p><sup>1</sup>Centre for Academic Child Health, Population Health Sciences, Bristol Medical School, University of Bristol, Bristol, UK, <sup>2</sup>Audiology, Aston University College of Health and Life Sciences, Birmingham, UK</p>	Psychological wellbeing
<b>14</b>	<p><b>Menopause in a US Workplace: a window into midlife women's experiences of the menopausal transition at work – results of a company-wide workplace survey</b></p> <p>Dr Sharon Mallen<sup>1</sup>, Dr Jennifer Coppola<sup>1</sup>, <b>Candida Halton</b><sup>2</sup>, Dr Sally Snow<sup>2</sup></p> <p><sup>1</sup>Pfizer Inc., New York, United States, <sup>2</sup>Studio Health, London, UK</p>	Women's health
<b>15</b>	<p><b>An evidence map of active travel and inequalities: Interventions to increase active travel and improve health outcomes in disadvantaged population groups and their potential to reduce health inequalities</b></p> <p><b>Dr Gareth Hollands</b><sup>1</sup>, Dr Helen Burchett<sup>2</sup>, Dr Preethy D'Souza<sup>1</sup>, Dr Irene Kwan<sup>1</sup>, Dr Wendy Macdowall<sup>2</sup>, Dr Michelle Richardson<sup>1</sup>, Dr Claire Stansfield<sup>1</sup>, Dr Katy Sutcliffe<sup>1</sup></p> <p><sup>1</sup>EPPI Centre, University College London, London, UK, <sup>2</sup>Faculty of Public Health and Policy, London School of Hygiene and Tropical Medicine, London, UK</p>	Behaviour change interventions (digital and non digital)

<b>16</b>	<b>Fear of cancer recurrence and fear of cancer progression, digital resource engagement, and health literacy: a scoping review</b> <b>Maebh Kenny-Jones</b> , Dr Paul Nankivell, Prof Hisham Mehanna, Prof Gozde Ozakinci <sup>1</sup> University Of Stirling, Stirling	Cancer
<b>17</b>	<b>The impact of energy (calorie) labelling on selection of alcohol products: An RCT in a simulated online supermarket</b> <b>Ethan Knight</b> <sup>1</sup> , Dr Ru Jia <sup>1</sup> , Dr Rachel Pechey <sup>1</sup> <sup>1</sup> Univesity of Oxford	Alcohol, tobacco and other substances
<b>18</b>	<b>Stakeholder perceptions of a behavioural intervention to introduce FeNO-guided asthma management into routine primary care reviews</b> <b>Dr Grace Lewis</b> <sup>1</sup> , Dr Kate Morton <sup>2</sup> , Dr Marta Santillo <sup>3</sup> , Prof Lucy Yardley <sup>1</sup> , Prof Kay Wang <sup>4</sup> , Dr Ben Ainsworth <sup>4</sup> , Dr Sarah Tonkin-Crine <sup>3</sup> <sup>1</sup> University Of Bristol, Bristol, UK, <sup>2</sup> University of York, York, UK, <sup>3</sup> University of Oxford, Oxford, UK, <sup>4</sup> University of Southampton, Southampton, UK	Primary Care
<b>19</b>	<b>DISTINCT: exploring public views on collecting data to monitor inclusivity in research</b> <b>Emma Lidington</b> <sup>1</sup> , Morgaine Stiles <sup>2</sup> , Jennifer Ching <sup>1</sup> , Andy Deutsch <sup>3</sup> , Natasha Lipman <sup>3</sup> , Laura White <sup>1</sup> , Cherrelle Salmon <sup>1</sup> , Tahera Hussain <sup>1</sup> , Beth Stuart <sup>1</sup> , Georgia Mannion-Krase <sup>1</sup> , Jane Rigney <sup>1</sup> , Emily Williamson <sup>2</sup> , Jessica Maudsley <sup>2</sup> , Karen Poole <sup>2</sup> , Georgiana Synesi <sup>2</sup> , Rebecca Lewis <sup>2</sup> <sup>1</sup> Queen Mary University of London, London, England, <sup>2</sup> Institute of Cancer Research, London, England, <sup>3</sup> N/A	Inequalities
<b>20</b>	<b>A literature review to explore tools used in the assessment of hospital-acquired deconditioning</b> <b>Dr Christina Lloydwin</b> <sup>1,2</sup> , Dr Elinor Macfarlane <sup>1</sup> , Dr Simone Willis <sup>2</sup> , Kathleen Withers <sup>1,2,3</sup> <sup>1</sup> Cedar, Centre for Healthcare Evaluation, Device Assessment and Research, Cardiff and Vale UHB, Cardiff, UK, <sup>2</sup> Cardiff University, Cardiff, UK, <sup>3</sup> Welsh Value in Health Centre, Llantrisant, UK	Older Adults
<b>21</b>	<b>Emotion constructs and outcome measures following false positive breast screening test results: A systematic review of reporting clarity and selection rationale</b> <b>Dr Hannah Long</b> <sup>1</sup> , Dr Sarah Hindmarch <sup>1</sup> , Dr John-Paul Martindale <sup>2</sup> , Dr Joanna Brooks <sup>1</sup> , Prof Michelle Harvie <sup>3</sup> , Prof David French <sup>1</sup> <sup>1</sup> University of Manchester, Manchester, England, <sup>2</sup> University of Edinburgh, Edinburgh, Scotland, <sup>3</sup> The Prevent Breast Cancer Unit, Manchester University NHS Foundation Trust, Manchester, England	Cancer
<b>22</b>	<b>Research priorities in vulvodynia: A modified Delphi study</b> <b>Athina Lountzi</b> <sup>1</sup> , Dr Hannah Durand <sup>1</sup> , Dr Purva Abhyankar <sup>1</sup> <sup>1</sup> University Of Stirling, Stirling, Scotland	Women's health
<b>23</b>	<b>Exercise professionals in extended scope of practice roles: A qualitative exploration of a new model of rehabilitation</b> Dr Sheree A. McCormick <sup>1</sup> , Dr Iva Cukic <sup>1</sup> , Dr Jenny Alexanders <sup>2</sup> , Prof Gillian Yeowell <sup>1</sup> , Prof Francis Fatoye <sup>1</sup> , Prof Benjamin M. Kelly <sup>2</sup> , Ms Victoria Fitzgerald <sup>2</sup> , Prof Tim Cable <sup>3</sup> , Prof Patrick Doherty <sup>4</sup> , Dr Davina Deniszczyc <sup>2</sup> , <b>Panayiotis Michael</b> <sup>2</sup> <sup>1</sup> Faculty of Health and Education, Manchester Metropolitan University, Manchester, <sup>2</sup> Nuffield Health, Epsom, <sup>3</sup> Institute of Sport, Manchester Metropolitan University, Manchester, <sup>4</sup> Department of Health Sciences, University of York, York	Physical activity
<b>24</b>	<b>How is goal setting used in interventions for chronic disease prevention and management in Sub-Saharan Africa? A systematic review and narrative synthesis</b> <b>Dr Cathryn Pinto</b> <sup>1</sup> , Dr Matthew Burgess <sup>2</sup> , Prof Naomi Levitt <sup>3</sup> , Dr Peter Delobelle <sup>3</sup> , Prof Nuala McGrath <sup>2</sup> <sup>1</sup> University Of Bristol, <sup>2</sup> University of Southampton, <sup>3</sup> University of Cape Town	Behaviour change interventions (digital and non digital)

<b>25</b>	<p><b>Using the Person-Based Approach to develop a web-based intervention to support the early introduction of food allergens to prevent food allergies in infants</b></p> <p><b>Dr Sebastien Pollet</b><sup>1</sup>, Dr Samantha Hornsey<sup>1</sup>, Dr Stephanie Easton<sup>1</sup>, Dr Amelia Dennis<sup>1</sup>, Karen Wright<sup>1</sup>, Prof Miriam Santer<sup>1</sup>, Prof Graham Roberts<sup>1,2,3</sup>, Dr Ben Ainsworth<sup>1</sup>, Prof Ingrid Muller<sup>1</sup>, on behalf of the NIHR Baby Feeding Project study</p> <p><sup>1</sup>University of Southampton, Southampton, UK, <sup>2</sup>NIHR Southampton Biomedical Research Centre, Southampton, UK, <sup>3</sup>David Hide Asthma and Allergy Centre, St Mary's Hospital, Newport, UK</p>	Behaviour change interventions (digital and non digital)
<b>26</b>	<p><b>School-based indicated prevention interventions targeting adolescent anxiety and depression: Results from a scoping review</b></p> <p><b>Dr Hayley Reed</b><sup>1</sup>, Dr Yulia Shenderovich<sup>2</sup></p> <p><sup>1</sup>DECIPHer, Cardiff University, Cardiff, UK, <sup>2</sup>The Wolfson Centre for Young People's Mental Health, Cardiff, UK</p>	Children's health and wellbeing
<b>27</b>	<p><b>Culturally tailored campaign to increase cancer screening uptake in 'White Other' communities in North East London</b></p> <p><b>Dr Tiago Moutela</b><sup>1</sup>, Miss Melanie Arana Flores<sup>1</sup>, <b>Emily Reyner</b><sup>1</sup>, <b>Ian Fannon</b><sup>1</sup></p> <p><sup>1</sup>Claremont Communications, London, UK</p>	Cancer
<b>28</b>	<p><b>Understanding suicide risk in Premenstrual Dysphoric Disorder (PMDD); expanding the Integrated Motivational-Volitional (IMV) model of Suicidal behaviour</b></p> <p><b>Julie Riddell</b><sup>1</sup>, Dr Seonaid Cleare, Prof Rory O'Connor, Dr Lynsay Matthews</p> <p><sup>1</sup>Mrc/cso Sphsu, University of Glasgow, Glasgow, UK</p>	Women's health
<b>29</b>	<p><b>Time to Talk Public Health – a nationally representative public engagement panel to inform policy and practice development in Wales</b></p> <p><b>Dr Catherine Sharp</b><sup>1</sup>, Prof Karen Hughes, Lewis Brace, Prof Mark Bellis</p> <p><sup>1</sup>Public Health Wales, <sup>2</sup>Liverpool John Moores University</p>	Stakeholder involvement
<b>30</b>	<p><b>Exploring the Experiences and Identifying the Barriers and Facilitators of Critical Care Staff Using the Team Immediate Meet (TIM) Tool for Debriefing</b></p> <p><b>Govundeep Singh Sidhu</b><sup>1</sup>, Dr Debbie Smith<sup>1</sup></p> <p><sup>1</sup>Hull University Teaching Hospital, Grimsby, UK</p>	Psychological wellbeing
<b>31</b>	<p><b>Defining and measuring Long COVID fatigue – a scoping review</b></p> <p><b>Bethan Thomas</b><sup>1</sup>, Dr Rachael Pattinson<sup>2</sup>, Dr Deborah Edwards<sup>3</sup>, Prof Carys Dale<sup>1</sup>, Dr Benjamin Jenkins<sup>1</sup>, Helena Lande<sup>4</sup>, Prof Chris Bundy<sup>1</sup>, Dr Jennifer Davies<sup>1</sup></p> <p><sup>1</sup>Cardiff University, School of Healthcare Sciences, Cardiff, UK, <sup>2</sup>Cardiff University, School of Dentistry, Cardiff, UK, <sup>3</sup>Wales Centre for Evidence Based Care, a JBI Centre of Excellence, Cardiff, UK, <sup>4</sup>Cardiff University, School of Psychology, Cardiff, UK</p>	Miscellaneous
<b>32</b>	<p><b>The interplay between fatigue, interoception, the autonomic nervous system and psychological variables in individuals with long COVID fatigue</b></p> <p><b>Bethan Thomas</b><sup>1</sup>, Dr Rachael Pattinson<sup>2</sup>, Dr Deborah Edwards<sup>1</sup>, Prof Chris Bundy<sup>1</sup>, Dr Jennifer Davies<sup>1</sup></p> <p><sup>1</sup>Cardiff University, School of Healthcare Sciences, Cardiff, UK, <sup>2</sup>Cardiff University, School of Dentistry, Cardiff, UK</p>	Miscellaneous
<b>WITHDRAWN</b> Poster will not be displayed	<p><b>Collaborating with Fibromyalgia patients to create the basis of a new patient educational resource based on the bio-psychosocial perspective of the condition</b></p> <p><b>Leah White</b><sup>1</sup></p> <p><sup>1</sup>University Of Plymouth, Plymouth, England</p>	Health services

<b>34</b>	<b>Latest findings from the newly validated Cancer Research UK Cancer Awareness Measure ‘Plus’ (CAM+) 2024 survey</b> <b>Dr Vicky Whitelock<sup>1</sup></b> , Kirstie Osborne <sup>1</sup> <sup>1</sup> Cancer Research UK	Cancer
<b>35</b>	<b>Encouraging early detection of bowel cancer</b> <b>Phillipa Williams<sup>1</sup></b> , Andy Glyde <sup>2</sup> , <b>Mikaela Green<sup>1</sup></b> <sup>1</sup> Claremont Communications, London, UK, <sup>2</sup> Bowel Cancer UK, London, UK	Cancer
<b>36</b>	<b>Think Brain Health: promoting behavioural lifestyle changes in under-represented adults aged 40- 60 to reduce their dementia risk</b> <b>Phillipa Williams<sup>1</sup></b> , <b>Mikaela Green<sup>1</sup></b> <sup>1</sup> Claremont Communications, London, UK	Behaviour change interventions (digital and non digital)
<b>37</b>	<b>The Tribulations of Trials: Lessons Learnt Recruiting 777 Older Adults Into REtirement in ACTion (REACT), a Trial of a Community, Group-Based Active Aging Intervention Targeting Mobility Disability</b> <b>Janet Withall<sup>1</sup></b> , Afroditi Stathi <sup>1</sup> , Colin Greaves <sup>1</sup> , Max Western <sup>2</sup> , Janice Thompson <sup>1</sup> on behalf of the REACT study team <sup>1</sup> School of Sport, Exercise and Rehabilitation Sciences, University of Birmingham, <sup>2</sup> Department for Health, University of Bath	Miscellaneous
<b>38</b>	<b>Effects of Digital Interventions Promoting Lifestyle Changes on Blood Pressure for People with Hypertension in Sub-Saharan Africa: A Systematic Review</b> Juliette Gasana <sup>1</sup> , Dr Gerard Urimubenshi <sup>1</sup> , <b>Dr Tom Withers<sup>2</sup></b> , Dr Soraya Maart <sup>3</sup> , Prof David Tumusiime <sup>1</sup> , Dr Jeanne Kagwiza <sup>1</sup> , Dr Peter Samuels <sup>4</sup> , Prof Colin Greaves <sup>2</sup> <sup>1</sup> University of Rwanda, Kigali, Rwanda, <sup>2</sup> University of Birmingham, Birmingham, UK, <sup>3</sup> University of Cape Town, Cape Town, South Africa, <sup>4</sup> Birmingham City University, Birmingham, UK	Behaviour change interventions (digital and non digital)
<b>39</b>	<b>Influences on the decision for young women aged 16-24 to participate in mental health surveys for data collection and policy</b> <b>Abigail Wright<sup>1</sup></b> , Dr Jennifer Seddon <sup>1</sup> , Dr Sarah Howcutt <sup>1</sup> , Prof David Foxcroft <sup>1</sup> <sup>1</sup> Oxford Brookes University, Oxford, England	Methodology