

UK Society for Behavioural Medicine 21st Annual Scientific Meeting (2026)

Oral and Poster Presentation Submissions

If you would like to make a submission to be considered for an oral, poster or 5 slides in 5 minute presentation please visit our online submission portal via this [link](#).

Abstract Submission Guidance

You will be asked to select one of the following categories to describe your abstract, based on the themes of the conference programme:

- Alcohol and tobacco and other substances
- Methodology
- Behaviour change interventions (digital and non digital)
- Older adults
- Cancer
- Physical activity
- Children's health and wellbeing
- Primary care
- Climate Change
- Psychological wellbeing
- Health services
- Stakeholder involvement
- Inequalities
- Weight management and healthy eating
- Medicines Optimisation
- Women's health

Abstracts should use the headings below and must not exceed 300 words (including headings).

Background: This section can include aims, research questions or hypotheses as appropriate.

Methods: Please state clearly any methods used, including analysis methods.

Results: All abstracts must include result. Work in progress submissions will also be considered but completed research is more desirable towards oral presentation selection. Please state in your abstract when results are due if the research is not complete. Appropriate statistical values must be reported for quantitative studies, including p values, confidence intervals and/or effect sizes for key findings.

Conclusions and implications: The Conclusion section must provide the main transferrable/generalisable message resulting from the research reported, i.e. the sentence(s) that someone citing the study might use to describe the findings. Please also state clearly the implications of the findings for policy, practice or further research. Do not use abbreviations in the conclusion.

The deadline for abstract submissions is 10am GMT, Wednesday 28 January 2026.

No abstracts submitted after this deadline will be considered.

Assessment process

We will operate a blind peer-review for all abstracts in which reviewers will judge abstracts on the quality of the content. Abstracts will be assessed and evaluated by reviewers based on the following criteria:

- *Scientific significance, Importance to the field, and/or Impact:* The importance of the study in moving the science/field forward or having impact. Implications for the field in terms of practice/policy/theory/methodology are clearly stated. Value to existing literature/evidence base. Likelihood of generating extensive delegate interest.
- *Clarity of writing:* Quality of written description. Information on rationale and aims provided. Explicitly states relevance to behavioural medicine. Conclusions are reasonable and clear.
- *Strength of methodology/design/reporting:* Aims, methods, and sample are sufficiently described to judge merit/appropriateness. Results are credible in relation to aims and methods. Clear summary of the research findings is included.
- *Creativity/originality/innovation:* Represents a creative or innovative approach. Novel, and likely to provoke discussion. The submission has not been presented at a previous UKSBM conference.

No abstracts will be accepted or rejected solely on the design used – the judgements will be made based on the quality as per the criteria above.

We expect to notify individuals of the outcome of the abstract decision process by end of **February 2026**.

Allocation of presentations formats

Given the volume of high quality of abstracts submitted we are not always able to offer you your preferred presentation format. The highest scoring abstracts will be offered an oral presentation (unless this option was not selected). If your submission is accepted for the Conference, UKSBM reserves the right to offer you an alternative presentation, e.g. to present a poster.

Please note, all successful submitters are required to register for the conference and cover the cost of their attendance. UKSBM is unable to cover the cost of presenter attendance.

Thank you for considering submission to the UKSBM ASM!