



## Dr Usha Lalla

South Africa

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Dr Usha Lalla is a dual sub-specialist in Critical Care and Pulmonology, and a Fellow of the Royal College of Physicians (London), with an academic affiliation to Stellenbosch University and Tygerberg Hospital in Cape Town. With over 14 years of experience in intensive care, she currently oversees the medical ICU at the hospital. Her research—comprising over 40 peer-reviewed publications with an H-index of 15—centres on infectious diseases in critically ill patients, including tuberculosis and COVID-19. She is currently pursuing a PhD focused on improving outcomes for critically ill patients with tuberculosis, addressing a major gap in care in resource-limited settings. Dr Lalla also serves on the council of the South African Thoracic Society and remains committed to advancing both critical care and pulmonology particularly in resource-limited settings through innovation, impactful research, and multi-disciplinary training.

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