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Dr. Szczepaniak was born and raised in Poland.

She received her MS degree in Theoretical Physics from Adam Mickiewicz University in Poznan, Poland, and PhD degree in Molecular Physics from Polish Academy of Science.

As a faculty of Radiology and Internal Medicine Departments at the University of Texas, Southwestern Medical Center at Dallas, TX, she became an expert in magnetic resonance spectroscopy applied to measuring in vivo fat in human organs, including skeletal muscle, liver, pancreas, and the heart.

She published extensively on this topic. She lives now in Albuquerque, NM, USA and is a consultant in Biomedical Research specializing in proton MRS in vivo of human organs, especially human heart.