



Dr Zarina Ebrahim

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Dr Zarina Ebrahim is a senior lecturer and dietitian in the Department of Global Health, Division of Human Nutrition at Stellenbosch University, South Africa. She teaches on the undergraduate dietetics programme and supervises undergraduate and Master's students research projects. She has previously lectured at the University of the Western Cape and University of Cape Town and has many years of teaching and training students in chronic kidney disease (CKD) and other chronic diseases of lifestyle (CDL's). She has projects underway in CKD and CDL's, focusing on nutrition assessment, website development and dietary interventions with local and international collaborators. Her PhD focused on the effect of a prebiotic on uremic toxins, kidney function and the gut microbiome in predialysis participants. She serves on the International Society of Renal Nutrition and Metabolism and other faculty and divisional committees. She is also a keen runner and is the deputy lifestyle commissioner for Brimstone ltheko running club.
