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Patrick McNamara graduated from Queens University Belfast in 1987, received his MRCPCH in Pediatrics in 1997 and Certificate of Completion of Specialist Training in Neonatal Medicine in 2002.

He is currently a Staff Neonatologist and Director of the Division of Neonatology at the University of Iowa Stead Family Children's Hospital, and Professor of Pediatrics and Internal Medicine, University of Iowa.

He is the current chair of the PanAmerican Hemodynamic Collaborative, Pediatric Academic Society Neonatal Hemodynamics Advisory and Neonatal Hemodynamics (TnECHO) Special Interest Group at the American Society of Echocardiography.

His clinical and research interests include myocardial performance in the settings of a hemodynamically significant ductus arteriosus, pulmonary hypertension and targeted neonatal echocardiography. He has published over 350 peer reviewed publications, chapters and other works.