2026 SA-ACAPAP Congress

● ● ● In participation with PANDA-SA and SAISI

SCIENTIFIC DRAFT PROGRAMME

SA-ACAPAP
Sharing Growing Leading

● 2026 SA-ACAPAP DRAFT PROGRAMME AS AT - 5 DECEMBER 2025

DAY 1 | Thursday, 12 March 2026

OPENING PLENARY SESSION | VENUE: ● **SESSION CHAIRPERSON: ●**		
08:30 - 08:45	**Welcome and Opening Remarks by** Prof John-Joe Dawson-Squibb, SA-ACAPAP President	
08:45 - 09:30	**KEYNOTE ADDRESS:** - Dr Massimiliano Orri, McGill University (Canada)	
PLENARY SESSION 2 | VENUE: ● **SESSION CHAIRPERSONS: ●**		
09:30 - 10:45	**SYMPOSIUM - More Than Clumsy: The Emotional Toll of Dyspraxia on Children** - Ms Emma Wijnberg, South African Institute for Sensory Integration (South Africa)	
10:45 - 11:15	**TEA | COFFEE BREAK**	
	PARALLEL SESSION 1A | VENUE: ● **SESSION CHAIRPERSON: ●**	**PARALLEL SESSION 1B | VENUE: ●** **SESSION CHAIRPERSON: ●**
11:15 - 11:30	**Reaching the Child Who Won't Reach Back: Sensory-Based Approaches to Engagement, Safety, and Regulation** Ms Emma Wijnberg, South African Institute for Sensory Integration (South Africa)	**Parenting in the Age of Tech: Disrupted Co-Regulation and Developmental Risk in the First 1,000 Days** Ms Meg Faure, Sense-It (South Africa)
11:30 - 11:45	**Resilience and Family Quality of Life in Parents of Children with Developmental Disabilities: A South African Pilot Study** Dr Sashmi Moodley, University of Cape Town (South Africa)	**Harnessing the Playful Power of F-Words in Child Mental Health - Application in Clinical Practice** Dr Gina Rencken, University of KwaZulu-Natal | SAISI (South Africa)
11:45 - 12:00	**The "Bloom" Autism Support Programme for Families: Findings from a South African pilot study** Dr Nola Chambers, University of Cape Town (South Africa)	**Developing a Socio–Emotional Well-Being Programme for Preschool Children in the North West Province, South Africa** Dr Mariska Oosthuizen-van Tonder, North-West University (South Africa)
12:00 - 12:15	**DISCUSSION**	**DISCUSSION**
12:15 - 13:15	**LUNCH**	
	PARALLEL SESSION 2A | VENUE: ● **SESSION CHAIRPERSON: ●**	**PARALLEL SESSION 2B | VENUE: ●** **SESSION CHAIRPERSON: ●**
13:15 - 13:30	**Strengthening Decision-Making in Child and Adolescent Mental Health Services through Healthcare Information Systems in a Resource-Constrained Setting** Ms Ilze Steenkamp, University of the Western Cape (South Africa)	**Childhood Psychosis and Catatonia Revealing Late-Onset Cobalamin C Deficiency: First Case from India** Dr Ankita Garg, Sir Ganga Ram Hospital, New Delhi (India)
13:30 - 13:45	**The Moderation Effect of Attachment on the Relationship Between Psychological Resilience and Help-Seeking Behaviour Among University Students** Ms Mokgaetji Mamabolo, Ms Hlengiwe Majola and Prof Jabu Mokwena University of Limpopo (South Africa)	**"You know my mom does not like you?!" - Navigating Retaliation and Revenge in Treating Children of Personality Disordered Parents** **- PRESENTERS:** Dr Fiona Schulte, Ms Salisha Maharaj, Mr Nhlanhla Ndlela - Stellenbosch University (South Africa)
13:45 - 14:00	**Exploring Rural Youth's Perceptions and Experiences of Occupational Engagement and its Influences on Mental Health in Pofadder, Northern Cape** Ms Elizabeth Jonker, University of the Western Cape (South Africa)	
14:00 - 14:15	**"Akalali umntu ozala inkwenkwe": The Experiences of Mothers whose Sons have been through Ulwaluko in the Xhosa Culture** Ms Zintle Sigwabe, Dr Leigh Tucker and Mr Kyle Jackson, University of the Western Cape (South Africa)	
14:15 - 14:30	**DISCUSSION**	**DISCUSSION**
14:30 - 15:00	**TEA | COFFEE BREAK**	
PLENARY SESSION 3 | VENUE: ● **SESSION CHAIRPERSONS: ●**		
15:00- 15:45	**KEYNOTE ADDRESS: -** Prof Linda Richter, University of the Witwatersrand (South Africa)	
15:45 - 16:30	**2026 SA-ACAPAP General Meeting**	

DAY 2 | Friday, 13 March 2026

PLENARY SESSION 4 | VENUE: ● **SESSION CHAIRPERSONS: ●**	
08:30 - 09:15	**KEYNOTE ADDRESS:** - Prof Christina Schwenck, University of Giessen (Germany)
PLENARY SESSION 5 | VENUE: ● **SESSION CHAIRPERSONS: ●**	
09:15 - 10:30	**SYMPOSIUM - Rebuilding Bonds and Bodies - Family Based Treatment for Adolescent Anorexia Nervosa in the South African context** - Dr Fiona Schulte, Dr Kate Mawson, Mr Clayton Arendse, Mr Nhlanhla Ndlela and Ms Caryn Bailey, Stellenbosch University (South Africa)

10:30 - 11:00	TEA | COFFEE BREAK	
	PARALLEL SESSION 3A | VENUE: ● SESSION CHAIRPERSON: ●	PARALLEL SESSION 3B | VENUE: ● SESSION CHAIRPERSON: ●
11:00 - 11:15	**Developing Service Indicators for Child and Adolescent Mental Health in South Africa: A Framework-Guided Mixed-Methods Study** Ms Ilze Steenkamp, University of the Western Cape (South Africa)	**Validation of the TSC-Associated Neuropsychiatric Disorders Self-Report Quantified Checklist (TAND-SQ)** Dr Nola Chambers, University of Cape Town (South Africa)
11:15 - 11:30	**Resilience Begins in the Community: Integrating MHPSS into SRHR for Adolescents and Young People in Kibra, Kenya** Ms Rosemary Ayiera Kombo, Regional Psychosocial Support Initiative (Kenya)	**The TANDem-2 Study: Closing the Gap to Interventions for TSC-Associated Neuropsychiatric Disorders** Dr Liezl Schlebusch, University of Cape Town (South Africa)
11:30 - 11:45	**Building Resilience and Hope through Rural Youth Engagement** Prof Lisa Wegner, University of the Western Cape (South Africa)	**Digital Parenting Programmes: Promises and Pitfalls** Ms Carly Katzef, University of Cape Town (South Africa)
11:45 - 12:00	**Empowerment Strategies for Child Psychiatric Nurses: A research perspective** Dr Rorisang Machailo, North-West University (South Africa)	**Parenting Experiences of Parents of Children with ADHD, in Grades One to Three, During COVID-19 Lockdown in South Africa** Ms Michelle Szigethy, University of the Witwatersrand (South Africa)
12:00 - 12:15	DISCUSSION	DISCUSSION
12:15 - 13:15	LUNCH	
	PARALLEL SESSION 4A | VENUE: ● SESSION CHAIRPERSON: ●	PARALLEL SESSION 4B | VENUE: ● SESSION CHAIRPERSON: ●
13:15 - 13:30	**Beyond Behaviour: Understanding Understanding Emotional Dysregulation in ADHD Through a Sensory Lens** Ms Emma Wijnberg, South African Institute for Sensory Integration (South Africa)	**Parental Stressors, Coping Mechanisms, Family Resilience and Hope Among Parents of Children Living with Autism Spectrum Disorder in Semi-Rural Communities in Limpopo, South Africa** Dr Thandiwe Mokgomola, Sefako Makgatho Health Science University (South Africa)
13:30 - 13:45	**Impact of Maternal Antenatal Intimate Partner Violence Exposure on the Volume of the Infant Visual Cortex** Ms Jae Eun Park, University of Cape Town (South Africa)	**Understanding the Barriers and Facilitators to Autism Early Intervention in South Africa: Implementation Partners' Perspectives on Caregiver Coaching by Non-Specialists** Mrs Amy Seale, University of Cape Town (South Africa)
13:45 - 14:00	**Reducing Adolescent Sexual Violence and Improving Family Mental Health: Findings from a Cluster Randomised Trial in Tanzania** Ms Nicole Chetty, University of Cape Town (South Africa)	**Sensory Integration Challenges in South African Sign Language Deaf Learners: Implications for Participation and Mental Health** Ms Margeretha Van Lingen, South African Institute for Sensory Integration (South Africa)
14:00 - 14:15	**Reframing the Understanding of Giftedness: A Comparative Analysis of Dabrowski's Overexcitabilities and Sensory Integration** Ms Kirsty Beamish, Silvertree Cottage Occupational Therapy Practice (South Africa)	**Challenges Faced by Teachers when Teaching Learners with Autistic Spectrum Disorders in Capricorn District, Limpopo** Ms Keoapetse Linda Ralebapa, Limpopo Department of Education (South Africa)
14:15 - 14:30	DISCUSSION	DISCUSSION
14:30 - 15:15	TEA | COFFEE BREAK ● POSTER PRESENTATION VIEWING	
PLENARY SESSION 6 | VENUE: ● SESSION CHAIRPERSONS: ●		
15:15 - 16:15	**PANEL DISCUSSION**	
18:00 - 21:30	Gala and Awards Dinner	

DAY 3 \| Saturday, 14 March 2026 - **WORKSHOPS** ● 08:30 - 12:30 \| Workshop Summaries - www.saacapap.co.za

1.	**Parenting Programmes for Children's Safety and Mental Health: Innovations in Implementation and Adaptation** **FACILITATORS:** Dr Nyasha Manjengenja, Prof Catherine Ward, Ms Sibongile Tsoanyane, Ms Anna Booij, Ms Cindee Bruyns, Ms Carly Katzef, Ms Anne Schley and Dr Jamie Lachman | Clowns Without Borders South Africa, University of Cape Town (Global Parenting Initiative) and Parenting for Lifelong Health
2.	**Anchored in Humanity: Arts-Based Well-being in Community Spaces** **FACILITATORS:** Ms Marlize Swanepoel and Ms Uné Conradie | Sp(i)eel arts therapies collective
3.	**Infant and Maternal Mental Health through a Sensory Lens: Co-Regulation and Joyful Occupation** **FACILITATORS:** Dr Gina Rencken, Ms Elize Janse van Rensburg and Ms Emma Wijnberg | South African Institute for Sensory Integration (SAISI)

POSTER PRESENTATIONS

	● PRESENTER	● TOPIC
1.	Mr Dharmendra Bhoola, Vision Solutions Inc. (South Africa)	The Mask of ADHD: 20/20 Eyesight with 0/0 Vision
2.	Ms Heesoo Diara, University of Cape Town (South Africa)	Psychometric Evaluation of the WHO Global Scales for Early Development (GSED) in a South African Birth Cohort
3.	Prof Saraswathie Govender, University of Limpopo (South Africa)	The Attitudes of Educators and High School Learners Towards Epilepsy in a Rural Community in Limpopo Province, South Africa
4.	Prof Jabu Mokwena, University of Limpopo (South Africa)	Psychological Experiences of Young Women on Dialysis in Limpopo Province, South Africa
5.	Dr Sarosha Pillay, University of Cape Town (South Africa)	Assessing Autism Knowledge and Stigma in Rehabilitation Care Workers (RCW) in the Western Cape Province
6.	Ms Katlego Sebolai and Prof Petrus De Vries University of Cape Town (South Africa)	Does Home Language Matter in Language Testing? Adjusted Associations with Griffiths-III Language and Communication Subtest at Baseline
7.	Ms Gabriella Evangelou, University of Cape Town (South Africa)	Exploring the Effect YouTube Access and use has on Children with Autism's Social use of Language from the Perspectives of South African Caregivers