

# 2026 Nutrition Congress

## ANLP NETWORKING SESSION ●

Thursday, 8 October 2026



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### ● BREWING CONNECTIONS

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- **Organizer:** The African Nutrition Leadership Programme
- **Target Audience:** Anyone eager to engage with, learn from, and be inspired by fellow nutrition change-makers — preferably with a good cup of coffee in hand.
- **Participant Limit:** 50 delegates

#### PROGRAMME PRESENTERS:

- ANLP alumni



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#### SESSION SUMMARY:

The networking session hosted by the African Nutrition Leadership Programme has become a valued feature of recent nutrition congresses. It creates space for delegates to connect with, learn from, and be inspired by fellow attendees who are each shaping the nutrition field in their own way. At the ANLP, we believe leadership is not tied to a title or formal position, but is practised from where we stand — whether you are a student dietitian, an academic, a practitioner, or the CEO of a company.

The session is designed to spark meaningful one-on-one conversations between those in the earlier stages of their careers and those with more established professional experience. To allow for quality engagement within the available time, attendance is limited to 50 participants. Yes, it is an early morning session, but one that promises rich conversation, new connections, and fresh perspectives — with coffee and a light snack included.

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#### PROGRAMME LAYOUT:

07:15 – 07:25	Welcome and introduction to the session	Dr Inarie Jacobs
07:25 – 07:40	First networking round	Dr Bianca van der Westhuizen
07:40 – 07:55	Second networking round	Dr Bianca van der Westhuizen
07:55 – 08:10	Closing reflections and final remarks	Prof Robin Macleod

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