

2024 Nutrition Congress | SYMPOSIUM:

Adult Hospital malnutrition – We must act now

Convenors:

Prof Renée Blaauw (Professor of Clinical Nutrition, Division of Human Nutrition, Stellenbosch University, South Africa)

Dr Janicke Visser (Stellenbosch University)

Mrs Esmarie van Tonder (Nelson Mandela University)

Short description

This symposium will focus on screening and diagnoses of malnourished adult hospital patients. It will take the form of a discussion on the prevalence and consequences of malnutrition in hospitalised patients. Thereafter international screening and malnutrition diagnostic guidelines will be discussed. Results of a recent study on validation of diagnostic tools in the South African setting will be tabled with a view of discussing the applicability in the local context. Recently identified barriers and enablers to providing adequate nutritional support to malnourished patients will be shared and this will be followed by suggestions for management options in order to implement findings into daily practice.

Time	Activity	Presenter
14h00 – 14h15	Adult Hospital malnutrition: Why we need to act now?	Prof Renée Blaauw
14h15 – 14h30	Malnutrition screening tools: contextualized for the local setting	Dr Janicke Visser
14h30 – 14h50	Update: Global leadership on Malnutrition (GLIM) consensus guidelines	Prof Renée Blaauw
14h50 – 15h10	GLIM Diagnostic tools – application of proposed and new validated tools in the local setting	Mrs Esmarie van Tonder
15h10 – 15h30	Barriers and enablers to the management of adult hospital malnutrition in the local setting	Dr Janicke Visser
15h30 – 15h45	Management options and recommendations for implementation in our hospitals	Mrs Esmarie van Tonder
15h45 – 16h00	Discussion	All