

# 2026 Nutrition Congress

**WORKSHOP** ● Friday, 9 October 2026 | 13h00 – 16h15



## ● The Nutrition Care Process (NCP) and Terminology (NCPT): Practical Application

- **Organizer/s:** Prof Renée Blaauw, Stellenbosch University (South Africa)
- **Target Audience:** Practising Dietitians and Nutritionists
- **Participant Limit:** Minimum – 20 | Maximum - 60

### PROGRAMME CHAIRS & PRESENTERS:

- Prof Renée Blaauw, Stellenbosch University (South Africa)
- Dr Angela Vivanti, University of Queensland (Australia)

### WORKSHOP SUMMARY:

The NCPT provides a standardized, universal language for dietitians. It allows for consistent patient care, clearer consistent documentation, easier communication between healthcare settings and advances our means for tracking outcomes. It will become even more pertinent with the imminent increase in electronic health records implementation.

This hands-on workshop will focus on upskilling participants to apply the NCP principles in their daily patient management. Through practical case scenarios participants will learn the four steps of the Nutrition Care Process and how to correctly structure their patient records accordingly. They will also learn how to use the correct Nutrition Care Process Terminology.

Presenters will also share insights and considerations to assist with increasing expertise and competence with NCPT diagnosis.

### PROGRAMME LAYOUT:

Time	Activity	Presenter
13h00 – 13h10	Introduction to workshop	Prof Renée Blaauw
13h10 – 13h40	Overview of the NCP principles	Dr Angela Vivanti
13h40 – 14h00	Introduction to NCPT concepts	Dr Angela Vivanti
14h00 – 14h15	Results of the South African NCPT study	Prof Renée Blaauw
14h15 – 14h30	NCP implications for electronic health records	Dr Angela Vivanti
14h30 – 15h00	Group work – Introduction to case scenario 1	Group work facilitated by Dr Angela Vivanti
15h00 – 15h15	Comfort break	
15h15 – 16h10	Group work: Case scenarios 2 and 3	Group work facilitated by Dr Angela Vivanti
16h10 – 16h15	Closure	Prof Renée Blaauw