

# 2024 Nutrition Congress | SYMPOSIUM:

## Writing workshop 2024

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### Target Audience:

Post-graduate students and researchers wishing to gain understanding of writing scientific papers for publication

### Short Summary:

This workshop will provide delegates with an overview on scientific writing, how to get published and how to promote their work after publication.

### The workshop will cover:

- the ethics of publishing scientific research,
- the layout and features of an original research paper,
- writing a critical and coherent Discussion section,
- importance of selecting an appropriate journal to publish in,
- the submission and peer review process, and how to respond to reviewer comments,
- communicating published research to a wider audience using different platforms.

### Programme

- **Session one: The publishing process**  
Reasons for publishing scientific research  
Publication ethics and conduct  
Factors to consider when selecting a journal, such as scope of a journal, impact factors, open access, and predatory journals  
The online submission and peer-review process  
Deal professionally with reviewer feedback
- **Session two: Drafting a manuscript**  
Overview of the structure, components and features of a scientific paper.  
Effective scientific writing, with a focus on writing a critical and coherent Discussion section
- **Session three: promoting published research**  
How to effectively promote published research to a scientific and lay audience  
Using social media to promote published research

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### BIOGRAPHIES:

#### Mieke Faber

Prof Mieke Faber is a Deputy Editor of the journal of Public Health Nutrition. She is a temporary (post-retirement) Chief Specialised Scientist at the South African Medical Research Council, and an extraordinary professor at both North-West University and the University of the Western Cape, South Africa. She is a Deputy Editor of the South African Journal of Clinical Nutrition and a member of the Editorial Board of Maternal and Child Nutrition. She holds a PhD from the University of Stellenbosch, South Africa. Her research interests include food-based interventions to improve nutritional status in infants and young children; dietary quality assessment and impact on health; and infant and child feeding and nutritional status.

#### Cindy George

Dr Cindy George is a Deputy Editor of the journal of Public Health Nutrition. She is a Specialist Scientist at the South African Medical Research Council and a South African National Research Foundation-rated scientist. She holds a PhD from the University of Stellenbosch, South Africa. Dr George's research is centred on chronic kidney disease (CKD) in African populations, focusing on characterizing the burden of CKD and examining the risk factors and underlying mechanisms associated with the disease. She currently managing the CKD-Africa Collaboration, which aims to pool individual participant data (IPD) to, (1) determine the burden of CKD in Africa, (2) create resources that would allow researchers track the burden of CKD and (3) enable CKD projections for Africa.

**Vundli Ramokolo**

Dr Vundli Ramokolo is an Associate Editor at the Journal of Public Health Nutrition. She is an Epidemiologist working as a Specialist Scientist at the South African Medical Research Council. Dr Ramokolo completed her doctoral studies at the University of Bergen, Norway, and post-doctoral fellowship at Columbia University, New York. Her research interests include (1) the interactions between food security, nutrition and disease, (2) developmental origins of health and disease, and (3) perinatal Epidemiology. She is an investigator in studies relating to the impact of the COVID-19 pandemic on food security and maternal and child health; the impact of the Child Support Grant on child nutrition; prevention of mother-to-child-transmission; and pre-exposure prophylaxis in pregnant and postpartum women.