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Abstracts that do not conform to UKCO guidelines will be rejected.

All accepted abstracts will be eligible for publication in the International Journal of Obesity.

Please ensure that your abstract does not contain spelling, grammatical or scientific errors, as it will be reproduced as submitted. No proofreading or correction will be done.

**The use of People-First Language is mandatory for the abstracts to be accepted. Abstracts not using People-First Language will be rejected.**

*People first or Person first language (PFL):* The *International Journal of Obesity* requires its authors to use people first language in all articles published in the journal. Thus, we expect authors to use terms such as 'people with obesity' or 'people with overweight' instead of 'obese people', or 'overweight people' in all manuscripts submitted to the journal. The terms 'obese', 'morbidly obese' and 'morbid obesity' should not be used. This applies to both animal studies and human studies. This also applies when referring to other medical conditions e.g., 'people with diabetes' should be used rather than 'diabetic people'.

(For more information, see: [Guide to authors | International Journal of Obesity](#))

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## **Title**

The abstract title should be single sentence using sentence case and has maximum 200 characters.

## **Authors**

All author names must be listed as they will appear in the publication in the format:

Given Name Family Name

Use appropriate initial caps

Each author should be separated by comma (,)

e.g. Emily Smith, Syed Ali, John Hills

Abstracts where the presenting author is not registered for the conference by the final online registration date will be withdrawn from the programme and not published.

ORCID ID for the presenting author should be supplied as email addresses will not be published in the final abstracts.

## Affiliations

At least one affiliation for each of the listed authors should be included. This is typically the primary employer or institution names (in English, not abbreviated), and location (city, state or province, country).

e.g. University of Obesity, London, UK

Department names, school, lab, division, department or institute etc should be **omitted** from affiliations to prevent duplication. Affiliations should be numbered sequentially in the order mentioned in the author list and not duplicated. Each affiliation must be assigned to an author using Arabic numerals

e.g

Authors: John Smith<sup>1</sup>, Jane Doe<sup>2</sup>

Affiliations: <sup>1</sup>University of London <sup>2</sup>University of Cardiff

## Unstructured abstracts

**Abstracts should be written in a single block paragraph.**

Your abstract should include the following elements: Intro-Background/Objective, Methods/Design, Results and Conclusions, however **no sub-headings should be used nor are new paragraphs required.**

A Separate paragraph *may* be used for the purpose of including References if necessary (see guidance on this), Clinical Trial Registry number or protocol etc.

Otherwise, abstract text should run in a single block paragraph without line breaks.

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## Word limit

Word count 350 words.

## Trademarks

The inclusion of trade names/brand names is not allowed in the abstract. The mentioning of agents/molecules must follow the scientific standard for publications.

## References

References and citations to previously published work **should not be included wherever possible**. If citing a reference is absolutely essential, the reference(s) should be included in the 350 words limit. Where citing a reference is absolutely necessary, it is acceptable to provide abbreviated references with the DOI or web links to sources.

e.g. <https://doi.org/10.1007/s12178-015-9270-2>

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e.g. Romain, P.L. Conflicts of interest in research: looking out for number one means keeping the primary interest front and center. *Curr Rev Musculoskelet Med* 8, 122–127 (2015).

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<https://researchsupport.admin.ox.ac.uk/governance/integrity/conflict/examples>

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