

Activist Ward Walk Guide



Scotland

What to bring:

- This guide
- BMA merch & posters
- Ward walk tally sheet and/or digital questionnaire.
- FAQ sheet, or link to pdf copy
- Quick access QR code sheet which links to FAQs, update details, activist sign up, pay restoration website etc.

Questions to ask:

- Are you aware that the BMA is balloting resident doctors?
- What do you know about Scottish Government trying to break the 2023 deal and what this would mean for Resident Doctors?
- End of pay restoration, likelihood of pay erosion occurring again.
- Puts at risk a new contract for RDs that was part of the deal
- Are you in a BMA strike WhatsApp group?
- Are you a BMA member?
- Are your BMA membership details up to date? Especially personal address, Employer, and place of work? If not, encourage updating them on the spot.
- The ballot opens on 14th November 2025, will you vote in favour of striking?
- Will you take and wear this lanyard/badge to wear?
- If keen: Are you interested in becoming a BMA Activist or picket supervisor?

Things to do:

- Put up posters in doctors' offices, messes & staff areas.
- Distribute merchandise.
- Direct interested members to activist sign up using your QR codes.
- Signpost to the campaign webpage and downloadable resource site.
- Take selfies/pictures (with permission if with others) and share them on WhatsApp Strike Groups and social media with BMA Scotland socials tagged.
- Send a copy of this completed sheet to your LNCrDS chair.

North of Scotland LNCrDS

Chair - Taylor Allen-Moore: taylorallenmoore@aol.co.uk

South East of Scotland LNCrDS

Chair - Andrew Donnelly: andy_scotland@hotmail.com

West of Scotland LNCrDS

Chair - Vash Loffelmann: loffelmann.v@gmail.com

- If also using the digital questionnaire, fill in answers and submit form.
- If you feel an event with BMA reps and staff would be useful post ward walk, contact engagement.scotland@bma.org.uk