

PHYSIOTHERAPY *Rehabilitation*

Beyond 100 years of

12-15 SEPTEMBER 2024 CAPE TOWN

VOLUME 8
AUGUST 2024

INSIDE THIS ISSUE

- Exhibitors
- Sponsorships
- Dinner
- Cape Town Tourism
- Group Discounts



Exhibitors

- CFP Brokers (Pty) Ltd - Diamond
- HiTech Therapy
- Jamk Rehabilitation
- Shonaquip Pty Ltd
- Inova Pharmaceuticals
- Gems - Diamond
- Mediotronics Physical Medicine Pty Ltd
- GoodX (Pty) Ltd t/a GoodX Software
- Impulse Workout CC
- Natmed Medical Defence - Platinum
- Enovis
- Pvn Fashion Agencies Cc
- Rand Mutual Admin Services
- Faircape Health Pty Ltd
- Ergotherapy Solutions
- Solumed
- Biokinetics Association Of South Africa
- Alora Medical (Pty) Ltd
- HPCSA
- ProfNet Medical (Pty) Ltd
- BTL Medical SA
- APEFE
- Nedbank Limited
- Standard Bank - Diamond



PHYSIOTHERAPY *Rehabilitation* Beyond 100 years of

12-15 SEPTEMBER 2024 CAPE TOWN



Sponsors

- Destination Sponsor: South African National Convention Bureau and Wesgro
- Travel sponsors: SAA and CemAir
- Dinners: Trendy Restaurants
- Clinical excellence: Discovery Health
- Delegate boosting prizes: The SASP, Aquarium adult tickets, City sightseeing bus trips, Wow Travel tours wine route & lunch, Table Mountain tickets,
- Academic Journal support: SA Journal of Physiotherapy & Rehabilitation Advances in Developing Health Systems via AOSIS
- General Sponsorships: Bower Cardona, Core42,
- Lanyards: Ezmed
- Congress APP: Medex
- Inserts in congress bags: Rapid Recovery
- Congress bags: Standard Bank

2024 CONGRESS CELEBRATION DINNER



SPYCED

QUINTESSENTIAL CAPE FLAVOUR

SATURDAY EVENING: 14 SEPTEMBER 2024
 Venue: Spycoed Restaurant in Silo District Waterfront
 Time: 18h30 for 19h00
 Cash bar available
 Dress code: Smart Casual
 Provide your own transport

To book and pay, please log into your registration profile with your email address and password and add the function to your record and an invoice and receipt will be sent to you.

TICKET PRICE:
R 750

Closing date for booking is 4 September

BOOK NOW

VOLUME 8
AUGUST 2024



PHYSIOTHERAPY *Rehabilitation* *Beyond 100 years of*

12-15 SEPTEMBER 2024 CAPE TOWN



Tourism




Table Mountain

Cape Point

Groot Constantia

Robben Island

<https://allevents.eventsair.com/saphysio2024/>



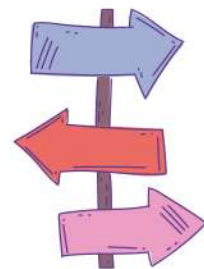
V&A Waterfront

Wine farms

Heart of Cape Town Museum

Kirstenbosch Botanical Garden

<https://allevents.eventsair.com/saphysio2024/>



PHYSIOTHERAPY *Rehabilitation*

Beyond 100 years of

12-15 SEPTEMBER 2024 CAPE TOWN

Travel tips

General Safety:

Cape Town, like any other major city, is generally safe but requires caution during your travels and in certain areas.

Visible Safety Measures:

Additional safety officers (Cape Town Central City Improvement District | CCID) are visible within the parameters of the CBD. Their uniforms are clearly visible (green jackets with CCID logo) and green safety kiosks are visible around the Cape Town International Convention Centre (CTICC), nearby hotels, and towards the Waterfront where most social activities will take place.

Travel Tips:

Walk, use Uber (via the uber app) or use the hotel shuttles in groups for added safety. You may walk within the CTICC using the indoor sky-bridge connecting CTICC 1 and CTICC 2.

Evening Functions at the CTICC:

Special security will be organized for evening functions as necessary.

Airport Transport:

Avoid using unauthorized persons at the airport. Instead, book your transport from the airport to the hotel in advance. WoW Tours and City Hopper are contracted services, and their details are on the congress website. Alternatively use Uber service ONLY by booking via the app.



ATM Safety:

Do not engage with anyone while at an ATM to withdraw money.

Do not withdraw cash from an ATM in quieter areas of the city.

Do not accept anyone's offer to escort you to an ATM.

Tap Water:

Tap water is safe to drink in Cape Town.

Electricity and Plugs:

South Africa uses four types of plugs: types C, D, M, and N.

Type C has two round pins.

Type D has three round pins in a triangular pattern.

Types M and N both have three round pins.

The country operates on a 230V supply voltage and 50Hz.

Money Exchange:

Money can be exchanged at the airport or any accredited bank, we suggest you chat with your concierge for the location of the nearest bank.

Credit Cards:

Most establishments accept all types of credit cards.

Tipping:

A 10% tip for services is generally acceptable.

Weather in September:

Cape Town's weather in September can be unpredictable, especially at night. Temperatures vary between 13-21 degrees Celsius.

*Travel
Tips*