



International Academy  
of Suicide Research

## IASR Meta-analysis Workshop for Suicide Research

Pre-congress hands-on Workshop at Barcelona IASR/AFSP summit

October 15<sup>th</sup>, 08:30-13:00

**Chair: Prof. Gil Zalsman, Israel; Speaker: Dr. Sudan Neupane, Norway**

The mission of IASR is to promote suicide research. Our field suffers from lack of evidence-based data and Metanalyses are scarce. Preforming a systematic review and metanalysis needs a knowledge in the use of specialized software. This workshop, the third that our organization conducts is tailored for suicidologists with some experience in research and analyzing data that want to move to the next level and perform metanalyses.

**It is a hands-on workshop. Bring your laptop and end the workshop with your own forest plot!**

### **Program**

08:30 – 9:15 Evidence synthesis: from background information to meta-analyses

09:15- 10:00 Performing systematic reviews and meta-analyses: a process review

10:00 – 10:45 Screening tool – **Covidence** software

10:45-11:15 Break

11:15 – 13:00 hands-on training on using **ReviewManager** (Revman) free software

### ***About the speaker***

*Sudan Prasad Neupane MBBS, MPhil, PhD, senior researcher. National Centre for Suicide Research and Prevention, Institute of Clinical Medicine, University of Oslo and Oral Health Centre of Expertise in Rogaland, Stavanger, Norway*



Dr. Neupane was born and raised in Nepal. While working as a clinician in the high hills of Dolakha in Nepal, he encountered families in which alcohol use disorder, depression, anxiety and suicidal behavior were congregated.

This made him start his research career that has focused on characterizing the comorbid phenotypes of depression, anxiety, PTSD and suicidal behavior in chronic heavy drinking through neuroimmune alterations. In 2015, he earned his doctorate in Addiction Medicine and Psychoneuroimmunology from the University of Oslo. Dr. Neupane spent a year as a visiting Fulbright scholar at the Bowles Center for Alcohol Studies, University of North Carolina at Chapel Hill, NC, USA where he worked with Dr. Fulton T. Crews investigating the alcohol-induction of neuroimmune signalling in the brain. Dr. Neupane is passionate about the inextricable unity of mind and body. His current work focusses on understanding the neuroimmune correlates and the consequences of peripheral immune activation on mood and addictive/self-harm behaviors. He has published more than 40 scientific papers and book chapters and has received several national and international awards. He is an associate editor of the journal *Suicidology* and a sought-after reviewer for high-impact international journals.