



1st Congress of Psychogeriatrics (24-26/11/2023)

FRIDAY 24/11/2023

11.00-11.30

Keynote Lecture: Stylianos Chatzipanagiotou: Microbiome and Mental Health

Chairperson: Christine Piperi

11.30-12.30

Symposium

Advances in basic research on the mental health of older adults

Chairpersons: Stylianos Chatzipanagiotou, Ioannis Sotiropoulos

Speakers

Christine Dalla: The role of gender and age in preclinical research on neuropsychiatric disorders

Ioannis Sotiropoulos: Chronic stress and brain aging: bridging basic and clinical research

Christine Piperi: Epigenetic mechanisms of brain aging: Challenges and interventions

Commentator: Christine Dalla

12.30-13.00 Coffee Break

13:00-13.30

Keynote Lecture: Constantine Potagas: Gait and cognitive functions: a bidirectional relationship

Chairperson: Antonios Tsabropoulos

13.30-14.30

Symposium

Cognitive functions and old age: Evolutionary, diagnostic and therapeutic perspectives

Chairpersons: Constantine Potagas, Anastasia Konsta



Speakers

Dimitrios Kasselimis: Mental changes in aging

Antonios Gargalionis: Recent laboratory research findings related neurocognitive disorders

Antonios Tsabropoulos: Alzheimer's Disease: Leveraging cutting-edge technologies to understand amyloid structures and develop new treatments

Commentator: Panagiotis Alexopoulos

14.30-15.00 Coffee Break

15:00-15:30

Keynote Lecture: Antonios M. Politis: Aging and neuropsychiatric symptoms

Chairperson: Nikolaos Smyrnis

15:30-16.30

Symposium

Neuropsychiatric disorders in dementia

Chairpersons: Nikolaos Degleris, Theofanis Vorvolakos

Speakers

Eugenia Katirtzoglou: Neuropsychiatric symptoms in the early stages of Alzheimer's disease

Ioannis Papatriantafillou: Neuropsychiatric approaches to behavioral changes in frontotemporal dementia

Anthi Kouloutbani: Physical exercise as a non-pharmacological intervention for neuropsychiatric symptom management

Commentator: Ioannis Papatriantafillou

16.30-17.00 Coffee Break

17:00-17:30

Keynote Lecture: Theofanis Vorvolakos: Data on the need for mental health services for older adults

Chairperson: Rossetos Gournellis



17.30-18.30

Symposium

INTegRated IntervENtion of pSychoGeriatric Care (INTRINSIC) services

Chairpersons: Paraskevi Sakka, Rossetos Gournellis

Speakers

Constantinos Tsibanis: HERMES - Supporting the digital transformation of psychogeriatric diagnostic workup

Panagiotis Alexopoulos: Challenges in psychogeriatric care seeking

Grigoris Alokrios: Geriatric care needs in Primary Healthcare

Commentator: Antonios M. Politis

18.30-19.00 Coffee Break

19:00-19:30

Opening Session

19:45-20:30

Opening Keynote Lecture: Costantine Lyketsos: The neuropsychiatric Symptoms of dementia and associated research developments

Chairperson: Nikolaos Stefanis

SATURDAY 25/11/2023

09:30-10:00

Keynote Lecture: Philippos Gourzis: Treatment-resistant depression in older adults

Chairperson: Maria Basta

10.00-11.00

Symposium

Primary Health Care and Psychogeriatrics

Chairpersons: Panagiotis Alexopoulos, Constantinos Mokos

Speakers

Maria Basta: Relationship of Sleep, inflammation and stress with cognitive functioning in old age: What we have learned from the Crete Elderly Cohort

Panagiotis Stamatis: Depression in Primary Healthcare



Eleftherios Thiraios: Quality of mental health services in geriatric population

Commentator: Philippos Gourzis **11.00-11.30 Coffee Break**

11:30-12.00

Keynote Lecture: Robert Pernezky: Are blood-based biomarkers ready for use in early Alzheimer's disease diagnosis?

Chairpersons: Panagiotis Alexopoulos

12.00-13.00

Symposium

Diagnostic challenges in psychogeriatric syndromes

Chairpersons: Nikolaos Vadikolias, Theofanis Vorvolakos

Speakers

Socratis Papageorgiou: Rapidly progressive dementia

George Velonakis: Brain imaging inaging: Normal findings and pathological patterns

Constantinos Siarkos: Depression in the elderly: evidence from magnetic resonance brain imaging

Commentator: Nikolaos Vadikolias

13.30-15.00 Coffee Break

13.00-14.00 E poster evaluation/ Meeting with the experts

Chairpersons: Constantinos Bonotis, Stergios Kaprinis

15:00-15:30

Keynote Lecture on dementia and sensory loss

Iracema Leroi: The SENSE-Cog Project: Six years on...

Chairperson: Antonios M. Politis

15.30-16.30

Symposium

Sensory Impairment and dementia



Chairpersons: Athanasios Bibas, Antonios M. Politis

Speakers

Panagiotis Alexopoulos: Effects of the single and double sensory loss of patients with neurocognitive disorders on their care partners.

Evangelia Kontogianni: New Actions: Sense-Cog Greece

Dimitrios Kikidis: Association between hearing loss and cognitive function

Commentator: Athanasios Bibas

16.30-17.00 Coffee Break

17:00-17:30

Keynote Lecture: Dimitris Kiosses: Novel Psychotherapeutic Approaches for Mid- and Late-life Depression and Suicide Prevention

Chairperson: Vassilis Bozikas

17.30-18.30

Symposium

Depression in older adults

Chairpersons: Vassilis Bozikas, Anastasia Konsta

Speakers

Rossetos Gournellis: Psychotic depression in older adults

Anastasia Konsta: The bidirectional relationship between dementia and geriatric depression

Nikolaos Kokras: Therapeutic management of treatment-resistant depression in older adults

Commentator: Rossetos Gournellis

19:00-20:00

Keynote Lecture

Speaker: Prof. George Alexopoulos: Developing novel, streamlined interventions for late-life depression

Chairperson: Dimitrios Kiosses **SUNDAY 26/11/2023**

10:00-11.30



"Psychogeriatric syndromes in primary care: A discussion of cases"

Chairpersons: Theofanis Vorvolakos, Anastasia Konsta

Participation and presentations of the Health Centers participating in INTeGReated InterVeNtion of pSychoGeriatric Care (INTRINSIC) services

Commentator: Rossetos Gournellis

11.30 Closing Session