



## Conference Description

The 40th Annual Conference on Contemporary Issues in Obstetrics and Gynecology will provide evidence-based updates on a wide range of topics in obstetrics and gynecology, while highlighting our commitment to improving the health of our patients and the dissemination of medical knowledge to healthcare professionals. Conference faculty consists of UT Health Science Center faculty and guest speakers. Content is chosen based on surveys from our previous meetings and literature updates on current and emergent topics. Topics will be presented to address common knowledge gaps and will include skills and methodologies within the practice environment. A panel discussion at the end of each session will allow interaction between faculty and participants.

## Educational Objectives

- Describe new therapeutic options for menopause
- Explore innovations in medical genetics
- Review the medicolegal implications of OB/GYN care
- Recognize the challenges of periviable pregnancies

## Desired Outcome

This conference is designed to provide interactive educational activities that discuss complicated case scenarios that have been shown to improve participant application of evidence-based medicine for obstetric and gynecologic patients. Providing a format for adult learning that includes lectures, case-based studies, interactive question-and-answer sessions, collaborative sharing of patient care issues, and networking with other healthcare professionals has been shown to improve participant knowledge and competency.

## Target Audience

Obstetrics and Gynecology Physicians, Family Medicine Physicians, Primary Care Physicians, Certified Nurse-Midwives (CNMs) and Certified Midwives (CMs), Advanced Practice Nurse Practitioners (APNPs), Physician Assistants (PAs), Residents and Fellows, and other professionals in the field of women's health

## Activity Medical Director

John O. Schorge, MD, FACOG  
Professor and Chair  
Department of Obstetrics and Gynecology  
UT Health Science Center

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UT College of Medicine  
Office of Continuing Medical Education  
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**REGISTER  
NOW!**

**THE DEADLINE  
TO RECEIVE THE  
DISCOUNTED  
ROOM RATE IS  
JUNE 15, 2026!**

The University of Tennessee is an EEO/AA/Title VI/Title IX/Section 504/ADA/ADEA institution in the provision of its education and employment programs and services.

# 40th Annual CONTEMPORARY ISSUES IN OBSTETRICS AND GYNECOLOGY

## JULY 20-24, 2026

### Hilton Sandestin Beach Golf Resort & Spa Destin, Florida

**HOSTED BY:**  
The University of Tennessee Health Science Center  
Department of Obstetrics and Gynecology



## Conference Faculty

**John O. Schorge, MD, FACOG**  
Professor and Chair, UTHSC Department of OB/GYN, Division of Gynecologic Oncology; Memphis, TN

**Lauren Arnold Bell, MD, MPH, FAAP**  
Assistant Professor, UTHSC Department of Preventive Medicine; Memphis, TN

**Brandon Bell, DO, FACOG**  
Assistant Professor, UTHSC Department of OB/GYN; Memphis, TN

**Sierra Bishop, MD**  
UTHSC Department of OB/GYN, Division of Reproductive Endocrinology and Infertility; Memphis, TN

**Aaron Caughey, MD, MPH, PhD, FACOG**  
Professor and Chair, Oregon Health & Science University Department of OB/GYN, Division of Perinatology; Portland, OR

**Benjamin Dorton, MD, FACOG**  
Obstetrics and Gynecology, Ochsner Baptist Medical Center; New Orleans, LA

**Alexandra H. Fairchild, MD**  
Assistant Professor, LSU Health Science Center, Department of Clinical Radiology; New Orleans, LA

**Molly Houser, MD, FACOG, CDCES**  
Associate Professor, UTHSC Department of OB/GYN, Divisions of Maternal-Fetal Medicine and Complex Family Planning; Memphis, TN

**Michael Junior, MD**  
UTHSC Department of OB/GYN, Division of Maternal-Fetal Medicine; Memphis, TN

**Raymond W. Ke, MD, FACOG**  
Professor, UTHSC Department of OB/GYN, Division of Reproductive Endocrinology and Infertility; Director, Assisted Reproductive Technology, Fertility Associates of Memphis; Memphis, TN

**Pallavi Khanna, MD, FACOG, NCMP**  
Associate Professor, UTHSC Department of OB/GYN; Memphis, TN

**William Kutteh, MD, PhD, FACOG**  
Professor, UTHSC Department of OB/GYN, Division of Reproductive Endocrinology and Infertility; Co-Director, Center for Recurrent Pregnancy Loss, Fertility Associates of Memphis; Memphis, TN

**Owen Phillips, MD, MPH, FACOG**  
Professor, UTHSC Department of OB/GYN; Memphis, TN

**Stephen Rauls, MD, FACOG**  
Assistant Professor, UTHSC Department of OB/GYN; Memphis, TN

**John Rocco M. Rodney, MD, FAAFP, FASAM**  
Associate Professor, Meharry Medical College, Department of Family and Community Medicine; Nashville, TN; Medicos Para La Familia; Memphis, TN

**Alexa Swailes, MD, FACOG**  
Assistant Professor, UTHSC Department of OB/GYN; Memphis, TN

**Michael VanDillen, MD**  
UTHSC Department of OB/GYN, Division of Maternal-Fetal Medicine; Memphis, TN

**Paul Wendel, MD, FACOG**  
Professor, UTHSC Department of OB/GYN, Division of Maternal-Fetal Medicine; Memphis, TN

**Amanda Williams, DNP, CNM, FACNM, PMH-C**  
Certified Nurse Midwife, Regional One Health; Memphis, TN

**Jeff Woods, JD**  
Risk and Practice Management Senior Attorney, State Volunteer Mutual Insurance Company (SVMIC); Brentwood, TN



## Monday, July 20, 2026 Gynecology Part I

- 7:00 AM** Continental Breakfast
- 7:25 AM** **Welcome and Introduction** John O. Schorge, MD
- 7:30 AM** **Nuances of Contraceptive Management** Alexa Swailes, MD
- 8:00 AM** **Lost and Found: Mastering Non-Palpable Implant Care** Molly Houser, MD
- 8:30 AM** **Morbid Obesity in the GYN Space: It's a Big Deal** John Schorge, MD
- 9:00 AM** **The Modern Menopause: What You Need to Know in 2026** Pallavi Khanna, MD
- 9:45 AM** **Questions**
- 10:15 AM** **Break**
- 10:30 AM** **If I Live to Tell: Ectopic Pregnancy and PUL** Brandon Bell, DO
- 11:00 AM** **Genetics for the OB/GYN Provider** Sierra Bishop, MD
- 11:30 AM** **Putting a Stop to Amenorrhea** Raymond Ke, MD
- 12:15 PM** **Questions**
- 12:45 PM** **Adjourn**

## Tuesday, July 21, 2026 Gynecology Part II

- 7:00 AM** Continental Breakfast
- 7:25 AM** **Moderator** John O. Schorge, MD
- 7:30 AM** **Beat the Clock: Best Practices for Emergency Contraception** Molly Houser, MD
- 8:00 AM** **Updates on Recurrent Pregnancy Loss** William Kutteh, MD
- 8:30 AM** **Patient-Centered Pregnancy Options: Counseling for Adolescents** Lauren Bell, MD
- 9:00 AM** **Legal Considerations in Gynecology** Jeff Woods, JD
- 9:45 AM** **Questions**
- 10:15 AM** **Break**
- 10:30 AM** **Occam's Razor and the Adnexal Mass** John Schorge, MD
- 11:00 AM** **The Therapeutic Pill: Using Contraception as Medicine** Pallavi Khanna, MD
- 11:30 AM** **Hopelessly Infertile: Are there any Miracles?** Raymond Ke, MD
- 12:15 PM** **Questions**
- 12:45 PM** **Adjourn**

## Wednesday, July 22, 2026 Gynecology Part III

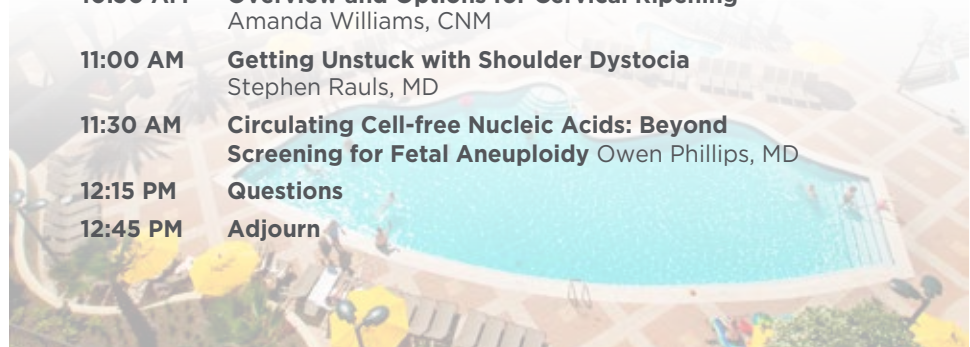
- 7:00 AM** Continental Breakfast
- 7:25 AM** **Moderator** John O. Schorge, MD
- 7:30 AM** **Update on Management of Uterine Fibroids** Brandon Bell, DO
- 8:00 AM** **The Ovarian Vein Thrombosis Paradox** Alexandra Fairchild, MD
- 8:30 AM** **Fertility Evaluation for the Generalist** William Kutteh, MD
- 9:15 AM** **Questions**
- 9:45 AM** **Break**

## Obstetrics Part I

- 9:55 AM** **Welcome and Introduction** Paul Wendel, MD
- 10:00 AM** **Hyperemesis Gravidarum: New Paradigms for Management** Paul Wendel, MD
- 10:30 AM** **Obesity in Pregnancy** Michael VanDillen, MD
- 11:00 AM** **Getting Back to TOLAC** Benjamin Dorton, MD
- 11:30 AM** **Legal Considerations in Obstetrics** Jeff Woods, JD
- 12:15 PM** **Questions**
- 12:45 PM** **Adjourn**

## Thursday, July 23, 2026 Obstetrics Part II

- 7:00 AM** Continental Breakfast
- 7:25 AM** **Moderator** Paul Wendel, MD
- 7:30 AM** **Trauma in Pregnancy** Michael Junior, MD
- 8:00 AM** **The Integrated OB: Managing Perinatal Anxiety and Depression** John Rocco M. Rodney, MD
- 8:30 AM** **Peripartum Cardiomyopathy** Michael VanDillen, MD
- 9:00 AM** **Periviable Pregnancies: Decision-Making Under Uncertainty** Aaron Caughey, MD
- 9:45 AM** **Questions**
- 10:15 AM** **Break**
- 10:30 AM** **Overview and Options for Cervical Ripening** Amanda Williams, CNM
- 11:00 AM** **Getting Unstuck with Shoulder Dystocia** Stephen Rauls, MD
- 11:30 AM** **Circulating Cell-free Nucleic Acids: Beyond Screening for Fetal Aneuploidy** Owen Phillips, MD
- 12:15 PM** **Questions**
- 12:45 PM** **Adjourn**



## Friday, July 24, 2026 Obstetrics Part III

- 7:00 AM** Continental Breakfast
- 7:25 AM** **Moderator** Paul Wendel, MD
- 7:30 AM** **Beyond the Bump: Managing Opioid Use Disorder with Buprenorphine** John Rocco M. Rodney, MD
- 8:00 AM** **Building Safe Spaces: Practical Pearls for Trauma-Informed Obstetric Care** Alexa Swailes, MD
- 8:30 AM** **Fluid Management in the Pregnant Patient** Paul Wendel, MD
- 9:00 AM** **Fetal Monitoring in the Second Stage: Practices and Pitfalls** Aaron Caughey, MD
- 9:45 AM** **Questions**
- 10:15 AM** **Break**
- 10:30 AM** **Avoiding the Birth Plan Curse** Amanda Williams, CNM
- 11:00 AM** **Common Pain Problems in Pregnancy** Stephen Rauls, MD
- 11:30 AM** **Are We Ready for Genetic Miracles?** Owen Phillips, MD
- 12:15 PM** **Questions**
- 12:45 PM** **Adjourn**

## Disclosure Statement

The University of Tennessee College of Medicine is committed to providing CME that is balanced, objective, and evidence based. Individuals involved with planning, reviewing, and presenting content for this activity must disclose all financial relationships with ineligible companies within the past 24 months, regardless of the amount. The ACCME defines ineligible companies as those whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

Financial relationships are relevant if the educational content an individual can control is related to the business lines or products of the ineligible company. Individuals must disclose regardless of their view of the relevance of the relationship to the education. The UT College of Medicine, the CME staff, and Activity Director have taken appropriate steps to identify and mitigate relationships prior to the individuals assuming their roles.

## 25 CME / CEU credits provided



**AMA Credit Designation:** The University of Tennessee College of Medicine (UTCOM) designates this live activity for a maximum of 25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Continuing Education for Non-Physicians:** The UTCOM will issue Certificates of Participation to non-physicians for participating in this activity and designates it for CEUs using the national standard that 1 hour of educational instruction is awarded .1 CEU.

**Accreditation:** The UTCOM is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



## Nursing Credit



The University of TN Health Science Center College of Nursing, Memphis is accredited as a provider of nursing continuing professional development by the American Nursing Credentialing Center's Commission on Accreditation. The University of Tennessee College of Nursing designates this NPD activity for a maximum of 25 full contact credits.

## Physician Assistants

The American Academy of Physician Assistants (AAPA) accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society. PAs may receive a maximum of 25 Category 1 credits for completing this activity.

## American Academy of Family Physicians

The AAFP has reviewed 40th Annual Contemporary Issues in Obstetrics and Gynecology Conference and deemed it acceptable for up to 25.00 Live AAFP Prescribed credits. Term of Approval is from 07/20/2026 to 07/24/2026. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## Accommodations

The Hilton Sandestin Beach Golf Resort & Spa is located on the beautiful beaches at 4000 Sandestin Blvd., Destin, Florida 32550-4214. When making your reservations, call (850) 267-9500. Please ask for the UTHSC OB/GYN room rate. The cut-off date for the conference rate of \$464 is June 15, 2026. Please make your reservations early as the room block availability is limited.

Online registration is available NOW at <https://uthsc.edu/continuing-medical-education/memphis/ob-gyn-2026-conf>

	Complete Course	OB Only	GYN Only
Physicians	\$950	\$525	\$525
Physician Assistants Nurse Practitioners, Nurses, and Midwives	\$525	\$400	\$400
Residents	\$250	\$150	\$150

Send check or money order payable to "The University of Tennessee" UT Conferences, Attention Destin 2026; P.O. Box 2648; Knoxville, TN 37901

Written cancellations must be received by June 15, 2026 to receive a refund of meeting registration fees minus a \$100 administrative fee. Written cancellations received after June 15, 2026 will not be refunded.

## Contact Information

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