



AIDS
FOUNDATION
CHICAGO



KEYS TO SUCCESS:

KEEP EMPOWERING YOUNG ADULTS TO SUCCEED

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LEARNING OBJECTIVES

- To design a program that recognizes the unique challenges facing young adults living with HIV & experiencing housing insecurity or homelessness
- To understand how a housing-first approach with wraparound services can improve viral suppression & overall well-being for program participants
- To develop a multi-tier evaluation program that assesses clients' self-sufficiency, physical health, mental health, social support, & satisfaction throughout the program
- To plan for clients to have the resources to remain in housing throughout the program & independently take over the lease following program graduation

KEYS TO SUCCESS:

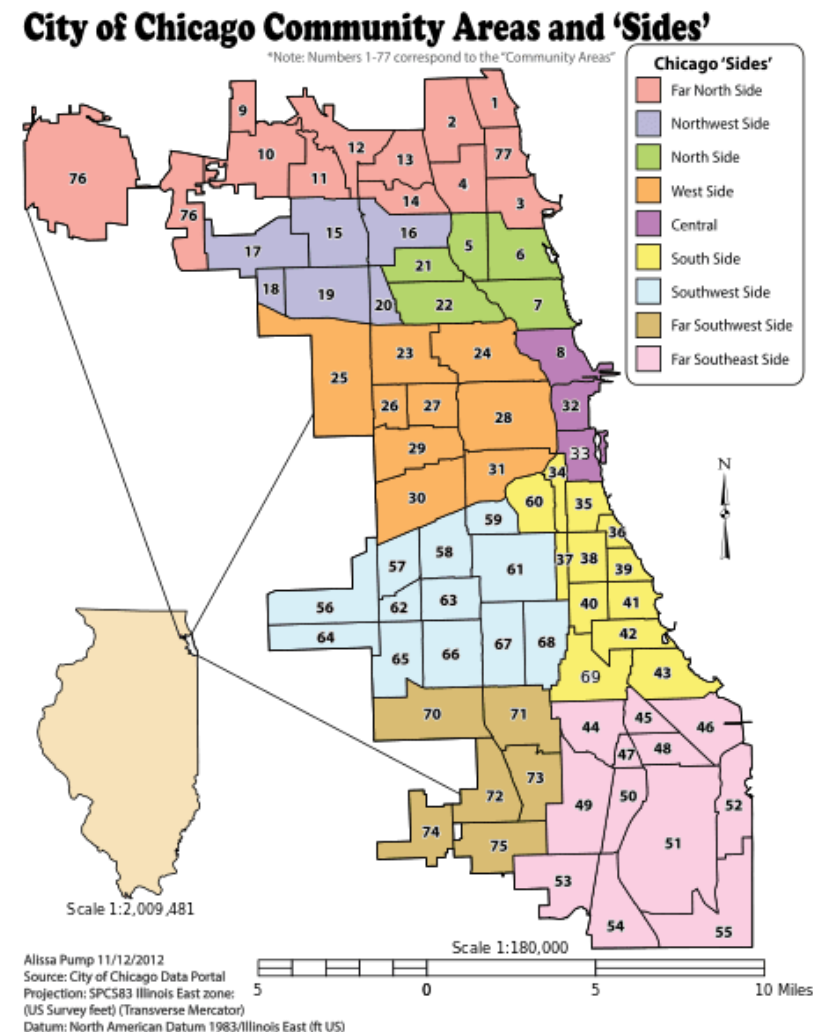
KEEP EMPOWERING YOUNG ADULTS TO SUCCEED

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- Entry and Eligibility
- Program Partner Organizations
- KEYS Case Management
- KEYS Employment Services
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AIDS FOUNDATION CHICAGO

- Approaching 40 years of service in Chicago
- In 2022, AFC Served 8,276 individuals
 - **Ryan White Case Management**
 - **Housing**
 - **Services for returning citizens**
- 86% of participants in AFC's Ryan White case management program are virally suppressed
- 1,678 individuals were connected to a place to call home in 2022
 - **At full capacity, close to 1000 units of HIV dedicated Housing**

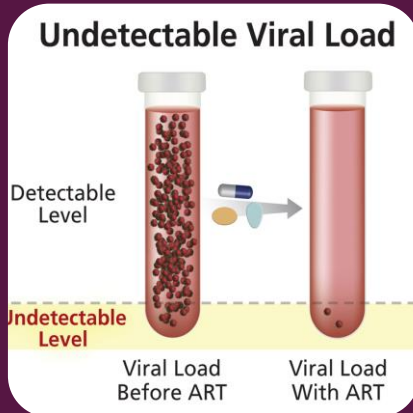


WHAT IS KEYS?

- KEYS is a service-enriched, scattered-site Rapid Re-housing (RRH) program for young adults living with HIV in Chicago ages 18–30 who are experiencing homelessness
 - **A collaboration between the AIDS Foundation Chicago, the Center for Housing and Health, La Casa Norte, and Chicago House.**
- Aims to serve 40 total households throughout three years:
 - **Provides clients with RRH/TBRA for up to 24 months; PHP funds to secure a permanent unit; and STRMU assistance as needed for the duration of the project.**

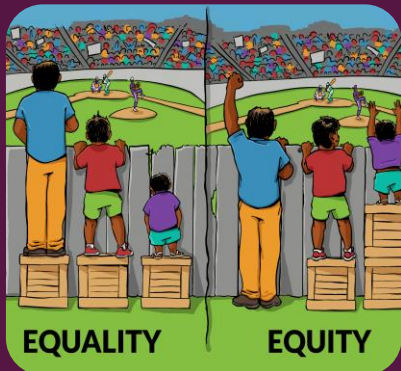


WHAT MAKES KEYS UNIQUE?



Providing housing for unhoused people living with HIV is proven to result in reduced viral load and improved health measures overall

- 18–30-year-olds are diagnosed at a higher rate than any other age in Chicago.
- KEYS is the *only* RRH program in Chicago designed for this population.
- Similar programs for youth may cap the age of eligibility earlier; KEYS expands the “young adult” range to include participants up to 30 years old.



Many clients are recently diagnosed with HIV and carry other intersecting, marginalized identities

- KEYS participants include transgender and LGBTQ+ clients, Spanish speakers, young mothers living with HIV and people facing systemic issues like poverty, racism, homophobia, transphobia, and HIV-related negative stigma.

WHAT MAKES KEYS UNIQUE?

- KEYS is designed specifically for issues facing this age group
 - **By providing case management, employment services, tenant education, behavioral health counseling, and more, KEYS aims to:**
 - Improve clients' quality of life;
 - Increase viral suppression among participants;
 - Reduce housing insecurity;
 - Give clients the skills to find and retain employment beyond the program.
- KEYS has an extensive evaluation program
 - **By surveying participants throughout the program and using medical data to measure the effectiveness of housing as an intervention against HIV, evaluation is an integral part of the program**



KEYS PROGRAM PARTNERSHIPS

- Three main organizations are collaborating with the AIDS Foundation Chicago to make KEYS possible:

1. **Center For Housing And Health (CHH), a supporting organization of the AIDS Foundation Chicago (AFC)**

- Housing Navigation Program & Resource Coordination HUB
- Refer clients to the program
- Responsible for unit acquisition, leasing paperwork, and rental payment processing
- Provides evaluation and data services

2. **LA Casa Norte (LCN)**

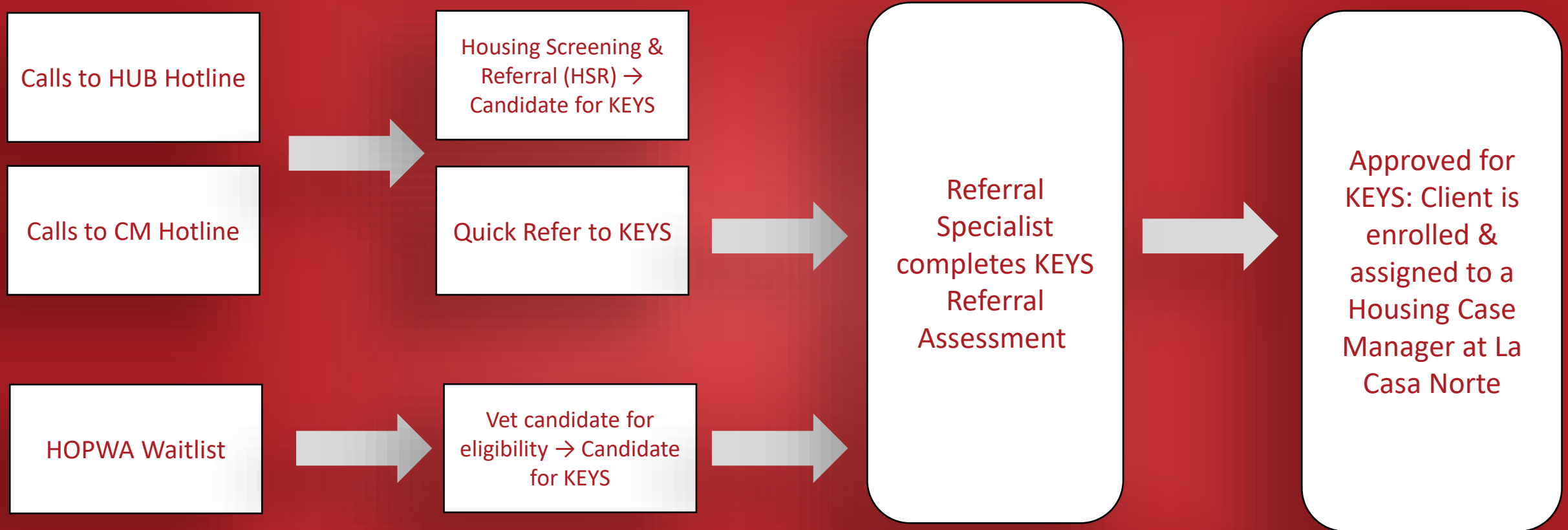
- Provides case management services
- Landlord engagement

3. **Chicago House**

- Engages clients in job training and employment services.



KEYS ENTRY AND ELIGIBILITY WORKFLOW



KEYS CASE MANAGEMENT

- Enrollment

- **Before providing any services, clients meet with their case manager for a formal intake and housing/service needs assessment.**
 - Clients agree to provide a Viral Load Update every 6 months and verify their income if it changes throughout the program.



- Housing Support

- **Housing case managers at La Casa Norte locate potential units and coordinate between various stakeholders such as property managers, landlords, clients, and service providers.**
- **Case managers also coordinate with the Chicago Furniture Bank to provide beds and starter furniture.**
 - In the unfortunate event of a client being in danger or discriminated against, an emergency move would occur.



KEYS CASE MANAGEMENT



- Participants are connected to local resources:
 - **Chicago House Social Security Benefits**
 - **Supplemental Nutrition Assistance Program (SNAP)**
 - **Ryan White Care**
 - **Long-term Subsidized Housing Referrals:**
 - Housing Opportunities for Persons With AIDS (HOPWA)
 - Chicago Housing Authority (CHA)
 - State Wide Referral Network (SRN)

KEYS CASE MANAGEMENT

- AFC Ryan White HIV Case Managers offer expertise in navigating the HIV medical system and the health insurance system
 - **KEYS leverages RW services through Illinois Department of Public Health (IDPH) and Chicago Department of Public Health (CDPH) RW grants.**
 - **Case managers work with organizations such as the CORE Center and Trilogy to directly connect KEYS participants to HIV care and other physical health care.**
 - **Throughout Year 1 KEYS has primarily focused on housing outcomes to achieve participant stability and remain true to the Housing First Model. Year 2 will shift focus toward health and employment outcomes.**



KEYS CASE MANAGEMENT

- KEYS is designed to provide wraparound, comprehensive support:

Up to 24 months (two years) of rental assistance.

Development of an individualized action plan to meet client-created goals.

Weekly check ins between case manager and client

Providing CTA bus and train cards for transportation.

Assistance with budgeting & employment.

Providing home starter kits.

KEYS EVALUATION OVERVIEW

What's our role in KEYS?

- **The AFC Research & Evaluation (R&E) Team is responsible for evaluating the effectiveness of KEYS and clients' progress throughout the course of the program.**
- **We want to measure the effectiveness of housing as an intervention to improve housing and health outcomes for those living with HIV.**
- **To accomplish this, R&E staff will evaluate outcomes related to housing, health, and overall wellbeing.**



KEYS EVALUATION: METHODOLOGY



Outcome monitoring and evaluation

- Integration of aggregate dashboards into evaluation
- Secondary analysis of programmatic and evaluation-specific data



Longitudinal supplemental client assessment

- Tracks outcomes related to overall wellbeing
- Evaluates client satisfaction



System-level outcome evaluation

- Evaluation of systems-level outcomes
- Analysis of systems-level meeting minutes

KEYS SUPPLEMENTAL ASSESSMENT

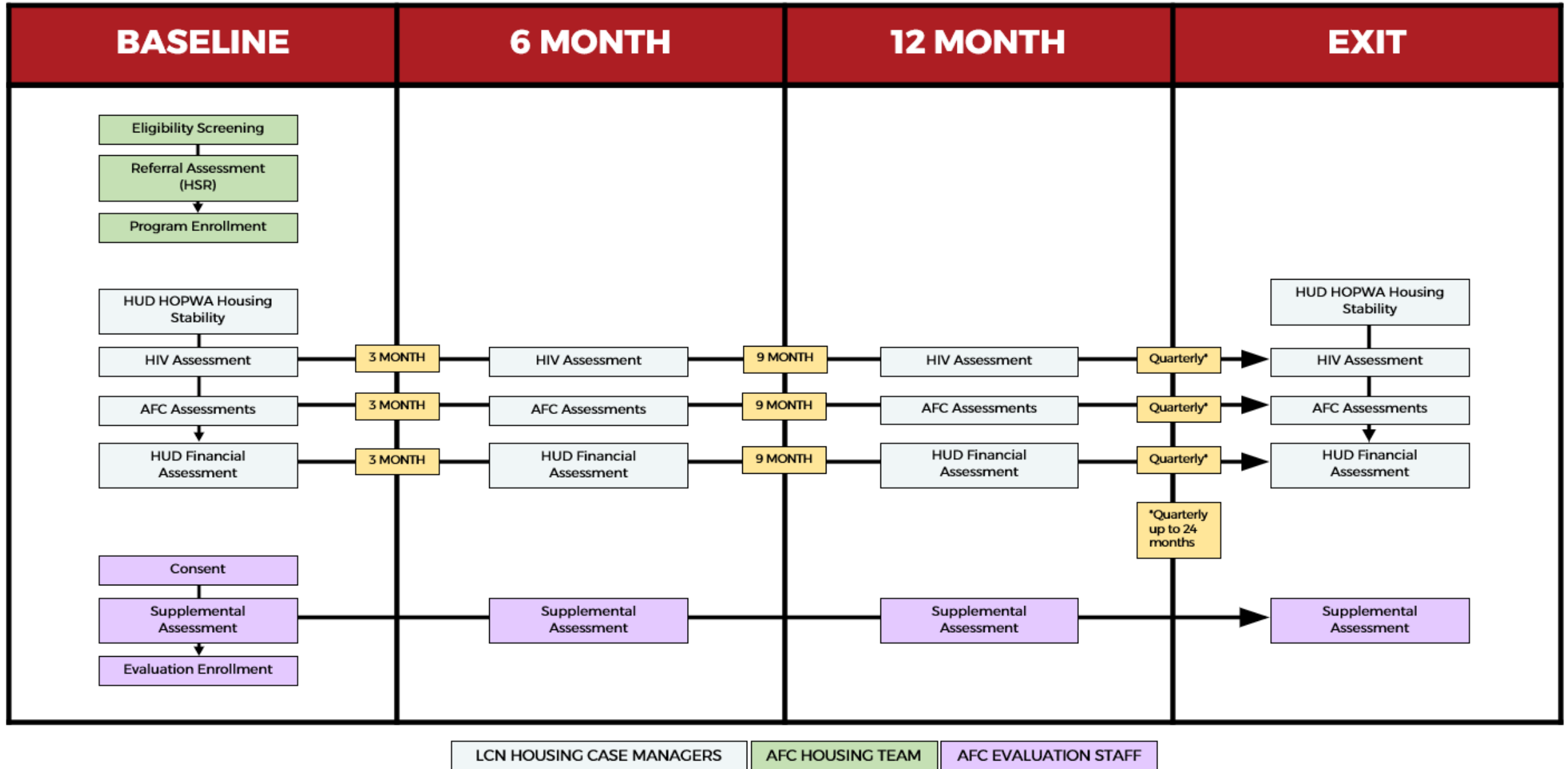
- What do we ask clients about?
 - **Our team put together a Supplemental Evaluation Assessment tool to evaluate client outcomes in three main aspects of their life and wellbeing:**
 - Social network and support (MSPSS)
 - Quality of life (WHO QOL-BREF)
 - Perception of the future (Whitaker, et al)
 - Additionally, clients are asked about their satisfaction with the program and with their case manager (at 6 month, 12 month, and exit)
- We're asking this to assess client outcomes that contribute to positive health and housing outcomes, as well as overall wellbeing



KEYS EVALUATION: TIMELINE & PROCESSES

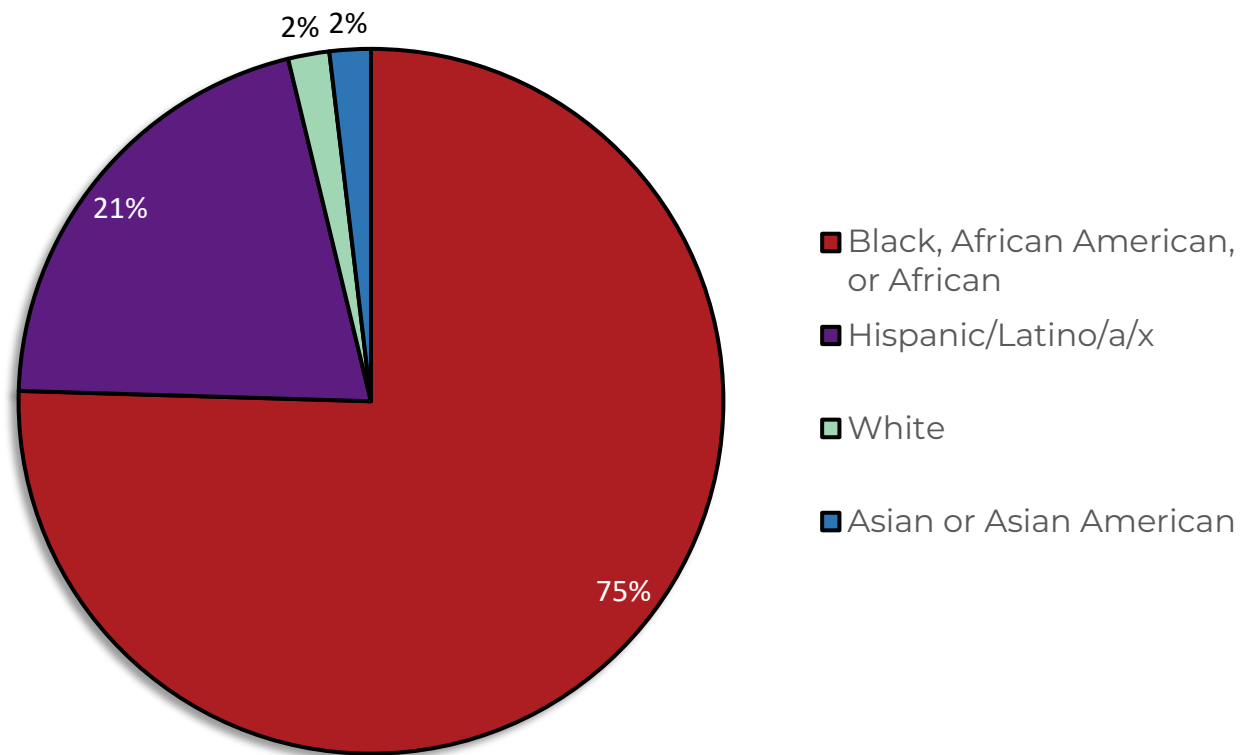


KEYS EVALUATION: TIMELINE & PROCESSES



KEYS PROGRAM DEMOGRAPHICS

Participant Race

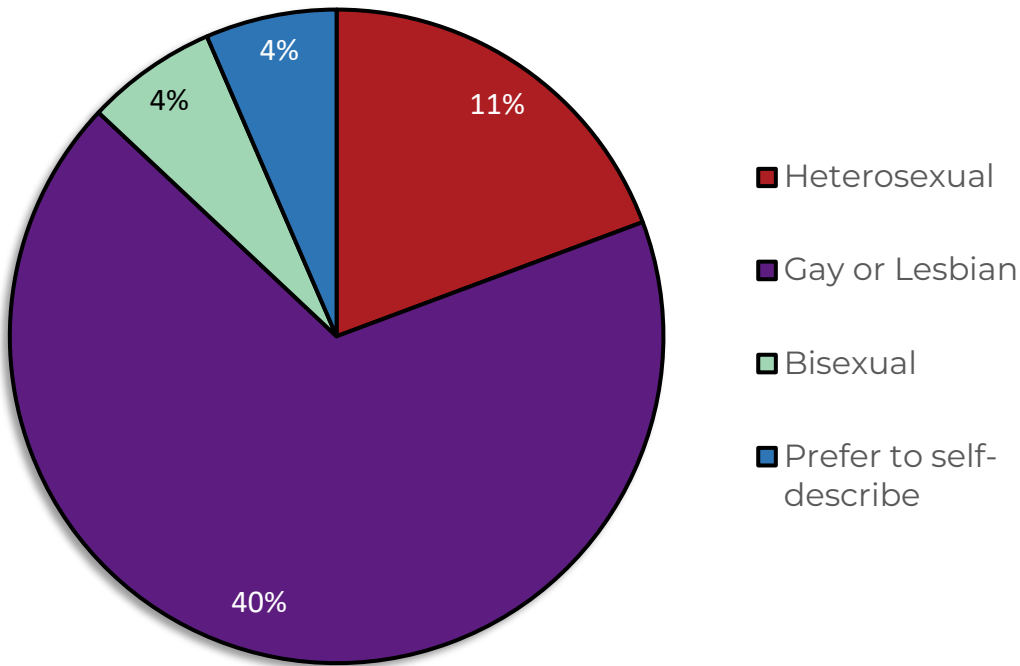


N = 53

- KEYS serves a diverse cohort of clients from various backgrounds
- This demographic data is representative of the entire program and includes all 53 participants who have joined the program
 - **Not all 53 participants are still in the program.**
 - **Further evaluation data only includes the 21 participants who opted-in to the evaluation program.**

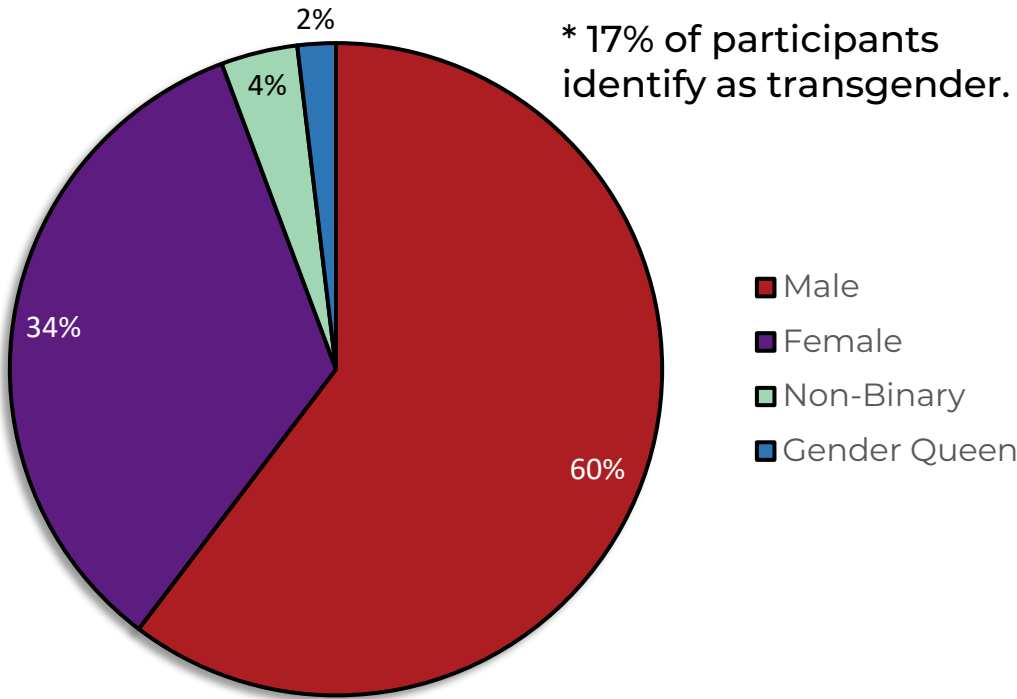
KEYS PROGRAM DEMOGRAPHICS

Participant Sexual Orientation



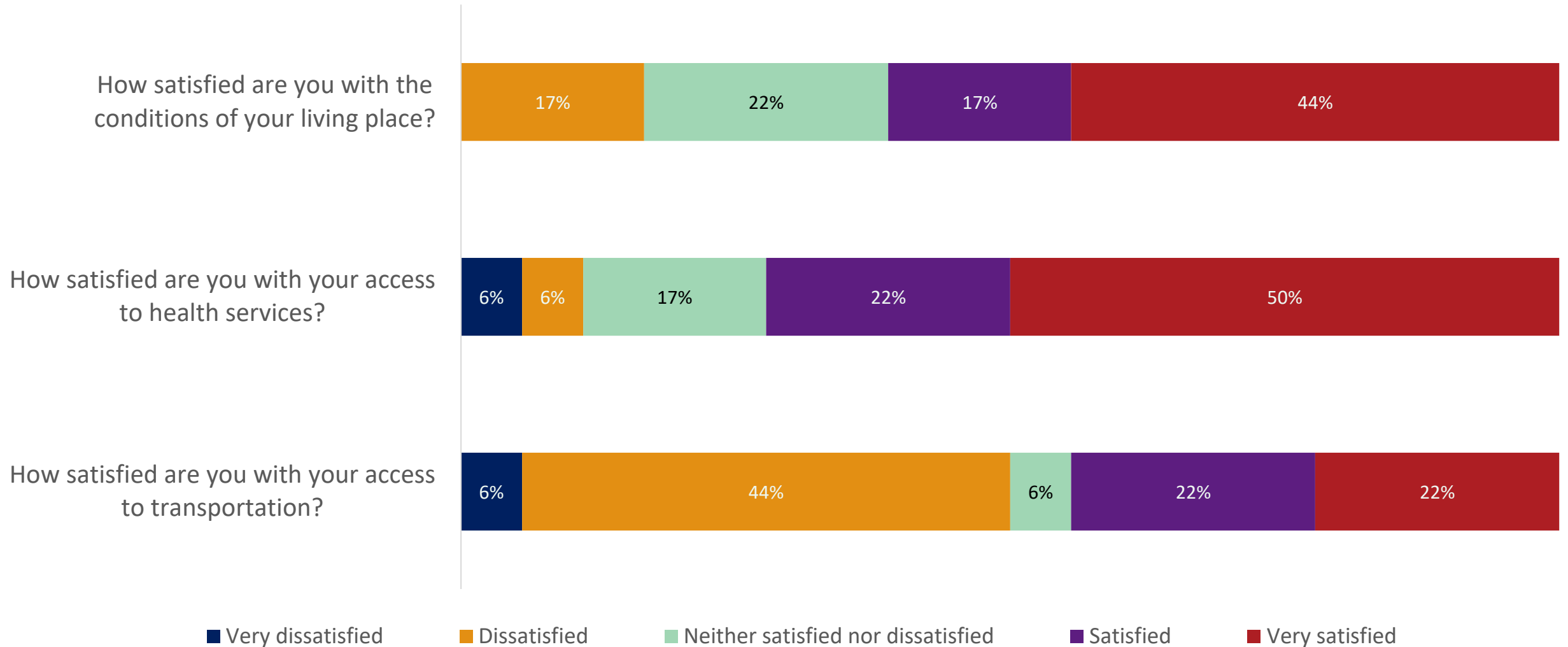
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Participant Gender*



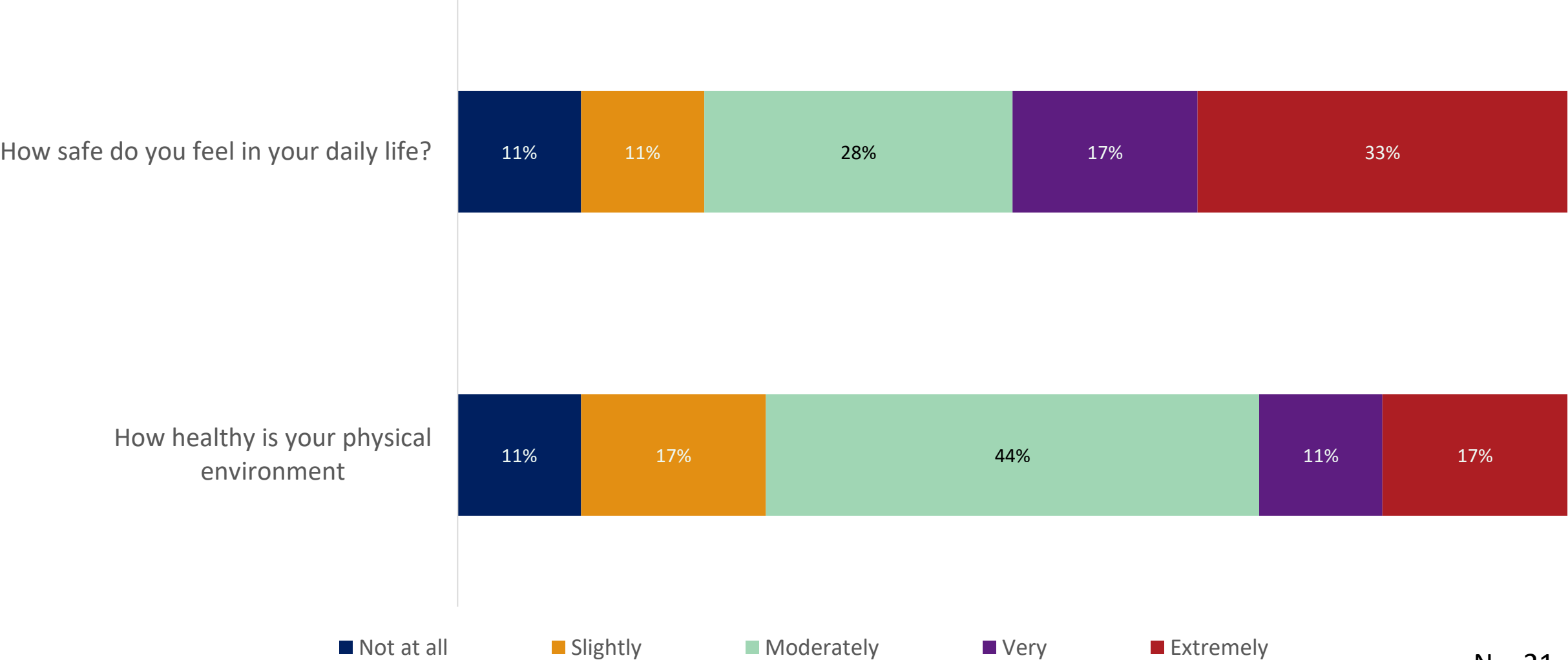
N = 53

Participant Quality of Life: Living Situation at Baseline*



N = 21

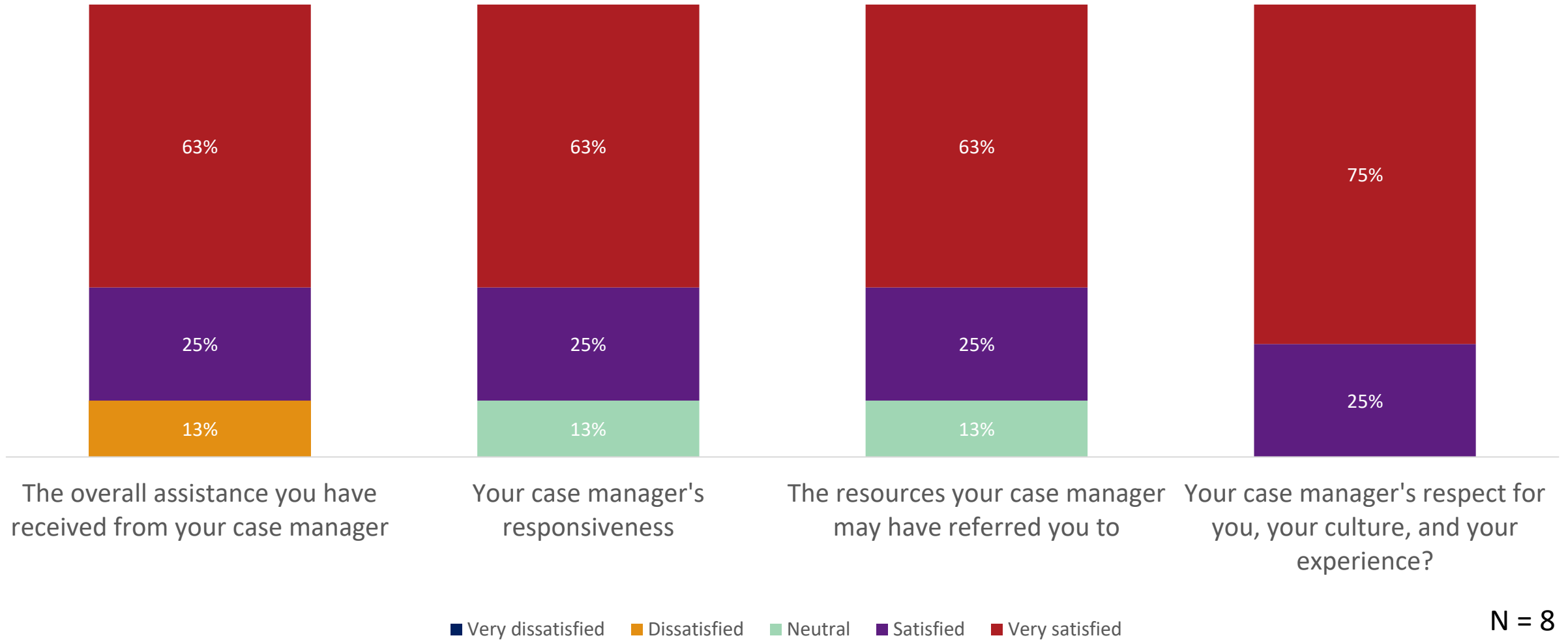
Participant Quality of Life: Health and Safety at Baseline*



N = 21

*Baseline assessment performed after the participant has been in their new apartment for at least two weeks

Participant Satisfaction with Case Manager Six Months into KEYS



KEYS EVALUATION: ON THE HORIZON

- The evaluation component of KEYS is ongoing
 - **Clients are being contacted for their six- and twelve-month reassessments.**
- Analysis of supplemental data, health and housing outcomes, and client satisfaction
- Dissemination of evaluation findings at conferences and within the local Chicago community
- HOPWA is working with Florida Atlantic University on a comprehensive evaluation of the SPNS initiative at large.



QUESTIONS?

SPECIAL THANKS

- Carter Oselett, Research and Evaluation Specialist, AFC
- Kelvin Easterling, Senior Programs Manager, Systems Change, AFC
- Kira Rodriguez, KEYS Referral Specialist, AFC
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- Jennifer Jiminez, Director of Systems Change