

ENGAGING & EMPOWERING RESIDENTS IN PSH WITH CREATIVE WRITING!

Housing First Partner's Conference, April 2024 Steve Skovensky



Until everyone has a place to call home

Mission

To lead a coordinated, community effort to make sure everyone has a place to call home in Columbus and Franklin County, Ohio.



Crisis Response System

PREVENTION & RAPID RESOLUTION

HOMELESS HOTLINE 614-274-7000



PREVENTION & RAPID RESOLUTION



SHELTER



eliminating racism empowering women

RAPID RE-HOUSING





HOUSING

TRANSITIONAL HOUSING temporary



PERMANENT SUPPORTIVE HOUSING

COMMUNITY HOUSING NETWORK



tomefull in the







DEMOGRAPHICS FROM FY23

7,865

people were served in emergency shelters last year.

1,910

were children.

43 average age	59% male 40% female 1% other gender
60% black 32% white 6% multi- race 2% other race	5% were Veterans
58% have self- reported disability	20% were working
\$589 average monthly household income	72% were homeless for the first time

Permanent Supportive Housing



people were kept safely housed and healthy in permanent supportive housing, including 232 veterans.





My past is slipping away. My mom died 20 years ago. My dad died a year and a half ago. My last uncle died two weeks ago. George Carlin died this week. The universes are temporary The only thing in this material World that doesn't change— Is the fact that everything changes Whatever is born-dies. I wish I didn't like it here so much.

Ronald Routh Chicago, Illinois

LEARNING OBJECTIVES

- Explore the benefits of Creative Writing for selfexploration and resiliency
- How to organize & implement your own Creative Writing Group in a PSH site (or emergency shelter)
 - Poetry & writing activities
- Examples of how to provide Clients with opportunities to share their work with the Community
 - Forming a small press
 - Engaging with community-based readings & events

How many people here work in housing programs?

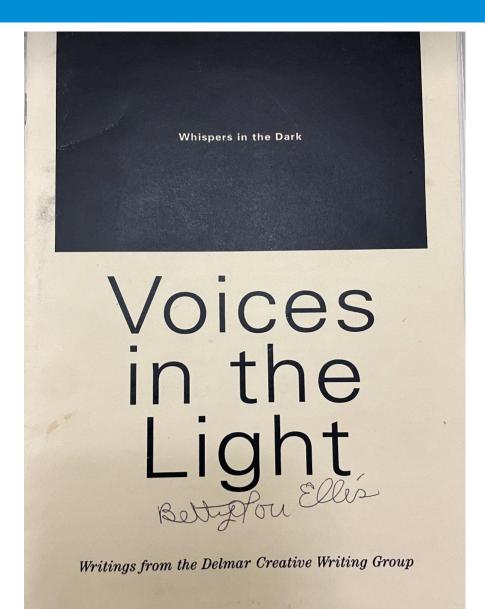
Have you implemented any writing or arts programming?

What has been your experience?

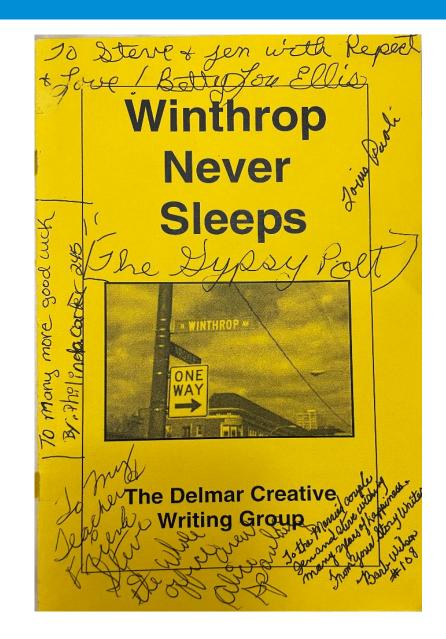
HISTORY & BACKGROUND

- BA in Family Studies, Masters in Non-Profit Management; writing has been a passion & interest
- Move to Chicago in 1999, worked for Lakefront SRO
 - Pioneer in PSH & Blended Management
- Formed Creative Writing Group in 2001 & created Delmar Press
- The group published over 25 books in 5 years
- Began going to local open-mics & readings

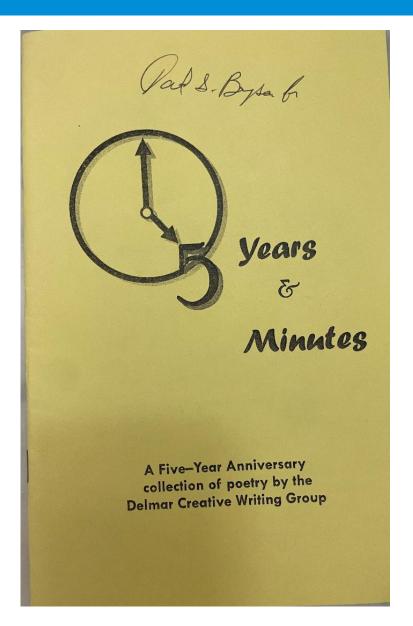
Whispers in the Dark, Voices in the Light (2001)



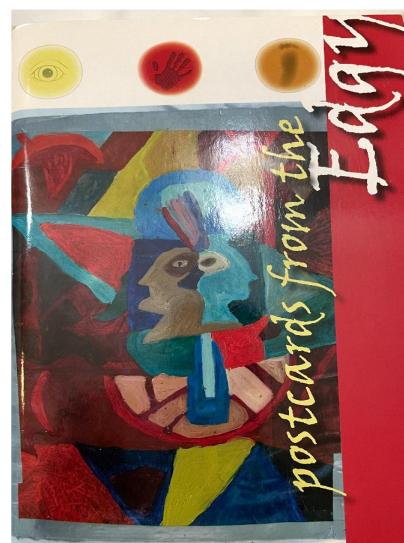
Winthrop Never Sleeps (2003)



5 Years & 5 Minutes (2006)

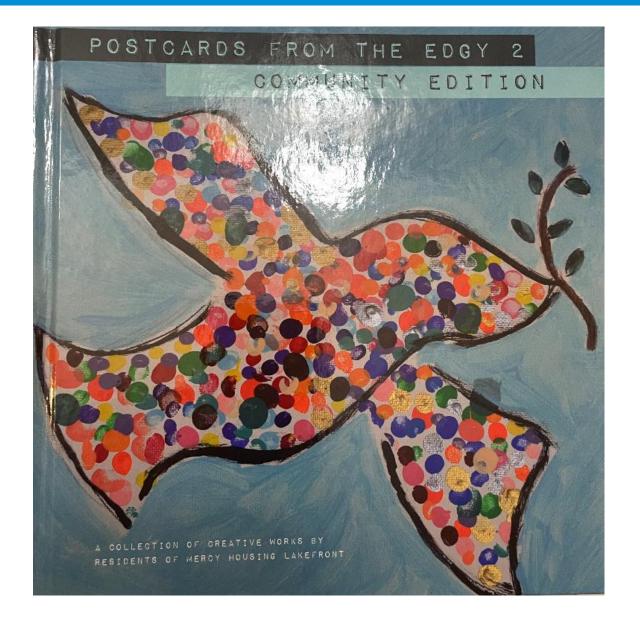


Postcards from the Edgy (2009)



a collection of art, writing & oral histories by residents of Mercy Housing Lakefront, Chicago

Postcards from the Edgy 2 (2014)



ANYONE CAN DO THIS!

Everyone is a philosopher.

-The Journal of Ordinary Thought

Chicago



THE BENEFITS OF CREATIVE WRITING

- Enhancing confidence & coping skills
- Expressing feelings
- Creating community
- Identity (as a poet, a writer, a musician...)
- \$\$\$ for the Clients
 - Book releases and book sales, 'poetry-grams'

So how do you do this at your PSH site?

- Determine interest
- Find a few (or more) ambassadors
- Offer food (at first...)
- Determine the flow of the group
 - Writing activity & sharing
- Always make it a safe space-ground rules
- Have a plan-but don't be afraid to stray from it

Examples of writing activities or prompts...

- Topic-driven
 - Give several different topics & the participant chooses a topic (always end with 'or whatever is on your mind')
 - 5-7 minutes writing time
- Haiku & Limericks
- Group Poems
- What else? Whatever you want! Whatever the group wants!

TOPIC-DRIVEN WRITING ACTIVITY

- 1. Think of your favorite color. What does it make you feel? Tell us about it.
- 2. What do you see outside your window in your home? Tell us about it.
- 3. What season do you get most excited about? Do you have memories or events from your life when you think of that season? Tell us about it.
- 4. Write about anything that comes to mind right now. It could be about your feelings, something you have been thinking about...something that you would like to do.

Spend the next 5 minutes writing & then we can share

Yellow

Yellow makes me think Of a Smokie Mountain creek In the Springtime, as the wild flowers Bloom!

The Ozark Mountains open to The Plains States & Twister Alley. Look out Mountain Folks, They're looking for your still!

Betty Lou Ellis The Gypsy Poet (Roma) Chicago, Illinois

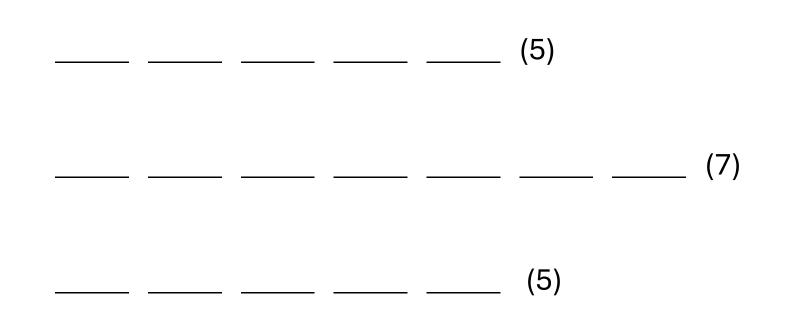
Untitled (Seasons activity)

From toes in sand to feet on carpet. An air-conditioned room blocks off heat from the outdoors. I worshipped the beach growing up. Now I haven't even seen the lake from afar in years. The cold grasp of a hospital stay made all the separation happen; from sun to florescent light.

JoAnn Egbert Chicago, Illinois



Develop a template to count out the syllables



Haiku Examples

The star is the soul The soul is the place of God This is also the Ghost

Dorian Morningstar Chicago, Illinois

After the storm, I Feel better, I'm not in the Rain. Clouds are leaving.

The Delmar Creative Writing Group Chicago, Illinois

Getting into the Community

- Find local open-mic nights & poetry readings
- Tap into the arts & writing scene
- Book release events & on-site readings
- Let this become a way for Clients to make \$
- It can become Client-directed
- Work with your Communications & Fundraising
 Team

Lucky Patrick (For Patrick Breen)

When I think of you I think of sunny days & pretty flowers I think of lottery tickets & summer hours. I think of a veteran Against unjust powers. I think of you Hanging out with your brother. I think of a man With pride—I always had Ultimate respect for him. I think of him Going to McDonald's & Shan's Foods On payday mornings Which leaves us mourning.

The Delmar Creative Writing Group



Dialogue & Questions

For more information or to receive these materials, reach out to me at

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