# 12th Annual Hospice and Palliative Care Conference

Getting Comfortable with the Uncomfortable: Cultivating Positive Hospice and Palliative Care Experiences



Saint Anselm College
Events Center
May 15, 2025
8:30-4pm
up to
6.5 Nursing
Contact Hours

This conference provides an essential opportunity for healthcare professionals to explore the complexities and rewards of hospice and palliative care. Sessions are designed to enhance skills in navigating difficult conversations, addressing conflict, and fostering meaningful connections with patients and families.

Planned Agenda

Dealing with Difficult People and Mitigating
Conflict
Cognitive Rehearsal: Practice with Serious Illness
Conversations

Pediatrics and Adult Palliative Practice-Commonalities and Differences

A Wider Lens: Recognizing and Supporting Cultural Practices in Hospice and Palliative Care

Finding Peace at End of Life

Registration now open
Scan here

Saint Anselm College is approved as a provider of nursing continuing professional development by the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation



# Dealing with Difficult People:

Strategies for managing challenging interactions with compassion and professionalism

# Mitigating Conflict:

Tools for identifying and resolving conflicts effectively in hospice and palliative care settings

# Cognitive Rehearsal: Practice Session on Saying the Hard Things:

Hands-on training to build confidence and skill in addressing sensitive topics

### Hospice Options Across the Lifespan:

A comprehensive look at hospice care tailored to different stages of life

### Cultural Differences in Hospice and Palliative Care:

Exploring how cultural backgrounds influence end-of-life care preferences and practices

### Finding Peace at End of Life

Techniques and approaches for fostering peace and comfort for patients and their families.

#### Learning Outcome:

By the end of the program, participants will enhance their knowledge about managing complex care situations, and describe ways to support diverse cultural and ethical needs, and conduct sensitive conversations in-home care, hospice and palliative care settings.

#### Program Description:

This conference provides an essential opportunity for healthcare professionals to explore the complexities and rewards of hospice and palliative care. Sessions are designed to enhance skills in navigating difficult conversations, addressing conflict, and fostering meaningful connections with patients and families.

#### Target Audience:

Hospice and palliative care nurses
APRNs in hospice and palliative care
Social workers and counselors in hospice and palliative care settings
Chaplains and spiritual care providers
Long-term care and home care providers involved in hospice care
Administrators and leaders in hospice organizations
Any healthcare professionals who provide care or support to patients and families
facing end-of-life challenges