RELIAS

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Addressing Substance Use in Military and Veteran Populations

Assessing and Managing Pain

Assessing and Treating Alcohol Use Disorders

Assessing and Treating Opioid Use Disorder

Assessment and Treatment of Methamphetamine Use Disorder

Benzodiazepines: Uses, Misuses, and Alternative Treatment Models

Best Practices for Supporting Individuals In Early Recovery

Biopsychosocial Model of Substance-Related and Addictive Disorders

Clinical Pathways that Inform Adolescent Substance Use Disorder

Cognitive Behavioral Treatment of Substance Use Disorders

Common Substances and Treatment of Substance Use Disorders

Confidentiality in Substance Use Disorder Treatment

Enhancing Treatment Engagement of Individuals with Behavioral Health Disorders

Ethical and Legal Considerations in Substance Use Treatment for Youth

Harm Reduction in Substance Use

Impact of Substance Use Disorders on Families and Approaches to Treatment

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Screening and Brief Interventions for Substance Use Issues

Strategies for Treating and Preventing Relapse

Substance Use in Individuals with IDD

Substance Use Treatment and Relapse Prevention for Marginalized Populations

Substance Use Treatment for Women

Substance Use Treatment in Rural Communities

Substance Use Treatment with Justice Involved Individuals

Substance Use: Risk of HIV, Hepatitis, and Other Infectious Diseases

Supporting Effective Use of Naloxone

Supporting Recovery through Mindfulness, Meditation and Spirituality

The Biopsychosocial Model of Substance-Related and Addictive Disorders

The Effects of Methamphetamine

The Influence of Trauma on Substance Use

Treating Gambling Disorder

Treating Opioid Use Disorders Among Adolescents and Young Adults

Treating Substance Use Disorders in the LGBTQ+ Community

Using the Stages of Change Model in Treating Substance Use Disorders

Wellness Strategies that Support Addiction Recovery

Working with Individuals Experiencing Homelessness and Substance Use Disorder

Advanced Care Planning for BH and IDD

Advance Care Planning Communication Skills for Success: The Five Wishes Framework

Advance Care Planning: Introduction to Five Wishes Advance Care Planning Conversations

Advance Care Planning: Program Implementation with Five Wishes

End-of-Life Care for People with IDD

The Five Wishes Framework: Advance Care Planning Communication Skills

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Building and Maintaining Effective Relationships in Clinical Supervision

Challenging Situations for Clinical Supervisors

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Clinical Supervision: An Overview

Clinical Supervision: Building and Maintaining Relationships

Clinical Supervision: Use of Reflection in Supervision

Clinical Supervision: Using Reflection in Supervision

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Managing Reactions When Working with Suicidal Clients: A Guide for Clinicians

Minimizing Vicarious Liability for Clinical Supervisors

Behavioral Health Ethics and Practice Skills

An Introduction to Writing Progress Notes

Application of HIPAA in Behavioral Health

Applying Ethical Decision-Making in Clinical Practice

Approaches to Person-Centered Planning in Behavioral Health

Basics of Effective Documentation

Behavioral Health Leaders: Supporting Clinicians after a Client Death

Best Practices for Documenting the Treatment Planning Process

Building a Healthy Therapeutic Relationship

Collaborative Documentation in Behavioral Health

Cultural Humility and Implicit Bias in Behavioral Health

DEI: Achieving Greater Health Equity in Your Organization

Ethical and Legal Issues for Behavioral Health Interpreters

Ethics for Licensed Professionals: 1 Hour

Ethics for Licensed Professionals: 2 Hours

Ethics for Marriage and Family Therapists

Implementing Evidence-Based Practices in Clinical Practice

Improving Behavioral Health Equity: Children, Adolescents, and Emerging Adults

Improving Behavioral Health Equity: Immigrant and Refugee Populations

Improving Behavioral Health Equity: Individuals in Rural or Remote Communities

Improving Behavioral Health Equity: Individuals Living in Poverty

Improving Behavioral Health Equity: Individuals with Asian American Identities

Improving Behavioral Health Equity: Individuals with Black or African American Identities

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Improving Behavioral Health Equity: Individuals with Intellectual or Developmental Disabilities

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Improving Behavioral Health Equity: Spiritual and Religious Diversity

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Navigating Ethical Challenges: Psychologists

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Self-Care Strategies for Frontline Professionals

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Strategies for Behavioral Health Professionals to Manage Chronic Stress

Strategies for Effective Use of the DSM-5-TR

Strategies for Navigating the Ethics of Dual Relationships and Termination

The Behavioral Health System of Care: An Overview for Interpreters

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Addressing Behavioral Health Needs of Veterans

Addressing Racial Trauma in Behavioral Health

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Approaches to Preventing Psychiatric Hospitalizations and Readmissions

Assessing and Screening for Suicide Risk

Assessment and Management of Pain

Assessment and Treatment of Individuals with Traumatic Brain Injury

Behavioral Health System of Crisis Care

CBT Skills: Behavioral or Thought Experiments

Community-Based Interventions to Reduce Suicide Risk

Crisis Management Approaches for Telehealth Services

- Cultural Considerations Related to Suicide
- DEI: Multicultural Care for the Clinician

Disaster Behavioral Health: Public Health Emergencies, Trauma, and Resilience

Effective Intervention in the Aftermath of a Suicide

Effects of Deployment, Combat Stress, and Moves on Families and Children

- Enhancing Treatment with Measurement-Based Care
- Ethics and Social Workers: End-of-Life Care

Evaluating and Intervening to Reduce Suicide Risk: Competency

Evaluating and Intervening to Reduce Suicide Risk: Exam

Identifying and Addressing Non-Suicidal Self-Injurious Behavior in Children and Adolescents

Identifying and Responding to Intimate Partner Violence

Identifying and Treating Non-Suicidal Self-Injurious Behavior in Adults

Impact of Psychological and Physical Trauma

Improving Clinical Competency Through an Understanding of Military Culture

Interventions for Co-Occurring Disorders: Advanced Practice for Clinicians

Introduction to Co-Occurring Disorders

Lethal Means Counseling

Meeting the Behavioral Health Needs of Rural Populations

Mpox Podcast: Just the Facts

Overcoming Barriers to LGBTQ+ Affirming Behavioral Health Services

Overview of Evidence-Based, Suicide-Specific Interventions Overview of How Behavioral Health Disorders are Impacted by Trauma

Peer Support Specialist Competency

Perinatal Mood and Anxiety Disorders

Podcast: Managing Post COVID-19 Depression and Anxiety Podcast: What Does Healthcare Post COVID-19 Look Like?

Preventing Suicide Among Veteran Populations

Recognizing and Effectively Responding to a Person in Crisis

Recognizing and Responding to a Person in Crisis

Sexual Dysfunctions and Behavioral Health

Social Media and Behavioral Health

Strategies for Addressing Loneliness in Behavioral Health Settings

Supporting the Behavioral Health Goals of LGBTQ+ Clients

Supporting Resilience in Military Families and Children

The Connection Between Substance Use and Intimate Partner Violence

The Impact of Psychedelics in Behavioral Health Treatment

Trauma-Informed Care Delivery for Clinicians and Peer Support Specialists

Understanding Trauma-Informed Care

Verbal De-escalation Strategies

Working with Families Experiencing Homelessness

Working with Individuals Experiencing Homelessness

Working with Justice Involved Youth with Behavioral Health Needs

Behavioral Health Podcasts

Podcast: Boundaries Are Your Job

Podcast: Implicit Bias and Prejudice

Podcast: New Ethical Issues

Podcast: Processing a Client Dying by Suicide

Podcast: Social Location

Podcast: Taking Your Space

Podcast: Transference and Countertransference

Podcast: Vulnerability in Therapy

Behavioral Health Pro on the Go

Assessing Suicide Risk Using the C-SSRS

CBT Skills: Adapting Interventions

CBT Skills: Attention to Emotions and Body Awareness

CBT Skills: Case Formulation

CBT Skills: Exposure Therapy

CBT Skills: Guided Discovery

CBT Skills: Journaling and Thought Records

CBT Skills: Letting the Story Play Out

CBT Skills: Successive Approximation

Communicating with Public Safety Officers

DEI: Social Location for Self-Awareness

Differential Diagnosis of ADHD and Juvenile Bipolar Disorder

Ethical Practice for Paraprofessionals

GAD-7: Screening for Anxiety Disorders

Gauging Client Appropriateness for Telehealth

Key Steps for Supporting Someone in Crisis

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Long-Acting Injectable Antipsychotic Medications for Psychosis

Medication Administration: Injections

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Performing a Mental Status Examination

Psychotherapy Skills: Addressing Cultural Differences with Humility

Psychotherapy Skills: Beginning a Session

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Psychotherapy Skills: Explaining Informed Consent and Confidentiality

Psychotherapy Skills: The Developmental Stages of a Licensed BH Professional

Psychotic Disorders Due to Medical Conditions

Role of Peer Support in Behavioral Health

Safety Checks: Home Visits

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Screening for Tardive Dyskinesia Using AIMS

Self-Care Guide for Clinicians and Paraprofessionals

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Strategies for Avoiding Assumptions About Sexual Orientation

Strategies for Gender-Inclusive Interactions

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Suicide Risk Assessment using ASQ

The Basics of Tardive Dyskinesia

The Nose Knows: COVID-19 Nasal Swab Testing

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An Overview of Trauma Disorders in Adults for Paraprofessionals

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An Understanding of Military Culture for Behavioral Health Paraprofessionals

Boundaries for Peers and Other Lived-Experience Professionals

Boundary Risks for Behavioral Health Paraprofessionals

Cognitive Behavioral Therapy for Paraprofessionals

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Diabetes and Behavioral Health for Paraprofessionals

Diabetes Basics for Paraprofessionals

Dual Relationships for Paraprofessionals

Family Peer Support

General Principles of Nutrition and Exercise for Paraprofessionals

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Impact of Nutrition and Exercise on Behavioral Health for Paraprofessionals

Influence of Culture on Care in Behavioral Health for Paraprofessionals

Introduction to Cultural Variations in Behavioral Health for Paraprofessionals

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Overview of Medication Administration for Unlicensed Paraprofessionals

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Peer Support via Telehealth

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Preventing Suicide in Adults: The Role of Paraprofessionals

Psychiatric Medications: An Overview for Paraprofessionals

Schizophrenia Spectrum and Other Psychotic Disorders for Paraprofessionals

SMI: Bipolar and Depressive Disorders in Adults for Paraprofessionals

Stages of Change and Motivational Interviewing for Paraprofessionals

Substance Use and the Family for Paraprofessionals

Suicide Screening for Direct Care Staff

Supervision of Peers and Other Lived-Experience Professionals

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Supported Employment: Focus on the Job Seeker

Supported Employment: Individual Placement and Supports

Supported Employment: On the Job

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Ways to Communicate and Support Families for Paraprofessionals

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In Session: Ethical Decision-Making

In Session: Practicing Clinical Skills for Preventing Suicide in Children and Adolescents

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In Session: Practicing Clinical Skills to Prevent Other-Directed Violence in Children and Adolescents

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In Session: Practicing Clinical Skills to Prevent Suicide in Children and Adolescents

In Session: Practicing Clinical Skills to Prevent Suicide in Older Adults

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Basic Injury Assessment

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Constipation: Signs and Symptoms

How to Communicate with Someone Who Does Not Speak

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Measure and Record Weight: Bed Scale and Chair Scale Response to Fire

Transmission Based Precautions: Airborne

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Vital Signs: Taking a Blood Pressure Vital Signs: Taking a Rectal Temperature Vital Signs: Taking Axillary Temperature Vital Signs: Taking Oral Temperature Working with Individuals after a Stroke Working with Individuals with Alcohol Use Disorder Working with Individuals with Substance Use Disorder Working with People Who Have Bipolar Disorder Wound Care: Assessment Wound Care: Treatment Considerations

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Behavioral Health and Chronic Medical Conditions: A Guide to Screening

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Economic Stability: Social Determinants of Health

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Customized Self-Employment Part 3: Small Business Feasibility and Support

Customized Self-Employment Part 4: Business Planning

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Customized Self-Employment Part 6: Small Business Financial Management Overview

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Supporting Self-Advocacy in Employment

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Addressing Overweight & Obesity in Individuals with Mental Health Disorders

Addressing Tobacco Use in the Behavioral Health Population

Advanced Practices in Case and Care Management

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Externalizing and Disruptive Behavior Disorders in Children and Adolescents

Helping Clients with SMI Communicate Effectively with Primary Care Providers

Helping Individuals with SMI Manage Respiratory Disease

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A Payer's Perspective: Treatment Adherence

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Asthma/COPD: A Payer's Perspective

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Common Respiratory Infections: Pathophysiology, Diagnosis, and Treatment

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15 Things Military Caregivers Want You to Know

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Service Dogs and their Military Veteran Humans: A Bond Like No Other

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Application of the Personal Outcome Measures® for Families, Children, and Youth

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Effective Psychoeducation for Individuals with Serious Mental Illness

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Recovery-Oriented Community Inclusion and Social Determinants of Health

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Supporting Persons with Serious Mental Illness toward Recovery

Symptoms, Etiology, and Recovery-Focused Interventions for Schizophrenia

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