

## **Deciding Whether to Homeschool**

Read chapter 1, "Is School Working for Your Child?" of *Homeschooling Your Struggling Learner* online at [Learndifferently.com/](https://learndifferently.com/)

Kathy Kuhl, "7 steps to beginning to homeschool," 10/20/22.  
[Learndifferently.com/2015/03/24/7-steps-homeschooling/](https://learndifferently.com/2015/03/24/7-steps-homeschooling/)

How to begin videos at HSLDA.org, SPEDHomeschool.com, and state homeschool organizations such as [vahomeschoolers.org/guide](https://vahomeschoolers.org/guide) and [heav.org/events/begin-homeschooling-webcast/](https://heav.org/events/begin-homeschooling-webcast/)

## **How to Homeschool students with ADHD**

Kathy Kuhl, *Homeschooling Your Struggling Learner*.  
\_\_\_\_, *Homeschool with ADHD: Set for Success*. (Online course).  
\_\_\_\_, *Staying Sane as You Homeschool*.  
\_\_\_\_, *Encouraging Your Child*.

Carol Barnier, *If I'm Diapering a Watermelon, Where'd I leave the Baby?*  
\_\_\_\_, *How to Get Your Child off the Refrigerator and onto Learning*,  
\_\_\_\_, *The Big WHAT NOW Book of Learning Styles*.

Melinda Boring, *Heads up Helping! Teaching Tips and Techniques for Working With ADD, ADHD, and Other Children with Challenges*.

Melinda also sells tools to help teach students with fine motor or gross motor delays, games, handwriting, math, sensory issues, and more at [headsupnow.com](https://headsupnow.com).

## **Legal**

To find homeschool law for your US state, see [hsllda.org/legal](https://hsllda.org/legal)  
For other countries, see [hsllda.org/legal/international](https://hsllda.org/legal/international)

## **State Homeschool Organizations**

HSLDA.org or google "homeschool" + your state or province. Be aware few lists are complete. Check who is posting them. Many homeschool organizations are led by volunteers, and sites may not be current.

Some of these sites include:

- how to begin videos as above, but customized for your state.
- support group lists,
- conventions, conferences, and other special events, many virtual.
- support groups and events for single parents who homeschool.

## **Support groups, co-ops, and classes**

**Like state organizations, some but not all homeschool groups are faith-based.**

I recommend exploring several sites, since even sites expressing faiths you don't share may have lots of helpful information.

Lists of local groups are available on several state organization websites and [my.hslda.org/groups/s/](https://my.hslda.org/groups/s/)

A2Z Homes Cool provides lots of information:

[homeschooling.gomilpitas.com/directory-of-archived-posts-2017/homeschool-support-groups/](https://homeschooling.gomilpitas.com/directory-of-archived-posts-2017/homeschool-support-groups/)

### Teaching executive function skills and time management

- Peg Dawson and Richard Guare, *Smart But Scattered*.
- Peg Dawson, Richard Guare, and Colin Guare, *Smart But Scattered Teens*.
- MaryDee Sklar, *50 Tips to Help Students Succeed*.
- Carol Reynolds, *Why Freshmen Fail and How to Avoid It*.
- Gloria Frender, *Learning to Learn*.
- [understood.org/en/articles/adhd-time-blindness](https://understood.org/en/articles/adhd-time-blindness)
- Kathy Kuhl's two-part blog on improving time management begins [Learndifferently.com/2015/04/14/help-your-child-be-more-punctual-part-1/](https://Learndifferently.com/2015/04/14/help-your-child-be-more-punctual-part-1/) and continues [Learndifferently.com/2015/04/21/is-your-child-time-blind/](https://Learndifferently.com/2015/04/21/is-your-child-time-blind/)
- Kathy blogged on [effective use of fidgets here](#) and on [Maximizing online learning for distractible students here](#).

### Emotional intelligence and social skills

- John Gottman, *Raising an Emotionally Intelligent Child*.
- Temple Grandin and Sean Barron, *Unwritten Rules of Social Relationships*.
- For younger children, Cornelia Maude Spelman's The Way I Feel series: *When I Feel Scared, When I Feel Angry, ... Sad*, etc.)
- Carol Barnier, *Holiday Social Skills for Your Wired Child*. (e-book, Carol Barnier.com)

### Curriculum Reviews

- CathyDuffyReviews.com – thorough reviews, listings are not purchased but highly prized. Cathy specifies if curriculum is secular or not.
- SPEDHomeschool.com

### Homeschooling students with both ADHD *and* other issues

- Learning Disabilities Association of America [ldaamerica.org](https://ldaamerica.org)  
SPEDhomeschool.com
- [hslda.org/teaching-my-kids/special-needs](https://hslda.org/teaching-my-kids/special-needs)  
understood.org
- International Dyslexia Association [dyslexiaida.org](https://dyslexiaida.org)

Carol Barnier currently focuses on bringing the Barton Reading System (a dyslexia remediation program) to the highly distractible child by adapting lessons to include motions, games, drawing, and other multi-sensory methods that keep the distracted child engaged. [carol@carolbarnier.com](mailto:carol@carolbarnier.com)

**More places to find curriculum**

- [TeachersPayTeachers](#)
- [RainbowResource.com](#)

**Sources cited**

- Homeschooling defined [hslda.org/post/what-is-homeschooling](https://hslda.org/post/what-is-homeschooling)
- US Census Household Pulse Survey  
[census.gov/library/stories/2021/03/homeschooling-on-the-rise-during-covid-19-pandemic.html](https://census.gov/library/stories/2021/03/homeschooling-on-the-rise-during-covid-19-pandemic.html)
- Mitchell Stevens, *Kingdom of Children: Culture and Controversy in the Homeschooling Movement*, Princeton University Press, 2001.
- Peter Jamison et. al. "Home schooling's Rise from fringe to fastest-growing form of education," *Washington Post*, 10/31/23.

**Image sources**

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