

What is the ATOM Program?

The [Advanced Tools for Organization Management \(ATOM\)](#) program is a research-supported intervention for improving executive function skills, homework completion, and motivation for middle school students with attention/organizational difficulties. We developed ATOM with school partners, parents, and students to best support students with attention/organization difficulties. In ATOM, students learn to organize materials, record assignments, plan ahead, and manage their time effectively. Students use the online tool between check-ins to practice organization skills, monitor progress, and earn points towards rewards!

We piloted ATOM in DC Metro-area schools and found that students who received the program had improved homework performance, organization skills, and grades. School staff were able to feasibly learn and implement the program.

Now we are researching how to make ATOM ever better! Children's National received a 4-year grant to understand:

- The best ways to engage students in using these skills
- How to make implementing ATOM easy and sustainable for schools and families



ATOM PROGRAM & STRUCTURE

How does ATOM fit into the school day?

- ✓ ATOM can be flexibly implemented across different settings during the school day
- ✓ 15–20-min meetings, 1–2x/week, for approx. 10 weeks
- ✓ Parents invited to join 2 meetings to promote skills at home

Students who benefit from ATOM:

- ✓ Middle school students in grades 6–8 with attention/organization difficulties
- ✓ Students who have trouble consistently turning in assignments
- ✓ Students with or without a previous diagnosis of ADHD
- ✓ Students with or without an IEP or 504 Plan

What do schools need to do to participate?

- ✓ Identify ≤ 6 students to be included
 - School staff refer potentially eligible students
 - ATOM staff at Children's National will screen and consent students/families
- ✓ Identify school staff to deliver ATOM
 - Interventionists receive all materials, initial training & technical assistance support
 - Interventionists will be **compensated \$400** for delivering the interventions and giving us feedback on their experience

ATOM PARENT & TEACHER FEEDBACK

"The program really **helped create routines and habits** centered around personal and academic goals."



"He was so much **more organized** with ATOM; it definitely helped with his homework management. He took a lot of pride in his success!"



"My students actively learned and practiced **HOW to be organized** and better manage time in a way that was accessible and student-centered."



"My child had **fewer late assignments** and improved with **breaking down large tasks** into manageable chunks."



"The technology **kept students engaged** and allowed them to keep records in a more convenient way."



"I like how the program is **tailored** to each individual student's needs."



Interventionists, educators, parents, & students are provided \$\$\$ incentives for participating!

[Click here to see video feedback from our past ATOM participants!](#)

For more information, contact us at **202-476-7086** or ATOM@childrensnational.org or Dr. Melissa Dvorsky: mdvorsky@childrensnational.org